East Brookfield Elementary School: Pre School & Head Start

All Meals Served with 1% White Milk

fresh produce from the following farms:

Tougas Family Farm Carlson Orchard Joe Czajkowski Farm Little Leaf Farms **Reds Best**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast: Cheerios, Fruit and Milk

> Lunch: Chicken and Cheese Quesadilla, Brown Rice, Refried Beans. Fruit and Milk

Breakfast: Corn Muffin, Fruit and Milk

> **Lunch:** Walking Chicken Tacos, Cauliflower, Fruit and Milk

Breakfast: Bagel with Cream Cheese, Fruit and Milk

> Lunch: Cheeseburger, French Fries, Fruit and Milk

Breakfast: Waffles, Fruit and Milk

Lunch: Chicken Nuggets Buttered Pasta, Broccoli, Fruit and Milk

Breakfast: Yogurt, Crackers, Fruit and Milk

> Lunch: Max Sticks, Onion Rings, Carrots, Fruit and Milk

Breakfast: Rice Crispies, Fruit and Milk

> Lunch: REDS BEST Fish Sticks, Mac and Cheese, Roasted Broccoli, Fruit and Milk

Breakfast: Blueberry Corn Muffin, Fruit and Milk

> Lunch: Ham Egg and Cheese Scramble, English Muffin, Hash Brown, Fruit and Milk

Breakfast: Bagel, Cream Cheese, Fruit and Milk

> Lunch: Orange Chicken, Fried Rice, Broccoli, Fruit and Milk

Breakfast: Waffles, Fruit and Milk

> Lunch: Lasagna Roll up, Green Beans, Roll, Fruit and Milk

Breakfast: Yogurt, Crackers, Fruit and Milk

> Lunch: Anytimer, Red Peppers, Fruit and Milk

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

This month we will be serving

Breakfast: Cheerios. Fruit and Milk

> Lunch: Chicken Alfredo, Green Beans, Fruit and Milk

Breakfast: Blueberry Corn Muffin, Fruit and Milk

> Lunch: Cheese Rippinz, Tater Tots, Fruit and Milk

24 Breakfast: Bagel, Cream Cheese, Fruit and Milk

> Lunch: Chicken Tenders, Pretzel with Cheese, Honey Glazed Carrots, Fruit and Milk

25 Breakfast: Waffles. Fruit and Milk

> Lunch: Grilled Cheese, Baked Beans, Fruit and Milk

Breakfast: Yogurt, Crackers, Fruit and Milk

> Lunch: Cheese Pizza, Sweet Potato Fries, Salad, Fruit and Milk

Breakfast: Rice Crispies, Fruit and Milk

> Lunch: Cheeseburger, French Fries. Fruit and Milk

Breakfast: Corn Muffin, Fruit and Milk

> Lunch: Managers Choice. Broccoli Salad. Fruit and Milk



