

APRIL 2024

Ione Community School

BREAKFAST



School Information This Institution is an equal opportunity provider



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Pancake Wrap

2

French Toast

3

Breakfast Cookie

4

Biscuit and Gravy

5

No School

8

Raspberry Strudel

9

Cheese Omelet
and Sausage links

10

Blueberry Muffin
w/ Bacon

11

Biscuit and Gravy

12

No School

15

Cinnamon Roll

16

Waffles

17

Sausage Egg and
Cheese Biscuit

18

Biscuit and Gravy

19

No School

22

Hashbrown
w/sausage links

23

Breakfast Bar

24

Waffle Sticks

25

Maple Bar

26

No School

29

French Toast Sticks

30

Pancakes

