



Fast Brookfield

Pre School & Head Start

Pre School Alternate Meals:

Monday- Ham and Cheese Munchable Tuesday- Turkey and Cheese sandwich Wednesday- Nacho Munchable Thursday- Salad with protein and Roll Friday- Ham and Cheese

- -Pioneer Valley Growers association

MONDAY

NO SCHOOL

Breakfast: Mini Frosted

Wheats, Fruit and 1%

White Milk

Lunch: Chicken Cheese

Steak, French Fries,

Fruit and 1% White Milk

NO SCHOOL

Breakfast: Kix Cereal.

Fruit and 1% White Milk

Lunch: Macaroni and

Cheese, Green Beans,

Fruit and 1% White Milk

Breakfast: Rice

Crispies, Fruit and 1%

White Milk

Lunch: Chop Suey,

Carrots, Fruit and 1%

White Milk

TUESDAY

Breakfast: BB Corn Muffin, Fruit and 1% White Milk

Lunch: Cheese Crunchers, Baked Beans, Fruit and 1% White Milk

Breakfast: Corn Muffin.

Fruit and 1% White Milk

Lunch: Chicken Patty Sandwich, Green Beans, Fruit and 1% White Milk

Breakfast: BB Corn Muffin, Fruit and 1% White Milk

> Lunch: Ham Egg and Cheese on a croissant. Smile Fries, Fruit and 1% White Milk

Breakfast: Corn Muffin. Fruit and 1% White Milk

> Lunch: Taco Max Sticks, Corn, Fruit and 1% White Milk

Breakfast: BB Corn Muffin, Fruit and 1% White Milk

> Lunch: Orange Chicken, Rice, Broccoli, Fruit and 1% White

WEDNESDAY

Breakfast: Bagel with Cream Cheese, Fruit and 1% White Milk

> Lunch: Chicken Nuggets, Cauliflower, Fruit and 1% White Milk

Breakfast: Waffle. Fruit Breakfast: Bagel with and 1% White Milk Cream Cheese, Fruit

Lunch: Beef Taco, Seasoned Black Beans. Fruit and 1% White Milk

and 1% White Milk

Breakfast: Bagel with Cream Cheese. Fruit and 1% White Milk

Lunch: Cheeseburger, Carrots, Fruit and 1% White Milk

Breakfast: Bagel with Cream Cheese, Fruit and 1% White Milk

Lunch: Chicken Pot Pie, Biscuit, Italian Garbanzo Beans, Fruit and 1% White Milk

Breakfast: Bagel with Cream Cheese, Fruit and 1% White Milk

> Lunch: Meatloaf, Mashed Potato, Roll, Fruit and 1% White Milk

THURSDAY

Breakfast: Pancake, Fruit and 1% White Milk

Lunch:

Lunch: Chicken Lo

Mein, Egg Roll,

Steamed Carrots, Fruit

and 1% White Milk

French Toast, Sausage Patty, Hash Brown, Fruit and 1% White Milk

Crackers, Fruit and 1%

Lunch: Cheese Pizza, Caesar Salad, Fruit and 1% White Milk

Breakfast: Yogurt,

White Milk

Breakfast: Yogurt, Crackers, Fruit and 1% White Milk

> Lunch: Max Sticks, Broccoli, Fruit and 1% White Milk

Breakfast: Pancake. Fruit and 1% White Milk

> Lunch: Managers Choice, Broccoli, Fruit and 1% White Milk

25 Breakfast: Waffle, Fruit

and 1% White Milk

Lunch: Grilled Ham and

Cheese Sandwich,

Sweet Potato Fries, Fruit

and 1% White Milk

½ Day Breakfast: Yogurt, Crackers. Fruit and 1% White Milk

Lunch: Anytimer, Sliced Cucumbers, Fruit and 1% White Milk

Breakfast: Yogurt, Crackers, Fruit and 1% White Milk

> Lunch: Cheese Pizza, Garden Salad, Fruit and 1% White Milk



Elementary School:

Sandwich

This month we will be serving fresh produce from the following farms:

- -Little Leaf Farms
- -Joe Czaikowski Farm
- Autumn Hills Orchard