

### **Principal Page-Mrs. Silversmith**

#### **Emergency Response Plan Safety Drill**

On Friday, May 17th starting at 1:15 Bluff school will be running and practicing a Lock Down/active shooter drill with the various interagencies (emergency, fire dept, sheriff dept. SJSD). We would like parent support at this time by being at the community center and going through the process of waiting to be reunited with your child/children. I will send home information as we get closer to the date of the drill and you could sign up to be part of this process of the Lock Down/Active Shooter drill. Thank you for your participation and cooperation.



Absences add up more quickly than you realize:

just 2 missed days a month can mean 18 absences a year!

Everyday you show up to school, you're investing in your future self.

Don't underestimate the power of ATTENDANCE.

# Solar Eclipse

#### A Reminder to Bluff Eagle Families:

On Monday, April 8th, a total solar eclipse will occur over the southern United States. While Utah is expected to experience a partial solar eclipse, out of respect and sensitivity to all cultures the following considerations are being made for our Bluff Eagle Students

**OPTION 1:** No change in schedule; attend regular school.

**OPTION 2:** Student attends school, eats lunch before 11:15 am, (lunch will be served at 10:45 am) and is then excused to a quiet and still space inside the school until 1:45 pm.

**OPTION 3:** Students are excused (will be marked as excused in attendance system) from school and will be kept home.

Mrs Tohtsonie shared this information on her page but I wanted to share it again:

"While we may not be affected within our Four Sacred Mountains, however, out of respect all activity stops. It's our way to respect the Holy People during the eclipse, along with the atmosphere and the cosmic order. We need to respect the order/cycle of nature and our atmosphere, and educate the younger generations as to why we do so.

It is part of our culture to respect the cycle of life, the path of the sun, as it is the source of all life. This is no great mystery but quite logical. As we go through changes in our life, we set a time for ourselves, for self-reflection, a time of peace, uninterrupted tranquility, reverence, and to show our respect to the sun and the moon."

Information shared by Diné Education



#### **Important Dates**

- ★ April 8th ~ Partial Solar Eclipse (11:15-1:45)
- ★ April 9th ~ School wide Assembly -Core value this month is Integrity.
- ★ April 11th ~ Steam Expo 4-5th (8:20-2:50)
- ★ April 19th ~ No School (snow day makeup time)

: "Nothing is impossible, the word itself says "i'm possible"! "

#### **Parent Information**

- → Call the office beforehand if or when your child is absent @ 435-678-1296 Please provide medical note if applicable.
- → Call the office <u>BEFORE</u> 2:45 pm if you want to pick up your child/not to ride the bus.
- → Office <u>CANNOT</u> make bus arrangements, so please call the transportation office @ 435-678-1305

Hello parents/guardians, I am Whitney Smith
Fenesia's long term sub for the front office. I'm
here to help best to my acknowledge. If you have
any questions or concerns feel free to stop by the
office or call, my email is <a href="mailto:wsmith@sjsd.org">wsmith@sjsd.org</a>
Mrs. Silversmith is here as well, her phone # is
435-678-1298. Much appreciated to all!!

# 100% Attendance for March 2024

Skylar Angella Shianaya Lyroydin Elyko Honor **Bluff Elementary School** Dreyvan has 39 students with 100% Greyson Maddox attendance. These Kayson Lukesha students have not missed Alisianna Leilani a day of school in the Shayden month of March. Good job Kaydon L. Kony **Bluff Eagles! SKY** Mykelti Tayden Ivanna Tanner Raleigh H. Carver Geremiah Synoa Daysha Tuki Payton Sandy

We are almost there! We only have 37 days of school left! That is only eight weeks to connect and! As we go into the homestretch, there is some stress that students may feel as end-of-school-year testing begins, thoughts turn to grades, saying goodbye to friends and leaving the comfort of known and comfortable schedules behind. Students may even worry about the next school year of new teachers, new schools and the unknown.

Ways to Help Your Children Manage End-of-School-Year Stress:

- Be their cheerleader. Support and encourage your children in their schoolwork. Show genuine interest in what they're learning and what they think about that.
- Continue your schedule. Having a set schedule or routine could take some stress off your children and help them better manage their time, even as you add sports, time outside and new activities. Come up with a schedule together that includes a balance of study time, downtime (such as participating in activities they enjoy, socializing with friends, etc.), and family time. The key here is not to over-schedule. Don't forget to sleep, even as we soak up the vitamin D after a long winter and the sun stays
- Ask questions that align with your family's definition of success. If you only ask your children what grade they got on a test or in a class, they will believe that grades matter most. If that isn't your family's definition of success, try asking questions such as "What did you learn today?," "What did you do with your friends?," or "What was the best part of your day?" "How do you feel about your day? Why?"
- Show unconditional support and love. Through your actions and your words, let your children know that they are loved no matter what. Maintain a 5-to-1 ratio. It's easy to get into the habit of correcting, but the goal is to have a ratio of 5 positive interactions or praise statements for every 1 negative interaction or corrective statement.

As always, it is a pleasure and makes my day to work with your children as I get to know their unique and wonderful personalities. Reach out anytime, I am happy to help or direct to more community resources. ReNee

# FREE BOOKS

Grab books in the foyer of Bluff elementary for your home Library!

We have generously been donated over a thousand books by Daniels Canyon Elementary in Heber City, Widows of Wasatch, the United Way and other individuals. We want to flood your homes with books. We are sorting them and letting kids choose books to add to their library at home, but please come pick some more!

As always check out what services the ACE grant has for you on the district website! Mr Matt

# read and read some more!

Carolyn Ballinger, Special Education
First daffodils always make me smile. April is a time for renewal, transformation, new beginnings, and lots of growth and abundant blossoming. We take a good look at our children and realize that they have grown so much – much more than we had ever noticed before! They are bigger, smarter, more organized, and more independent.

They are responsive to us in more mature ways, answering us at a new emotional level. They understand more abstract concepts, and show new depths of compassion.

They are like butterflies, emerging from their cocoons in the spring, ready to spread their wings and to try new things. What a joy to see them, so beautiful. Even though it is bittersweet to see them growing up and away from us, we are proud of what they are accomplishing, with our continuing help and guidance,

# PRESCHOOL!

# april

We Are Studying:

Theme: Farm & Ranch

Shapes: Diamond, Pentagon, Hexagon,

Octagon

Colors: Orange, Purple, Brown, Black

White, Pink, Green, Blue

Green, Red

Number: 10

Letters: Xx, Yy, Zz

Zelda is four years old and wants to be a doctor when she grows up.

Her Mom, big sister Aaliyah, are her heroes.

Some of Zelda's favorite things are:
Animal: Sharks Color: Rainbow

Sport: jumping on the trampoline
Food: Meat loaf and watermelon
Book: Nightmare before Christmas

When Zelda is home, she loves to play with her kitten and play outside. Something you may not know about Zelda: she loves to watch Para Norman, Nightmare Before Christmas, Caroline, and she loves to swim.

#### **Important Dates**

**April 8th:** Partial Solar Eclipse (11:15-1:45)

**April 19th:** No School (snow day makeup time)

### **Heros of the Month**

**Sandy** is four years old and wants to be a Princess when she grows up. Her hero is her big brother Michael.

Some of Sandy's favorite things are:
Book: Rainbow Book
Animal: Pickles her cat Food: Spaghetti
Sport: Jump rope Color: Pink & Purple
Sandy enjoys playing with her toys, watching T.V,
eating, coloring, and playing with her big brother at
home. Something you may not know about Sandy is
she loves to brush her teeth.

Happy Spring Preschool Parents, We have seven weeks left of Preschool before we graduate and move on to kindergarten. THANK YOU, THANK YOU, parents for your support during our Easter party. We all enjoyed making a basket, playing bingo, Easter egg Please help your child attend school everyday it really helps them keep up with the rest of the class. Preschoolers, read with mom, dad, brother, or sister 20 minutes a day. Let's hold strong preschool parents and gently push our little preschoolers across to the kindergarten

Ensley is four years old and wants to be a teacher like her mother when she grows up. Her heroes are Spiderman and Ariel.

Some of Ensley's favorites are:
Animal: Flounder the fish
Food: Chicken strips Sport: Basketball

Color: Pink Book: Planet books, and Barbie books
When Ensley is home, she likes to make Olaf the snow man, watch T.V., and play with her toys in her room. Something you may not know about Ensley is she knows the name of all the planets.



# \* KINDERGARTEN \*



April Newsletter 2024

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Dear Kinder Parents.

We are almost at the end of the year! Your student has grown so much since the beginning of the year. Let's keep up the good work and improve our testing for the end of the year! Remember to read with your student everyday for 20 minutes. Ask them questions about who are the characters in the story. Where the setting/settings is. What happened first, next, and last. Ask your students what we learned in class. We have finished learning about the animal kingdom and are now on transportation. In math we have finished positions of objects and are moving on to two-dimensional shapes.

Thank you! -Ms. Ellisia

4/19- Snow Make Up Day (No School)



# 1st Grade April Newsletter 2024

Dear parents and families,

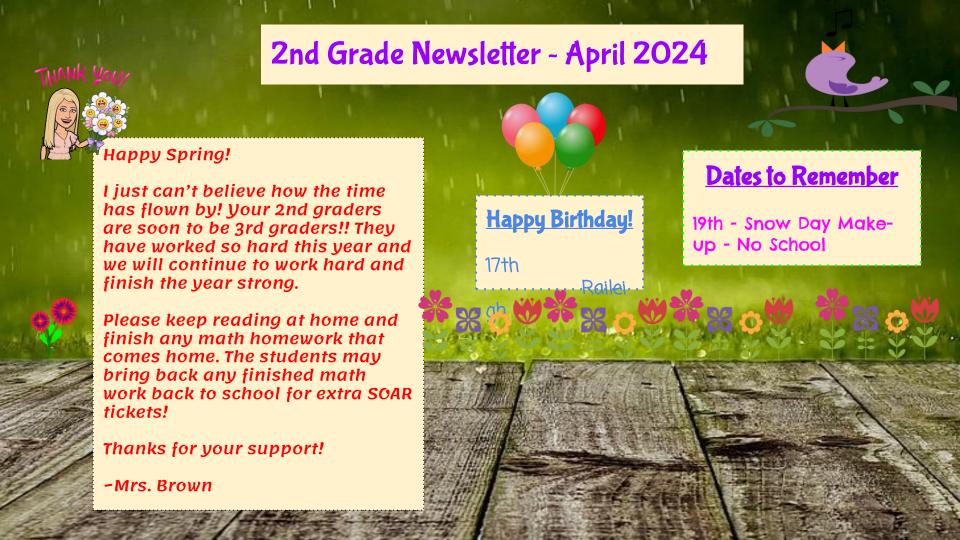
Just like that we are in April. With two more months left of school. You should be proud of the growth that your child has made. Please be sure they continue to come to school everyday.

Please help your child work read everyday for 15-20 minutes. They are still working toward their reading goals for the EOY.

Thank you for all you do for your child.
-Ms. Begay

# Dates to Remember

19th - No School (Snow day make-up)



### 3rd, 4th, and 5th Grade ELA - Mrs. Richmond

Dear Students and Families,

I hope you had a wonderful Spring Break, and Easter! We're working to be ready for the end of the year testing. Give your child a high five because all students are working hard and making progress in reading and writing!

Please continue to have your child read at home, then ask them to tell you the who, what, when, where, how, and why about the story they read. This will help with their reading comprehension.

In reading, this month we are working to find evidence to answer questions in what we're reading. In writing this month, we are finishing up our animal research essays.

Thank you!

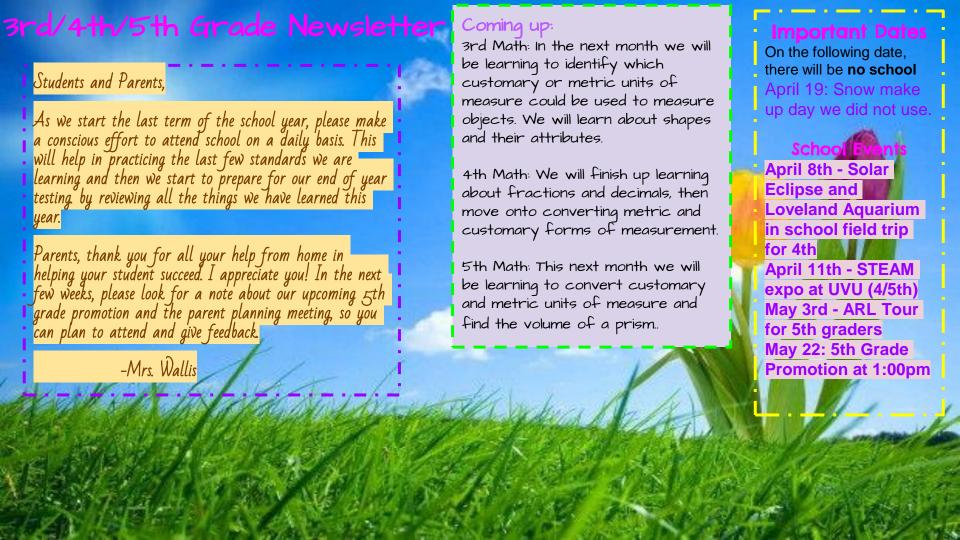
Mrs Richmond

### **Happy Birthday!**

Kaydence 6th Kolin

10th

Leilani



### Solar Eclipse-April 8

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Information shared by Diné Education

## T'ááchil

April is called Ta´a´chil, Growth of Early Plant Life. It means the plants that grow closer to the ground are fully-grown and green. Wild game and Navajo livestock mothers and their babies can forge on the nutritious and tender plants.

The bigger plants are beginning to grow introducing the summer months. The Navajos are also preparing to plant their crops.

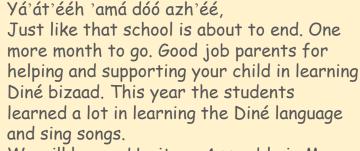
## Heritage

#### **Upcoming Events:**

April 8-Solar Eclipse at 11:45-1:30pm.

April 19-No School

April 22-Navajo Nation Sovereignty Day



We will have a Heritage Assembly in May. More information will be coming.



# SCHOOL MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup Day Rolls Green Salad Apples Green Beans	Tacos Peaches Refried Beans Chocolate Cake	3 BBQ Beef Sandwich Steamed Broccoli Steamed Carrots Mandarin Oranges Pudding	Mac & Cheese Green Beans Green Salad Apples Rolls	5 Chicken Patty Sandwich Fried Pears
8 Stromboli Carrot Sticks Peas Oranges	9 Cheeseburger Fries Melon Rick Krispy Treat	Beef Nachos Corn Pears Refried Beans Cookie	Spaghetti Breadsticks Green Salad Green Beans Peaches	Salisbury Steak Rolls Steamed Carrots Rice/Green Beans Pineapple
Orange Chicken Egg Roll/Fried Rice Steamed Broccoli Mandarin Oranges Fortune Cookie	Chill Beans Cinnamon Rolls Crackers Carrot Sticks Pears	Meatball Sub Corn Peaches Green Salad	Roasted Ham Au Gratin Potatoes Rolls Applesauce Green Salad Cherry Crisp	GOOD FRIDAY No School  Possible Snow Makeup Day If Needed.
Beef Nachos Refried Beans Corn Applesauce Brownies	Ravioli Breadsticks Green Beans Peaches Steamed Broccoli	24 Country Fried Steak Potatoes/Gravy Rolls Steamed Broccoli Mandarin Oranges	Corn Dog Tots Carrot Sticks Pears	Bean & Cheese Burrito Tots Pineapple Jell-O
29 Chicken Patty Potatoes/Gravy Peas & Carrots Pears/Rolls	Toasted Ham & Cheese Tomato Soup Green Beans Bananas Rice Krispy Treat	THE STREET	LPCYCOX.	L Line

Parents who would like to eat school lunch need to call the school by 9:00am to reserve your meal for the day. Served Daily:

-Beverages:

Chocolate Skim Milk 1% White Milk

LUNCH REGULATIONS:

Students must take a minimum of 3 items, including 1 fruit or vegetable, in order to have a federally reimbursable meal. Water and some desserts do not count as an item.

Students who bring a home lunch can purchase milk for \$0.40. Parents can put money for this into a student's account to be charged as needed rather than sending money each time. Because milk is not reimbursable on its own, we are required to charge for it if the student does not take a school lunch.

This Institution Is An Equal Opportunity Provider

\*\*MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE!



#### **Breakfast Prices:**

Adult Breakfast.....\$3.00 Non-Student Child.....\$2.00 Milk (Extra).....\$0.40

Call BEFORE 9:30am to order lunch. Cash or Check ONLY!

#### **Lunch Prices:**

<u>=====================================</u>	
Adult Lunch	\$4.40
Adult Salad (Pre-Order Only	
Non-Student Child 0-12 yrs	.\$2.40
Non-Student Child 13-17 yrs	\$2.70
Milk (Extra)	\$0.40

SAN JUAN SCHOOL DISTRICT ELEMENTARY SCHOOL LUNCH