

Redwood High School April Lunch Menu

One full reimbursable Lunch Meal is "FREE" to all Students

April
2024

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1 MONDAY

Fruit NO SCHOOL

2 TUESDAY

Classic Cafe Sloppy Joe on a Bun

Diner Station Hamburger on a Bun, Corn Dog

Fresh Express Buffalo Chicken Wrap, OR, Chicken Caesar Salad with Dinner Roll

Vegetables Kettle Potato Chips, Choice Of Vegetables

Fruit Choice Of Fruit

3 WEDNESDAY

Classic Cafe Corn Dog

Diner Station Cheeseburger on a Bun, OR, Turkey Hot Dog on Whole Grain Bun

Fresh Express Buffalo Chicken Wrap, OR, Crispy Chicken Salad with Dinner Roll

Vegetables Baked Beans, Cucumber Ranch Salad, Choice Of Vegetables

Fruit Choice Of Fruit

4 THURSDAY

Classic Cafe BBQ Rib Sandwich, Rice Krispie Treat

Diner Station Hamburger on a Bun, OR, Fish Sandwich w/Cheese

Fresh Express Buffalo Chicken Wrap, OR, Chicken Caesar Salad with Dinner Roll

Vegetables Golden French Fries, Choice Of Vegetables

Fruit Choice Of Fruit

5 FRIDAY

Classic Cafe Frito Chili Pie

Diner Station OR, Cheeseburger on a Bun, Chicken Tacos

Fresh Express Buffalo Chicken Wrap, OR, Chicken Caesar Salad with Dinner Roll

Vegetables Refried Beans, Choice Of Vegetables

Fruit Choice Of Fruit

EXTRA INFO

Harvest of the Month



Milk choice of skim or chocolate skim is included with the Lunch Meal.

For question or comments please contact Betty Garza, FSD at (507) 644-8012 or email: bgarza@redwoodareaschools.com

Menus are subject to change without notice. This institution is an equal opportunity provider.

www.taheer.com

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8
MONDAY

- Classic Cafe** Max Sticks with Marinara Sauce
- Diner Station** Cheeseburger on a Bun, OR, Crispy Chicken Sandwich
- Fresh Express** Turkey BLT Wrap, OR, Chef Salad
- Vegetables** Steamed Peas, Choice Of Vegetables
- Fruit** Choice Of Fruit

9
TUESDAY

- Classic Cafe** Rolled Beef Enchiladas, Rip Stick Breadstick
- Diner Station** Hamburger on a Bun, OR, Spicy Chicken Patty on Bun
- Fresh Express** Turkey BLT Wrap, OR, Chef Salad
- Vegetables** Refried Beans, Choice Of Vegetables
- Fruit** Choice Of Fruit

10
WEDNESDAY

- Classic Cafe** Homemade Salisbury Steak, Dinner Roll
- Diner Station** Crispy Chicken Sandwich, OR, Cheeseburger on a Bun
- Fresh Express** Turkey BLT Wrap, OR, Chef Salad
- Vegetables** Steamed Corn, Choice Of Vegetables
- Fruit** Choice Of Fruit

11
THURSDAY

- Classic Cafe** Pasta with Meatsauce, Garlic Toast
- Diner Station** Hamburger on a Bun, OR, Italian Meatball Sub
- Fresh Express** Turkey BLT Wrap, OR, Chef Salad
- Vegetables** Choice Of Vegetables
- Fruit** Choice Of Fruit

12
FRIDAY

- Classic Cafe** Chicken & Gravy, Dinner Roll
- Diner Station** Cheeseburger on a Bun, OR, BBQ Rib Sandwich
- Fresh Express** Turkey BLT Wrap, OR, Chef Salad
- Vegetables** Mashed Potatoes, Choice Of Vegetables
- Fruit** Choice Of Fruit

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MONDAY

- Classic Cafe** Crispy Chicken Tenders, Garlic Breadstick
- Diner Station** Hamburger on a Bun, OR, Crispy Chicken Sandwich
- Fresh Express** Ham and Cheese Charcuterie, OR, Chef Salad with Dinner Roll
- Vegetables** Cheesy Mashed Potatoes, Choice Of Vegetables
- Fruit** Choice Of Fruit

16

TUESDAY

- Classic Cafe** Hot Dog, Half, Whole Grain Dinner Roll
- Diner Station** Cheeseburger on a Bun, OR, Beef Hot Dog on a Bun
- Fresh Express** Ham and Cheese Charcuterie, OR, Chef Salad with Dinner Roll
- Vegetables** Tater Tots, Choice Of Vegetables
- Fruit** Choice Of Fruit

17

WEDNESDAY

- Classic Cafe** Beef Stew, Dinner Roll
- Diner Station** Hamburger on a Bun, OR, Oven Roasted Brat on a Bun
- Grab & Go** Ham and Cheese Charcuterie, Chef Salad with Dinner Roll
- Vegetables** White Rice, Choice Of Vegetables
- Fruit** Choice Of Fruit

18

THURSDAY

- Classic Cafe** Turkey BLT Flatbread, Beef Vegetable Soup
- Diner Station** Cheeseburger on a Bun, OR, Spicy Chicken Patty on Bun
- Fresh Express** Ham and Cheese Charcuterie, OR, Chef Salad with Dinner Roll
- Vegetables** Chips, Choice Of Vegetables
- Fruit** Choice Of Fruit

19

FRIDAY

- Classic Cafe** Lasagna, Garlic Toast
- Diner Station** Hamburger on a Bun, OR, BBQ Rib Sandwich
- Fresh Express** Ham and Cheese Charcuterie, OR, Chef Salad with Dinner Roll
- Vegetables** Choice Of Vegetables
- Fruit** Choice Of Fruit

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MONDAY

- Classic Cafe** Italian Meatball Sub, Sun Chips
- Diner Station** Cheeseburger on a Bun, OR, Corn Dog
- Fresh Express** Honey Mustard Ham Wrap, OR, Cravin Chicken Salad with Garlic Toast
- Vegetables** Baked Beans, Choice Of Vegetables
- Fruit** Choice Of Fruit

23

TUESDAY

- Classic Cafe** Chili Dog
- Diner Station** Hamburger on a Bun, OR, Spicy Chicken Patty on Bun
- Fresh Express** Honey Mustard Ham Wrap, OR, Cravin Chicken Salad with Garlic Toast
- Vegetables** Tri Tater, Choice Of Vegetables
- Fruit** Choice Of Fruit

24

WEDNESDAY

- Classic Cafe** Beefy Nachos w/Cheese Sauce
- Diner Station** Crispy Chicken Sandwich, OR, Hamburger on a Bun
- Fresh Express** Honey Mustard Ham Wrap, OR, Cravin Chicken Salad with Dinner Roll
- Vegetables** Refried Beans, Choice Of Vegetables
- Fruit** Choice Of Fruit

25

THURSDAY

- Classic Cafe** Cheese Pizza, Cookies
- Diner Station** Cheeseburger on a Bun, OR, BBQ Rib Sandwich
- Fresh Express** Honey Mustard Ham Wrap, OR, Cravin Chicken Salad with Dinner Roll
- Vegetables** Choice Of Vegetables
- Fruit** Choice Of Fruit

26

FRIDAY

- Classic Cafe** Chef Choice
- Diner Station** Hamburger on a Bun, OR, BBQ Rib Sandwich
- Fresh Express** Honey Mustard Ham Wrap, OR, Cravin Chicken Salad with Dinner Roll
- Vegetables** Steamed Corn, Choice Of Vegetables
- Fruit** Choice Of Fruit

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MONDAY

- Classic Cafe** Grilled Ham & Cheese Sandwich
- Diner Station** Bun, Hamburger WG White Wheat, OR, Crispy Chicken Sandwich
- Fresh Express** Crispy Chicken Wrap, OR, Chef Salad
- Vegetables** Breakfast Potatoes, Choice Of Vegetables
- Fruit** Choice Of Fruit

THURSDAY

30

TUESDAY

- Classic Cafe** French Toast Sticks, Sausage Patty
- Diner Station** Bun, Hamburger WG White Wheat, OR, Crispy Chicken Sandwich
- Fresh Express** Crispy Chicken Wrap, OR, Chef Salad
- Vegetables** Breakfast Potatoes, Choice Of Vegetables
- Fruit** Fruit

FRIDAY

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