

FEBRUARY 2024

Ione Community School

LUNCH



School Information: This Institution is an equal opportunity provider.



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Macaroni and Cheese
w/mini corndogs or
Pizza Pocket
Salad Bar
Milk

5

Grilled Cheese w/tomato
soup or Bean and Cheese
Burrito
Tots
Salad Bar
Milk

6

Hay Stack or
PB&J w/cheese/chips
Salad Bar
Milk

7

Chicken Alfredo or
Chicken Nuggets
Fries
Salad Bar
Milk

1

No School

2

Spaghetti w/bread or
PB & J w/cheese/chips
Green Beans
Salad Bar
Milk

12

Nachos or
Chicken Nuggets
Curly fries
Salad Bar
Milk

13

Orange Chicken w/rice
or Corn dog
Cookie
Salad Bar
Milk

14

Chicken Strips w/gravy or
Turkey Sandwich w/chips
Wedges
Salad Bar
Milk

15

No School

16

No School
Presidents' Day

19

Chicken Quesadilla or
Uncrushable w/chips
Tots
Salad Bar
Milk

20

Meatball Sub w/bread
stick or
Corn Dog
Salad Bar
Milk

21

Turkey Gravy and mashed
potatoes w/breadstick or
Chicken Nuggets
Fries
Salad Bar
Milk

22

Pepperoni or Cheese
Pizza
Cookie
Salad Bar
Milk

23

Chicken Tacos w/rice or
Chicken Sandwich
Curly fries
Salad Bar
Milk

26

Popcorn Chicken Bowl
w/corn
or Corn Dog
Wedges
Salad Bar
Milk

27

Lasagna w/Garlic Bread
or Pizza Pocket
Green Beans
Salad Bar
Milk

28

Pepperoni or
Hawaiian Pizza
Cookie
Salad Bar
Milk

29



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