



From the Desk of the Manager

"Holidays are about creating cherished memories with loved ones and finding magic in the simplest moments."

I cannot believe we are preparing to say goodbye to another incredible year here at Silver Linings! It was a year filled with new friends, new trips, new classes and new memories.

Our membership has grown tremendously. Let's continue to be welcoming to our new members as they navigate all that Silver Linings has to offer. We also ask that you be mindful of posted rules (i.e. our recent changes in our breakfast program). Please note that there is a reason for every decision we make. Be respectful of these few rules and if you have any questions or concerns, please see me.

We are excited to welcome another year together and are already busy planning for 2024. We thank you for your continued support!

**Happy Holidays to you
and your families!**

Anahita Feltz

Bûche de Noël Decorating Contest

Monday, December 18th at 10:30am



Back by popular demand! A Yule log, or Bûche de Noël, is a traditional Christmas cake, often served as a dessert near Christmas, especially in France. Join us to learn more about this traditional cake and to decorate one!

Space is limited and sign up is required. You will be teamed up with fellow members (at random!) and the team with the best decorated Bûche will win a prize!

SL NIGHT OUT: NEW YEAR'S PARTY

Thursday, December 28th ~ 6pm to 9:30pm

You are cordially invited to our New Year's Party! Join us for our last Night Out of 2023 as we ring in 2024! Palms Plaza will be catering a delicious hot buffet dinner at the center, which will also include salad, bread, dessert, drinks and more!

Happy Feet DJs will be spinning our favorite tunes. Dress to impress and don't forget your dancing shoes! Cost is \$25 and advance sign up is required. The last day to sign up will be December 15th and money is due by December 20th - NO EXCEPTIONS!

This is a non-refundable event.



Please take the time to review the whole newsletter and calendar. Registration for December classes, programs and trips will begin on Wednesday, November 29th VIA PHONE ONLY! Indoor Pickleball registration will begin on Thursday, November 30th VIA PHONE ONLY!



Italian Cultural Show: Tarantelle E Canti D'Amore Featuring Alessandra Belloni

Friday, December 8th at 12:30pm

Join us for our December Ice Cream Social as we welcome Italian Singer Alessandra Belloni to the center. This concert is a fiery "journey" through the South of Italy featuring drumming & dance rituals, performed mainly by women of Southern Italy. Please note that ice cream will be served at 12:30pm so that it can be enjoyed before Ms. Belloni's performance. The show will begin at 1pm. No ice cream will be given out once the show begins.

Trip to Dearborn Market - Friday December 1st at 10am

Let's head to Dearborn Market for a little pre-holiday shopping!

Located in Holmdel, Dearborn Market has the very finest in fresh food and garden retailing. Enjoy fresh produce, delicious prepared foods, Boar's Head deli meat, homemade baked goods, as well as Italian specialty foods, gourmet groceries, and catering services. Sign up is required! Bus leaves at 10am. Please note that the center is closed that day so do not arrive early as you will have to wait in your car.



Collage Ornament Making with Stacey

Join us this month as Stacey teaches a class on Collage Ornament Making. Class dates and times vary so please see the calendar for more information. Registration is required. Please note that you can only sign up for 1 class.



FREEHOLD MALL TRIP

Tuesday, December 19th | 10am

Join us as we head to Freehold Mall for some last-minute holiday shopping! There are plenty of stores to find the perfect gift for your loved ones (or yourself) and some great restaurants to enjoy a lunch out with friends!

Sign up is required!

Buses will leave the center at 10am and will leave the mall at 1:45pm.

Spa Day & Annual Holiday Singalong with OBHS

Friday, December 15th from 9am to 12pm

Time for a little pre-holiday makeover! Join us as we welcome the OBHS Cosmetology students to the center. They will be offering hair styling, giving manicures and doing makeup. If you are planning on having your hair styled, please make sure to wash your hair in the morning.

Be sure to stick around to participate in our Annual Holiday Singalong as we sing "Deck the Halls" with the OBHS students and featuring our ASL students at 11:30am. Santa hats and holiday-themed clothing are encouraged!

Happy Holidays

DON'T FORGET

- PLEASE NOTE THAT LIVESTREAMING OF EXERCISE CLASSES WILL RESUME IN JANUARY 2024.
- Requests for transportation must be made by 12pm the (business) day before the ride is needed.
- Any programs/classes/trips with a (r) next to it require registration. Any programs/classes/trips with a (c) next to it means that it is closed to new registration for the quarter. Any programs/classes with nothing next to it means it is an open program/class that you can attend.
- When paying for a trip/program, please try to bring exact change or a check.
- If you'd like to have lunch (whether daily or once in a while) with the Congregate Meal program, please order lunch in advance with Jill to ensure that Jill has enough meals for everyone.
- Your Silver Linings ID must be with you at all times while at the center and they must be worn when using our buses.

PIZZA BINGO!

Friday, December 22nd from
11am to 1:30pm

Sign up is required. Cost is \$7
and **money is due by 12/15.**

If you don't want the pizza lunch, you do not need to pay the \$7; however, you must still sign up.



INDOOR PICKLEBALL CLINICS

**Thursdays at 9am at
Brunswick Hills**

We are excited to bring back indoor pickleball at Brunswick Hills this winter. Beginning this month, we will be hosting Pickleball classes at Brunswick Hills every Thursday from 9am to 11am. Please note that this is a teaching/clinic type class. This is not open play. There will be time during the class for open play but that will be overseen by our instructor Sadie.

Space is limited and registration is required. You must sign up for each class you want to attend.

You can drive yourself to the tennis club (it is located on Route 18 in East Brunswick) or transportation will be provided from the center.

Bus leaves at 8:45am



**Movie with Hot Chocolate
and Cookies
"Christmas with the Kranks"**

Tuesday, December 19th at 1pm

Finally alone for the holidays, Luther (Tim Allen) and Nora Krank (Jamie Lee Curtis) plan to eschew the Christmas traditions and take a cruise in the Caribbean instead. This doesn't sit well with their Christmas-obsessed neighbors Vic Frohmeyer (Dan Aykroyd) and Walt Scheel (M. Emmet Walsh), who are determined to win the annual "best decorated street" competition, and the Kranks soon find themselves social outcasts because of their lack of Christmas spirit.

CLOSED

**The Center will be closed on Friday,
December 1st and the week of
December 25th. Staff will be
available by phone if needed (except
on 12/25). See you in 2024!**

December 2023

Mon	Tue	Wed	Thu	Fri
<p><i>Registration for December classes, programs and classes begins on Wednesday, November 29th at 8:30am via PHONE ONLY!</i> <i>Please note that the center will open at 9:30am on 11/29 and transportation will be on an 1-hour delayed opening schedule.</i> <i>Registration for December Indoor Pickleball Clinics begins on Thursday, November 30th at 8am via PHONE ONLY!</i></p>		<p>PLEASE NOTE THE DATES FOR JANUARY REGISTRATION!</p>		<p>¹</p> <p>CENTER CLOSED STAFF IN-SERVICE DAY 10:00: Trip to Dearborn Market ®</p>
<p>⁴ 9:45: Strength Training with Gurdeep 10:30: ASL Intro: Holiday Songs © 1:00: Chair Yoga with Al 1:00: Crafting with Patty 2:00: Gaming/Mahjong Hour 2:00: Dancercise with Lysette</p>	<p>⁵ 9:30: Pilates with Suzy 10:30: Sketch Class ® 1:00: Holiday Tunes Karaoke with Kristin</p>	<p>⁶ 9:30: Dancercise with Lysette 11:00: Chair Yoga with Al 1:00: Paint Class ® 1:00: Crafting with Patty 2:00: Gaming/Mahjong Hour</p>	<p>⁷ 9:00: Indoor Pickleball Clinics at Brunswick Hills ® 9:30: Collage Ornament Making with Stacey ® 11:00: Annual Pearl Harbor Ceremony 1:00: Line Dancing with Eva 1:00: ASL Intro: Holiday Songs © HAPPY HANUKKAH!</p>	<p>⁸ 9:30: Square Dancing with Lysette 10:30: Sketch Class ® 12:30: Ice Cream Social and Italian Cultural Show Featuring Alessandra Belloni</p>
<p>¹¹ 9:45: Strength Training with Gurdeep 10:30: ASL Intro: Holiday Songs © 1:00: Chair Yoga with Al 1:00: Crafting with Patty 2:00: Gaming/Mahjong Hour 2:00: Dancercise with Lysette</p>	<p>¹² 9:30: Pilates with Suzy 10:30: Paint Class ® 1:00: Collage Ornament Making with Stacey ®</p>	<p>¹³ 9:30: Dancercise with Lysette 11:00: Chair Yoga with Al 1:00: Collage Ornament Making with Stacey ® 1:00: Crafting with Patty 2:00: Gaming/Mahjong Hour</p>	<p>¹⁴ 9:00: Indoor Pickleball Clinics at Brunswick Hills ® 9:30: Sketch Class ® 11:00: Line Dancing with Eva 1:00: ASL Intro: Holiday Songs © 2:00: Holiday Cards Coloring with Kristin</p>	<p>¹⁵ 9:00-12:00: Spa Day with OBHS Cosmetology Students 11:30: Annual Holiday Singalong "Deck the Halls" 1:00: Square Dancing with Lysette</p>
<p>¹⁸ 9:45: Strength Training with Gurdeep 10:30: Annual Bûche de Noël Decorating Contest ® 1:00: Chair Yoga with Al 1:00: Crafting with Patty 2:00: Gaming/Mahjong Hour 2:00: Dancercise with Lysette</p>	<p>¹⁹ 9:30: Pilates with Suzy 10:30: Paint Class ® 10:00: Freehold Mall Trip ® 1:00: Movie and Hot Chocolate & Cookies - "Christmas with the Kranks"</p>	<p>²⁰ 8:30: Registration for January programs VIA PHONE ONLY! 9:45: Dancercise with Lysette 11:00: Chair Yoga with Al 1:00: Crafting with Patty 1:00: Collage Ornament Making with Stacey ® 2:00: Gaming/Mahjong Hour 6pm: Silver Cues After Dark ©</p>	<p>²¹ 9:00: Indoor Pickleball Clinics at Brunswick Hills ® 9:30: Sketch Class ® 11:00: Line Dancing with Eva 1:00: Collage Ornament Making with Stacey ® 2:00: Square Dancing with Lysette</p>	<p>²² 9:30: Paint Class ® 11:00-1:30: Pizza Bingo - \$7 ® Money for Pizza Bingo is due by 12/15 CENTER CLOSSES AT 2PM</p>
<p>²⁵ TOWNSHIP CLOSED CHRISTMAS DAY</p>	<p>²⁶ CENTER CLOSED WINTER BREAK Transportation for Shoprite & Medical available by appointment</p>	<p>²⁷ CENTER CLOSED WINTER BREAK Transportation for Rt. 18 Walmart & Medical available by appointment</p>	<p>²⁸ CENTER CLOSED WINTER BREAK 8:00: Registration for January Indoor Pickleball Clinics VIA PHONE ONLY! 6pm to 9:30pm: SL Night Out: New Year's Party - \$25 ®</p>	<p>²⁹ CENTER CLOSED WINTER BREAK</p>