JANUARY 2024

Ione Community School





School Information: This institution is an equal opportunity provider.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School Winter Break	No School Winter Break	Grilled Cheese w/ Tomato Soup or Corn Dog Fries Salad bar milk	Hay Stack or PB&J w/cheese stick/chips Salad Bar Milk	No School 5
Chicken Quesadilla or Ham Sandwich w/chips Tots Salad Bar Milk	Mac & Cheese w/mini orndogs or Uncrustable w/chips Salad Bar Milk	Totchos (tater tot nachos) Or Bean and Cheese Burrito Salad Bar Milk	Pepperoni or Cheese Pizza Cookie Salad Bar Milk	No School 12
No School 15	Orange Chicken w/rice or Uncrustable w/chips Salad Bar Milk	Spaghetti w/garlic Bread or Corn Dog Salad Bar Milk	Pizza Pocket or chicken nuggets Fries Salad Bar Milk	3 Meat Pizza or Cheese Pizza Cookie Salad Bar Milk
Chicken Alfredo or Chicken Sandwich Smiley fries Salad Bar Milk	Cheese Burger or Bean and Cheese Burrito Chips Salad Bar Milk	Tacos w/rice or Corn Dog Tots Salad Bar Milk	Lasagna w/ garlic bread or PB&J w/cheese stick/chips Salad Bar Milk	No School 26
Chili Dog or Chicken Nuggets Fries Salad Bar Milk	Chicken Strips w/gravy or Ham Sandwich w/chips Salad Bar Milk	Popcorn Chicken Bowl or Corn Dog Smiley fries Salad Bar Milk		

