

# JANUARY 2024

## lone Community School

### BREAKFAST



**School Information:** This institution is an equal opportunity provider.



**Nutrition Tip:** Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

### MONDAY

Winter Break  
No School

1

### TUESDAY

Winter Break  
No School

2

### WEDNESDAY

Sausage Egg and  
Cheese Biscuit

3

### THURSDAY

Biscuit and Gravy

4

### FRIDAY

No School

5

Pancake and  
Sausage on a stick

8

Waffle Sticks

9

Blueberry Muffin  
w/ Bacon

10

Chocolate  
Doughnut

11

No School

12

No School

15

Hash brown  
w/Sausage Links

16

Breakfast Nuggets

17

Biscuit and Gravy

18

Breakfast Cookie

19

French Toast Sticks

22

Breakfast Bar

23

Waffle

24

Maple Bar

25

No School

26

Apple Strudel

29

French Toast

30

Breakfast Burrito

31

