## East Brookfield Elementary School: Pre School \& Head Start

All Meals Served with 1\% White Milk

This month we will be serving fresh produce from the following farms:

Tougas Family Farm
Carlson Orchard Joe Czajkowski Farm
Little Leaf Farms
Reds Best

## MONDAY

Breakfast: Cheerios, Fruit and Milk

Lunch: Chicken and Cheese Quesadilla,
Brown Rice, Refried
Beans, Fruit and Milk

8 Breakfast: Rice Crispies, | Fruit and Milk |
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Lunch: REDS BEST Fish Sticks, Mac and Cheese, Roasted Broccoli, Fruit and Milk
15 NO SCHOOL

22
Breakfast: Cheerios, Fruit and Milk

Lunch: Chicken Alfredo, Green Beans, Fruit and Milk

Breakfast: Rice
Crispies, Fruit and Milk
Lunch: Cheeseburger, French Fries, Fruit and Milk

TUESDAY

Breakfast: Corn
Muffin, Fruit and Milk

Lunch: Walking Chicken Tacos, Cauliflower, Fruit and Milk

## 9 <br> Breakfast: Blueberry <br> Corn Muffin, Fruit and Milk

Lunch: Ham Egg and Cheese Scramble, English Muffin, Hash Brown, Fruit and Milk


## Breakfast: Blueberry

Corn Muffin, Fruit and Milk

Lunch: Cheese Rippinz, Tater Tots, Fruit and Milk

Breakfast: Corn Muffin, Fruit and Milk

Lunch: Managers Choice, Broccoli Salad, Fruit and Milk

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

## WEDNESDAY

Brakfast: Bagel with Cream Cheese, Fruit and Milk

Lunch: Cheeseburger, French Fries, Fruit and Milk

10 Breakfast: Bagel,
Cream Cheese, Fruit and Milk

Lunch: Orange Chicken, Fried Rice, Broccoli, Fruit and Milk

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|  |  | NO SCHOOL |
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24 Breakfast: Bagel, Cream Cheese, Fruit and Milk

## Lunch: Chicken

Tenders, Pretzel with Cheese, Honey Glazed Carrots, Fruit and Milk

4
Breakfast: Waffles, Fruit and Milk

Lunch: Chicken Nuggets Buttered Pasta,
Broccoli, Fruit and Milk

11 Breakfast: Waffles, Fruit 12 and Milk

Lunch: Lasagna Roll up, Green Beans, Roll, Fruit and Milk

25
Breakfast: Waffles, Fruit and Milk

Lunch: Grilled Cheese, Baked Beans, Fruit and Milk

THURSDAY

## FRIDAY

5
Breakfast: Yogurt, Crackers, Fruit and Milk

Lunch: Max Sticks, Onion Rings, Carrots,

Fruit and Milk

Breakfast: Yogurt, Crackers, Fruit and Milk

Lunch: Anytimer, Red Peppers, Fruit and Milk

19

NO SCHOOL

26
Breakfast: Yogurt, Crackers, Fruit and Milk

Lunch: Cheese Pizza,
Sweet Potato Fries,
Salad, Fruit and Milk

