

MARCH 2024

Ione Community School

LUNCH



School Information: This institution is an equal opportunity provider



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Mac and Cheese w/mini
corndogs or
Turkey Sandwich w/chips
Salad Bar
Milk

4

Hay Stack or
Chicken Nuggets
Curly Fries
Salad Bar
Milk

5

Grilled Cheese
w/tomato soup or
PB&J w/chips/cheese
Salad Bar
Milk

6

Pepperoni or
Cheese Pizza
Cookie
Salad Bar
Milk

7

No School

1

Pulled Pork Sandwich
or PB&J w/chips
Wedges
Salad Bar
Milk

11

Chicken Alfredo
w/breadstick
or Chicken Nuggets
Salad Bar
Milk

12

Orange Chicken w/rice
or Corn Dog
Fries
Salad Bar
Milk

13

Pepperoni or
Cheese Pizza
Cookie
Salad Bar
Milk

14

No School

15

Chicken Strips w/gravy
or Ham Sandwich
Tots
Salad Bar
Milk

18

Popcorn Chicken bowl
or Pizza Pocket
Fries
Salad Bar
Milk

19

Spaghetti w/ Bread or
Chicken Sandwich
Green Beans
Salad Bar
Milk

20

3 Meat Pizza or
Cheese Pizza
Chocolate Pudding
Salad Bar
Milk

21

No School

22

No School
Spring break

25

No School
Spring Break

26

No School
Spring Break

27

No School
Spring Break

28

No School
Spring Break

29