

- 2024 -

# FEBRUARY

## MONDAY

**5** **Breakfast:** Snackin Waffle, Fruit and Milk

**Lunch:** Crispy Chicken Bacon Ranch Sandwich, Mexicans Black Beans, Fruit and Milk

**12** **Breakfast:** Donut, Fruit and Milk

**Lunch:** Chicken Fajita, Rice, Wax Beans, Fruit and Milk

**19**

NO SCHOOL

**26** **Breakfast:** Snackin Waffle, Fruit and Milk

**Lunch:** Cowboy Burger, Green Beans, Fruit and Milk

## TUESDAY

**6** **Breakfast:** Benefit Bar, Fruit and Milk

**Lunch:** Chicken Broccoli Casserole, Carrots, Fruit and Milk

**13** **Breakfast:** Coffee Cake, Fruit and Milk

**Lunch:** Honey Siracha Glazed Boneless Wings, Mashed Potato, Carrots, Fruit and Milk

**20**

NO SCHOOL

**27** **Breakfast:** Benefit Bar, Fruit and Milk

**Lunch:** Chicken Tenders, Pretzel with Cheese Sauce, French Fries, Seasoned Black Beans, Fruit and Milk

## WEDNESDAY

**7** **Breakfast:** Assorted Scone, Fruit and Milk

**Lunch:** Dutch Waffle, Sausage, Hash Brown, Fruit and Milk

**14** **Breakfast:** Cinnamon Roll, Fruit and Milk

**Lunch:** Walking Taco, Refried Beans, Fruit and Milk

**21**

NO SCHOOL

**28** **Breakfast:** Assorted Scone, Fruit and Milk

**Lunch:** Pancake Egg and Sausage Sandwich, Hash Brown, Fruit and Milk

## THURSDAY

**1** **Breakfast:** Pop Tart, Yogurt, Fruit and Milk

**Lunch:** Managers Choice, Garbanzo Beans, Fruit and Milk

**8** **Breakfast:** Pancake, Fruit and Milk

**Lunch:** Philly Cheese Steak Grinders, Broccoli, Fruit and Milk

**15** **Breakfast:** Pop Tart, Yogurt, Fruit and Milk

**Lunch:** Popcorn Chicken Bowl, Peas, Fruit and Milk

**22**

NO SCHOOL

**29** **Breakfast:** Pop Tart, Yogurt, Fruit and Milk

**Lunch:** Macaroni and Cheese, Broccoli, Fruit and Milk

## FRIDAY

**2** **Breakfast:** Muffin, String Cheese, Fruit and Milk

**Lunch:** Stuffed Crust Pizza, Green Beans, Fruit and Milk

**9** **Breakfast:** Managers Choice, Fruit and Milk

**Lunch:** Max Sticks, Cauliflower, Fruit and Milk

**16** **Breakfast:** Muffin, String Cheese, Fruit and Milk

**Lunch:** Managers Choice, Garden Salad, Fruit and Milk

**23**

NO SCHOOL

## Knox Trail Middle School & David Prouty High

Alternate Cold Meal Menu:

**Monday-** Turkey and Cheese Sandwich

**Tuesday-** Ham and Cheese Munchable

**Wednesday-** Bagel Munchable

**Thursday-** Yogurt Parfait

**Friday-** Ham and Cheese Sandwich

**Salads and Sun butter sandwiches are offered every day!**

**This month we will be serving fresh produce from the following farms:**

- Breezeland Orchard
- Joe Czaikowski Farm
- Pioneer Valley Growers association
- Autumn Hills Orchard