

Gilchrist County Elementary Schools September 2023 Menu

HELLO
September

This institution is an equal opportunity provider.
Menus are subject to change.

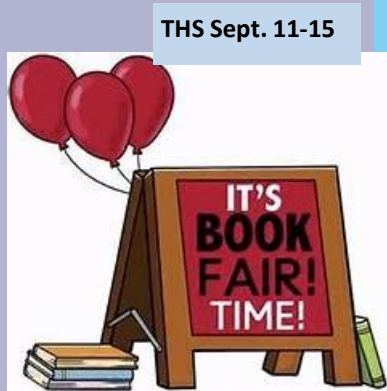


TES Sept. 8

Friday, Sept. 1

Breakfast
Dutch Waffle
Fruit Selection
100% Fruit Juice
Milk

Lunch
Pizza Bagels
California Blend
Tossed Salad
Fruit Slushie
Milk



Tuesday, Sept. 5

Breakfast
Pop Tarts
Fruit Selection
100% Fruit Juice
Milk

Lunch
Soft Beef or Chicken Tacos
Corn
Black Beans
Taco Trimmings
Fruit Selection
Milk

Wednesday, Sept. 6

Breakfast
Yogurt Parfait
Fruit Selection
100% Fruit Juice
Milk

Lunch
Mac-N-Cheese
Roll
OR
Mini Calzones
Steamed Spinach
Glazed Carrots
Fruit Selection; Milk

Thursday, Sept. 7

Breakfast
Pancake w/Sausage
Fruit Selection
100% Fruit Juice
Milk

Lunch
Lasagna Roll Up
Breadstick
Green Beans
Tossed Salad
Fruit Selection
Milk

Friday, Sept. 8

Breakfast
Mini Waffles
Fruit Selection
100% Fruit Juice
Milk

Lunch
Pizza
OR
Stromboli
Steamed Broccoli
Cucumber Slices
Fruit Slushie
Milk



Monday, Sept. 11

Breakfast
Mini Pancakes
Fruit Selection
100% Fruit Juice
Milk

Lunch
Popcorn Chicken
Roll
Mashed Potatoes
Caesar Salad
Fruit Selection
Milk

Tuesday, Sept. 12

Breakfast
Bagel w/Cream Cheese
Fruit Selection
100% Fruit Juice; Milk

Lunch
Hot Dog
Baked Beans
OR
Pot Stickers
Crunchy Asian Salad
Broccoli
Fruit Selection
Milk

Wednesday, Sept. 13

Breakfast
Scrambled Eggs w/Toast
Fruit Selection
100% Fruit Juice
Milk

Lunch
Hamburger
French Fries
Cucumber Slices
Sandwich Trimmings
Peach Crisp
Milk

Thursday, Sept. 14

Breakfast
Breakfast Bites
Fruit Selection
100% Fruit Juice
&Milk

Lunch
Mandarin Chicken
Steamed Rice
Steamed Carrots
Caesar Salad
Fruit Selection
Milk

Friday, Sept. 15

Breakfast
Muffin
Fruit Selection
100% Fruit Juice
Milk

Lunch
Pizza
Roasted Mushrooms w/Garlic
California Blend
Fruit Slushi
Milk

Monday, Sept. 18

Breakfast

Pancake Sausage Sandwich
Fruit Selection
100% Fruit Juice
Milk

Lunch

Italian Meatballs
Breadstick
Green Beans
Steamed Cauliflower
Fruit Selection
Milk

Tuesday, Sept. 18

Breakfast

French Toast
Fruit Selection
100% Fruit Juice
Milk

Lunch

Redneck Nachos
French Fries
Baked Beans
Fruit Selection
Milk

Wednesday, Sept. 19

Breakfast

Breakfast Pizza
Fruit Selection
100% Fruit Juice
Milk

Lunch

Dill Chicken Bites
French Fries
Fresh Baby Carrots
Fruit Selection
Milk

Thursday, Sept. 20

Breakfast

Sausage Biscuit
Fruit Selection
100% Fruit Juice
Milk

Lunch

Salisbury Steak
Mashed Potatoes
Roll
OR
Calzone
Ranch Broccoli Salad
Fruit Selection; Milk

Friday, Sept. 21

Breakfast

Dunkin Sticks
Fruit Selection
100% Fruit Juice
Milk

Lunch

Pizza w/Marinara Cup
Steamed Corn
Tossed Salad
Fruit Sluchie
Milk

**All students eat free
Breakfast and Lunch**

MEALS

Adult Breakfast \$3.00
Adult Lunch \$4.25

ENTREES

Breakfast Entré \$2.00
Lunch Entrée \$2.65

ALA CARTE

Bread \$.50	Cheese Stick \$.50
Cookie \$.25	Frozen Fruit Bar \$2.25
Ice Cream \$1.25	Mini Rice Krispie \$.25
Muffin \$1.25	Chips \$1.00
Crackers \$1.00	Vegetable serving \$.75
Fruit Serving \$.75	Yogurt \$.50
Fruit Rollup \$.75	Cereal \$.50
Rice Krispie Treat \$.75	

DRINKS

Gatorade \$1.25	Ice Drinks \$2.25
Switch Drinks \$1.50	Milk \$.50
Water \$1.00	Flavored Water \$1.25
Juice 4oz \$.50	Capri Sun \$1.25
Slushie 8oz-\$.75	10oz-\$1.50
	12oz-\$1.75

September 21



September 26

Happy Johnny Appleseed Day!



BHS HOMECOMING 9-29 @1:45p.m.



September 18-22

TES
September 25-29

Monday, Sept. 24

Breakfast

Pancake Pup
Fruit Selection
100% Fruit Juice
Milk

Lunch

Chicken-N-Waffles
French Fries
Baby Carrots w/Ranch
Fruit Selection
Milk

Tuesday, Sept. 25

Breakfast

Cinnamon Toast Cheese Bar
Fruit Selection
100% Fruit Juice
Milk

Lunch

Super Nachos
Refried Beans
Taco Trimmings
Fruit Selection
Milk

Wednesday, Sept. 26

Breakfast

Chicken-N-Waffle
Fruit Selection
100% Fruit Juice
Milk

Lunch

Corn Dog
Cole Slaw
French Fries
Fruit Selection
Milk

Thursday, Sept. 27

Breakfast

Sausage Gravy w/Biscuit
Fruit Selection
100% Fruit Juice
Milk

Lunch

Spaghetti w/Roll
OR
Pizza
Green Beans
Caesar Salad
Fruit Selection
Milk

Friday, Sept. 28

Breakfast

Dutch Waffle
Fruit Selection
100% Fruit Juice
Milk

Lunch

Pizza Bagels
California Blend
Tossed Salad
Fruit Selection
Milk

