

## PHYSICAL EXAMINATION, IMMUNIZATION, DENTAL AND VISION REQUIREMENTS FOR THE 2025-2026 SCHOOL YEAR

All students must be compliant with the State of Illinois **Physical Examination and Immunization requirements before the first day of school or 30 days from date of transfer for new students**. Students that do not meet these requirements **will not be allowed to attend school until these requirements have been met**.

**All students entering Preschool, Kindergarten, 6<sup>th</sup> Grade,, and 9<sup>th</sup> Grade are required to have a current physical examination completed on the approved Illinois Department of Public Health Form.** A sports physical does not meet the requirement. A current physical is one that was completed within one year of August 2025. The parent portion of the form must be completed and signed. All students must be up-to-date with the State of Illinois immunization requirements. Religious Exemption forms for immunizations are available on our website and must be signed by a physician.

Physical forms and all other health forms may be found on the school's website at poloschools.net. Click on the Menu tab and look for "health forms" under the District heading.

**PRESCHOOL** Complete Physical Examination dated 8/2024 or later upon entry into early childhood. Second year early childhood students do not require an additional exam. Lead blood assessment is required. The state **requires** that the parent complete and sign the health history portion of the examination form.

No additional immunization requirement if up-to-date. (Religious Exemption forms are available)

**KINDERGARTEN** Complete Physical Examination dated 8/2024 or later. A **vision exam** by an eye doctor is required (see below). A **dental exam** is required (see below).

IMMUNIZATIONS (Religious Exemption forms are available)

DPT/DTaP	4 doses
Polio	4 doses
Varicella	2 doses
MMR	2 doses

**1<sup>ST</sup>-5<sup>TH</sup> GRADE** Must have previous kindergarten physical on file and be compliant with all immunization requirements. **2<sup>nd</sup> Grade requires a dental exam** (see below).

**6<sup>TH</sup> GRADE** Physical examination dated 8/2024 or later. (A sports physical is not acceptable for 6<sup>th</sup> grade) **A dental exam** is required (see below).

IMMUNIZATIONS (Religious Exemption forms are available)

TDaP	1 dose
Meningococcal	1 dose after age 11 (or proof of appointment after 11 <sup>th</sup> birthday)
Hepatitis B	3 doses at required intervals

**7<sup>TH</sup>-8<sup>TH</sup> GRADE** Must have previous 6<sup>th</sup> grade physical on file and be compliant with all immunization requirements. If participating in sports, a sports or full physical is required.

**9<sup>TH</sup> GRADE** Physical Examination dated 8/2024 or later. (A sports physical is not acceptable for 9<sup>th</sup> grade) **A dental exam** is required (see below).

**10<sup>TH</sup>-11<sup>TH</sup> GRADE** Must have previous 9<sup>th</sup> grade physical on file and be compliant with all immunization requirements. If participating in sports, a sports or full physical is required.

**12<sup>TH</sup> GRADE** Must have previous 9<sup>th</sup> grade physical on file and be compliant with all immunization requirements. All students entering 12<sup>th</sup> grade must show proof of receiving two doses of meningococcal vaccine (meningitis) unless the first dose was given after the age of 16, then only one dose is required. If participating in sports, a sports or full physical is required.

**\*\*Please Note:** The IHSA Pre-Participation Examination (sports physical) form is NOT acceptable as the school physical in 6<sup>th</sup> and 9<sup>th</sup> grades.

**Dental Requirements:**

A Dental Examination is required for all students in **kindergarten, second, sixth and ninth grades**. The examination by a licensed dentist must be completed **before the first day of school**.

**Vision Requirements:**

Students enrolling in a **kindergarten** program or enrolling for the first time in an Illinois public school shall submit proof of an eye examination. Each child shall present proof of having been examined by a licensed optometrist within the previous year. This exam must be completed **before the first day of school for kindergarten or 30 days from the date of transfer for new students**.

**Interscholastic Athletics:**

Students wishing to compete in interscholastic athletics in middle or high school must present a completed physical examination form each year that they participate. A completed school required physical examination on the Child Health Examination Form can be used as a sports physical. This form must be on file before the student can attend any practice and must be dated within 395 days preceding the last day of the season for that sport. Please note that the Illinois High School Athletic (IHSA) physical forms do not qualify for required school physicals.

**STUDENTS TRANSFERRING FROM OTHER ILLINOIS SCHOOLS OR RETURNING TO IL SCHOOL FROM OUT OF STATE**

Students need to provide the documentation of the most recent physical, eye and dental exams that meet the state requirements listed in the grades above. **Documents for new students are due within 30 days of the first day of attendance.**

**NEW STUDENTS FROM OUT OF STATE OR FIRST TIME EVER ATTENDING AN ILLINOIS SCHOOL**

Out of state/country health records must be on an Illinois Health form or comparable form dated within one year of the first day of school. The exam must include up-to-date immunizations and medical history.

Eye Examination is required and must be performed by a licensed optometrist. (Eye Examination Waiver form is also available as needed)

**Documents for new students are due within 30 days of the first day of attendance.**

**MEDICATIONS AT SCHOOL**

All over the counter medications as well as prescription medications will only be administered in school when a School Medication Authorization Form is on file in the health office and has been completed by the parent/guardian and the healthcare provider. Specialized forms exist for asthma, diabetes, seizures and allergies.

**HEARING AND VISION SCREENINGS**

The Illinois Department of Public Health requires certain grade levels be screened for hearing and vision. Vision screening is not a substitute for a complete eye exam by an eye doctor. If a student has completed an eye exam within the previous 12 months, and that evaluation is on file at the school, the child will not need to be screened. If any child fails either the hearing or vision screenings, the parent/guardian will receive a letter of notification.