



BLUFF ELEMENTARY SCHOOL

NOVEMBER NEWSLETTER

Nitch'its'ósi Ádahoonítii Baa Hané'



HAPPY
THANKSGIVING DAY

Principal Silversmith

Thoughts of Gratitude...

“Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough.”— Oprah Winfrey

“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.” — Melody Beattie

“The soul that gives thanks can find comfort in everything; the soul that complains can find comfort in nothing.” — Hannah Whitall Smith

“When we focus on our gratitude, the tide of disappointment goes out and the tide of love rushes in.” —Kristin Armstrong

Celebration on Student Attendance

- End of 1st quarter of SY 22-23 Attendance percentage was at 88.74%
- End of 1st quarter SY23-24 Attendance was at 90.29%
- This data shows that there has been an increase in attendance this school year from last year.
- We appreciate parents supporting our Attendance protocol of calling into the school when their child is not going to be at school.
- We also appreciate parents making an effort to contact teachers about the schoolwork that will be missed and how to make that up.
- Overall Bluff Eagle students look forward to coming to school, they enjoy being at Bluff school and they love their teachers.

FRONT OFFICE

Important Dates

Nov 6th-10th - Book Fair in Library

7:30am-8:15am - Each Day

11:30am-12:00pm - Each day

Nov 8th - School Board Meeting @ DO 3pm

Nov 15th - Bluff Cultural Night @ 5:00-7:00pm

Nov 22nd-24th - Thanksgiving Break (NO SCHOOL)

Nov 30th - SCC Meeting @ Bluff 4pm

The month of November is Heritage Language month, each day there will be an activity, [CLICK HERE!](#)

Attendance Celebrations!

POPCORN FOR STUDENTS WITH 100% ATTENDANCE MON-FRI EVERY FRIDAY!

- CLASS WEEKLY ATTENDANCE CELEBRATION every week for the class with the BEST ATTENDANCE MONDAY-FRIDAY!
- 100% ATTENDANCE CLASS ATTENDANCE = 1 LETTER TOWARDS SPELLING OUT "PERFECT ATTENDANCE" AND "ATTENDANCE MATTERS" PHRASES. WHEN THE CLASS SPELLS OUT THE PHRASE THEY GET TO CHOOSE A CLASS INCENTIVE OR PARTY.

Parent Friendly Reminders:

- Please call the office if or when your child is absent. (Bring medical note if applicable.)
- Call the office BEFORE 2:45pm if your child WILL NOT be riding the bus, and if you would please be here by 3:00pm to pick them up.
- Please call the front office before 9:00am if you would like to have lunch with your child. [CLICK HERE FOR LUNCH MENU!](#)
 - Lunch begins at 11:15am
 - Adult Lunch: \$4.40
- Reminder to send your child to school each day unless they are sick.

Contact Information:

Front Office - Fenesia
(435) 678-1296
fmanygoats@sjsd.org



THE seasons are rapidly changing, which can bring many different feelings up, from being happy and excited for the winter activities, or sadness that summer is over, and some activities will have to wait for next year. It is a good time to reflect on and check in with our five senses. Your five senses play an essential part in your mental health. They help you interpret thoughts and feelings about your surrounding environment and how to incorporate mindfulness when life is stressful or just feels really busy. Grounding techniques can be applied anywhere at any time to offer peace, gratitude and clarity for any age.

Try the following exercise to connect you to your environment:

- SIT VERY STILL
- NOTICE AND DESCRIBE TO YOURSELF
 - 1 THING YOU CAN SEE
 - 1 THING YOU CAN FEEL
 - 1 THING YOU CAN HEAR
 - 1 THING YOU CAN SMELL
 - 1 THING YOU CAN TASTE
- ALTERNATIVE:
 - 5 THINGS YOU CAN SEE
 - 4 THINGS YOU CAN FEEL
 - 3 THINGS YOU CAN HEAR
 - 2 THINGS YOU CAN SMELL
 - 1 THING YOU CAN TASTE

IF YOU OR YOUR STUDENT(S) ARE OVERWHELMED, ANXIOUS OR EVEN SAD, PLEASE REACH OUT TO A TRUSTED FRIEND, MENTAL HEALTH SPECIALISTS OR TO THE SCHOOL COUNSELING STAFF. WE ARE HAPPY TO HELP.





Carolyn Ballinger, Special Education

November is a time to consider all the things in our daily lives that we are thankful for. Traditionally we think of the harvest and give thanks for the abundance of food given to us through our labor and by the goodness of mother earth. We are grateful for our family and friends who share our lives with us. We remember the beauty of everything that surrounds us in nature. And we especially give thanks for the children gathered around the table with us. Each one is precious and beloved above all things, for each child is beautiful beyond all measure.

November PRESCHOOL

Dear PARENTS,

Thank you so much for supporting our preschool Halloween party, we had a great time. Thanks to the parents who helped us all day. We appreciate you!!!!

Please help preschool spell out PERFECT ATTENDANCE by having your child attend preschool every day. Which helps us earn an ice cream party. So far, we only have the letters PER.

Please continue to have your child work on there homework folder. We can see and hear the improvements made by the students who are practicing their preschool homework folder.

*Happy Thanksgiving
to your family*

Hero's OF THE MONTH

Our preschool hero of the month is Skye. Skye is our new preschool friend, who enjoys interacting with preschool friends. Skye loves to play on the Merry-go-round outside on the playground and in housekeeping. She loves her sister and brother, who she enjoys hanging out with. She has long beautiful hair and a cute smile. Skye is learning how to cut, write, paint and color. She is catching on to the preschool routine. We are glad she is in our preschool class.

What WE ARE STUDYING

THEME: Fall & Bears

SHAPE: Triangle

COLORS: Yellow, Green,
Red, Brown, Orange, Blue,
Purple

NUMBER: 5

LETTERS: Ff, Ll, Bb, Tt

Important DATES

Native American Heritage Month

5th Day Light Savings Time
(Turn your time 1 hour back)

6th-10th Book Fair in Library

11th Veterans Day

22nd-24th Thanksgiving Break



Kindergarten November Newsletter 2023-2024

Dear Families,

Well, we made it through Halloween. and now we have 2 weeks before Thanksgiving and midterm reports! Thank you to all who sent treats and snacks! The students were thrilled.

This month in reading we are working on identifying ending and middle sounds of consonant-vowel-consonant (C-V-C) words, naming all of the sounds we hear in a word, and we will begin sounding out nonsense words.

In math we will be learning math fact families. By that I mean what two smaller numbers make up a larger number. For example, $2+3$, $1+4$, $0+5$ and their reversals all make 5.

Please practice counting to 50 then 100, reading sight words, and naming letter names and letter sounds daily with your child. Thank you for letting me teach your wonderful children!

Sincerely,

Mrs. Lupe Hanson

ghanson@sjsd.org

GRATEFUL



Important Dates in November

5th - Daylight Savings Time (turn clocks back 1 hour)

6th-10th - Book Fair in the Library

22nd-24th - Thanksgiving Break

Birthdays in November

Nov. 11th Weston

Nov. 16th Bailey

Nov. 16th Braiden



First Grade November Newsletter 2023

Dear first grade families,

WOW! We are now in the month of November. There are few things I want to inform you about. But first I want to thank you all for working hard with your student at home. In doing their daily reading log and working on the acadience reading and math study packets. Keep working on those reading logs and study packets.. Middle of the year testing is coming around the corner.

PLEASE remember that attendance is very important. We are starting to dive deep into first grade content in reading, math, and writing. So, your students attendance is very important.

Also, please have your students come to school in warm clothing. It is getting colder each day.

Lastly, I love having your student in my class. They are making academic growth each day they come to school. Let me know if you have any questions.

Ms. Begay



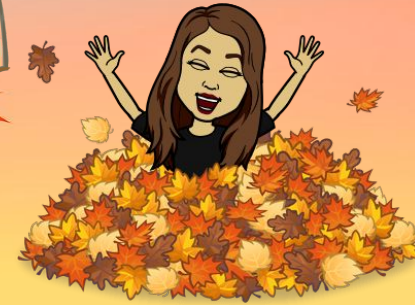
November Birthdays
Zayden 11/10



Important Dates:

Nov. 5th
Nov 6-10
Nov. 23-25

Daylight Savings
Book Fair (Library)
Thanksgiving
Break (No School)



2nd Grade November Newsletter 2022

2nd grade students and families,

We are already to November! This year is flying by! A few things I would like to remind each of you as the weather is changing and we are working hard here at school.

Please have your child bring a coat if they have one. The weather is unpredictable sometimes and we would like them to play outside as much as possible!

Another thing, we are working hard at improving our reading and math skills. Please, please encourage your child to read at home. This would help their reading tremendously. Also remind them to practice their math facts daily.

These kids are great kids! I love being their teacher!

Mrs. Brown

No Birthdays in November

Important Dates in November

5th - Daylight Savings Time (turn clocks back 1 hour)

6th-10th - Book Fair in the Library
22nd-24th - Thanksgiving Break



3rd, 4th, and 5th Grade ELA - Mrs. Richmond's November Newsletter

Can you believe it's November? This month we will be working on writing argumentative, or opinion, essays in all grade levels.

In 4th and 5th grades we are also working on comparing and contrasting two texts about the same topic or two stories about the same character. We are also working on understanding figurative language.

In 3rd grade we are working on finding the author's point of view and being able to differentiate between the author's point of view and their own point of view.

Most students haven't been turning in their reading calendars. Reading every day is very important. So, this month we will be doing our reading calendar a little bit differently than in the past. Students will need to bring back their reading calendar every Friday. I will check it and stamp it. If students have not read or don't bring it back they will not get credit for that week. At the end of the quarter we will have a party with a movie. Students must earn the ability to go to the party by doing their reading. Students have been told about the changes to the reading calendar in class.

Reading Calendar Movie Prizes

20 days of reading - Go to the Party

25 days of reading - Party and Hot Chocolate

30 days of reading - Party, Hot Chocolate and Popcorn

November Birthdays

Lukesha

3rd

Harley

22nd

Happy
Thanksgiving!

3rd/4th/5th Grade November Newsletter- Mrs. Wallis' Class

Students and Families,,

Students, day after day you amaze me with your willingness to learn and the ability to persevere through hard concepts.. I cannot let this month go by without thanking you all for your hard work and dedication to continue your education. You are the best!!

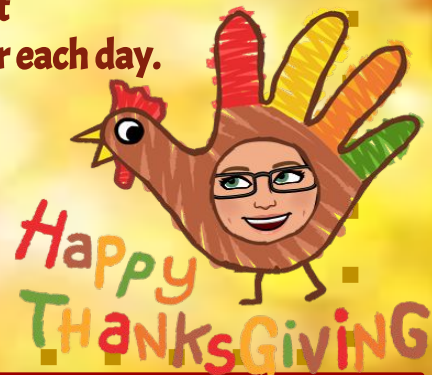
-Mrs. Wallis

GRATEFUL



Important Dates in November:

- **November is Heritage Month** -look for the announcement showing the activities and what traditional items to wear each day.
- **1st-** Field Trip to Natural Bridges (5th grade)
- **5th** -Daylight Savings Time-*turn clocks back 1 hour
- **6th-10th** - Book Fair in the library
- **11th** - Veterans Day
- **22nd-24th** - Thanksgiving Break - No School



5th grade MATH: This next month we will be working on multiplication and division and 5th will move onto using all operations to work with decimals. This is a new concept for them, so please encourage them to stay focused and follow all steps - even the smallest ones

4th grade MATH: We've been working on multiplying 2 digits by 1 digit. We will add larger numbers as we go and how to regroup to the next place value when the products are larger than 9. Then, move on to multiply by 2 digits!

3rd grade MATH: We started learning about division for the first time. We are modeling and drawing pictures to represent division. We will transfer this knowledge and apply it to multiplying and dividing from 0 to 10.

Heritage Language

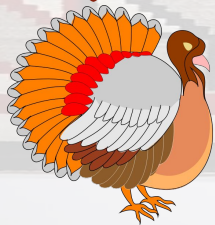
Níłch'its'ósi

The month of November, Níłch'its'ósi is Slender Winds. For the winter has begun. The light but bitter cold wintry winds are ever present. Traditional winter ceremonies and activities are performed. Daylight is short and the nights are long. Sacred songs and stories are taught and learned in the homes.

November is Heritage Month and we will be celebrating our Diné heritage all month long. Student can participate and earn SOAR tickets.



Happy
Thanksgiving!



Bluff Elementary School Cultural Night

November 15, 2023
5:00-7:00 pm
Multipurpose Rm / Cafeteria

Cultural Booths

Make n' Take

Ribbon Skirt Demonstration



Cultural
Games

Bluff Pageant
Oct. 27, 2023

Miss Bluff
Princess
2023-24
Dallas Mitchell



Mr. Bluff Warrior
2022-23
Tanner Benally



Miss Bluff Princess
2022-23
Shizuku Yamamoto

Damóo Biiskání	Damóo dóó Naakijí	Damóo dóó Tagíí	Damóo dóó Dį́'íí	Nda'íinish
		1 Wear your clan shirt 	2 Rock your "Bluebird & Spam attire" 	3 Rock your Turquoise 
6 Rock your Moc 	7 Native Design T-Shirt/Socks Day 	8 Wear your 'Tsiyeel/Tsii názt'i with earrings 	9 Masání scarf 	10 Dress like Navajo Nation President or Miss Navajo 
13 Rock your Moc 	14 Ribbon skirt or shirt 	15 Beaded Earrings or Necklace / Cultural Night (4:30-6:30) 	16 Hair Braided Day 	17 Traditional Attire 
20 Rock your Moc 	21 Other culture/traditional attire 	22 NO SCHOOL	23 NO SCHOOL  Tázhii Day	24 NO SCHOOL
27 Rock your Moc 	28 Dress like Masání or Cheii Day 	29 Wear your 'Tsiyeel/Tsii názt'i with earrings 	30 Ribbon Skirt or shirt 	

November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Reminder: ALL students can eat breakfast for FREE. Check with individual Schools for serving times.</p> <p>Served Daily:</p> <p>-Alternate Entrée: Assorted Cereal w/ 1 Slice of Toast Cinnamon Toast</p> <p>-Beverages: Chocolate Skim Milk 1% White Milk Juice Variety</p> <p>Happy Thanksgiving</p> <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p>**MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE!</p>
		1 Waffles Bananas Hash Browns	2 Biscuits & Gravy Pears Sausage	3 Pancake & Sausage On A Stick Apples String Cheese	
6 French Toast Sausage Oranges	7 Breakfast Pizza Pineapple String Cheese	8 Scrambled Eggs Grapes	9 Sausage, Egg & Cheese Croissant Hash Brown Mandarin Oranges	10 Oatmeal Yogurt Peaches	
13 Breakfast Pizza String Cheese Pears	14 Pancakes Pineapple Hash Browns	15 Biscuits & Gravy Apples Sausage	16 Sausage, Egg & Cheese Muffin Mandarin Oranges Yogurt	17 Bagel Egg Patty Bananas	
20 Muffins Yogurt Mandarin Oranges	21 Sausage, Egg & Cheese Croissant Hash Browns Grapes	22 THANKSGIVING BREAK NO SCHOOL	23 THANKSGIVING BREAK NO SCHOOL	24 THANKSGIVING BREAK NO SCHOOL	
27 Bagel Bar Boiled Egg Peaches	28 Cheese Omelet Yogurt Bananas	29 Waffles Pineapple Hash Browns	30 Biscuits & Gravy Pears Sausage		

SAN JUAN SCHOOL DISTRICT ELEMENTARY SCHOOL BREAKFAST

Breakfast Prices:

Ault Breakfast.....\$3.00
 Non-Student Child.....\$2.00
 Milk (Extra).....\$0.40

Lunch Prices:

Adult Lunch.....\$4.40
 Adult Salad (Pre-Order Only).....\$3.00
 Non-Student Child 0-12 yrs.....\$2.40
 Non-Student Child 13-17 yrs.....\$2.70
 Milk (Extra).....\$0.40

Call BEFORE 9:30am to order lunch. Cash or Check ONLY!

Bluff School Menu



November 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>Parents who would like to eat school lunch need to call the school by 9:00am to reserve your meal for the day.</p> <p>Served Daily:</p> <p>-Beverages: Chocolate Milk White Milk</p> <p>Gobble till you grow!</p> 
		1 Pepperoni Pizza Green Salad Tater Tots Pineapple	2 Chicken Nuggets Baked Beans Fries Peaches Cookie	3 Sloppy Joes Carrot Sticks Mandarin Oranges Steamed Broccoli	
6 Pulled Pork Rice Black Beans Applesauce	7 Frito Pie Pears Steamed Carrots Pudding	8 Soup Day Rolls Green Salad Apples Green Beans	9 Hoagie Sandwich Chips Peaches Carrot Sticks	10 Chicken Alfredo Breadsticks Peas & Carrots Mandarin Oranges Green Salad	
13 BBQ Beef Sandwich Steamed Carrots Mandarin Oranges Steamed Broccoli Pudding	14 Tacos Peaches Refried Beans Chocolate Cake	15 Mac & Cheese Green Beans Green Salad Apples Rolls	16 Roasted Turkey Potatoes/Gravy Rolls/Green Beans Strawberry Short Cake	17 Chicken Patty Sandwich Fries Pears	
20 Spaghetti Breadsticks Green Beans Green Salad Peaches	21 Cheese Burgers Fries Melon Rice Krispy Treat	22 THANKSGIVING BREAK NO SCHOOL	23 THANKSGIVING BREAK NO SCHOOL	24 THANKSGIVING BREAK NO SCHOOL	
27 Orange Chicken Egg Roll/Fried Rice Steamed Broccoli Mandarin Orange Fortune Cookie	28 Ravioli Breadsticks Peaches Corn Green Salad	29 Chili Beans Cinnamon Rolls Carrot Sticks Crackers Pears	30 Roasted Ham Au Gratin Potatoes Rolls/Green Salad Applesauce Cherry Crisp		

SAN JUAN SCHOOL DISTRICT ELEMENTARY SCHOOL LUNCH