Gilboa - Conesville Central School Menu

January 2024

	Jan. 2	Jan. 3	Jan. 4	Jan. 5
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
MENU IS	FRENCH TOAST STICKS	ENGLISH MUFFIN	MINI CINNIS	ASSORTED MUFFIN
SUBJECT TO	Lunch-	Lunch-	Lunch-	Lunch-
	Chicken Nuggets	Chicken Fajita	Pasta w/ Meatballs	Cheese Pizza
CHANGE	Rotini	Corn	Sauce	Chicken Soup
	Green Beans	Rice	Tossed Salad	Tossed Salad
	Chilled/Fresh Fruit Milk	Chilled/Fresh Fruit Milk	Chilled/Fresh Fruit Milk	Chilled/Fresh Fruit Milk
	MIIK	Milk	IVIIIK	MIIK
Jan. 8	Jan.9	Jan.10	Jan. 11	Jan.12
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	<u>BREAKFAST</u>
CROISSANT	FRENCH TOAST BITES	PANCAKES	MINI CINNIS	BREAKFAST STICK
Lunch-	Lunch-	Lunch-	Lunch-	Lunch-
Hamburger on a Roll	Taco w/ Toppings	Grilled Cheese	Beef Gravy w/ Mashed Potatoes	Cheese or Pepperoni Pizza
Sweet Potato Fries	Corn	Tomato Soup	Green Beans	Salad
Vegetable Medley	Chilled/Fresh Fruit	Broccoli	Chilled/Fresh Fruit	Chilled/Fresh Fruit
Chilled/Fresh Fruit Milk	Milk	Chilled/Fresh Fruit Milk	Milk	Milk
Jan. 15	Jan.16	Jan. 17	Jan. 18	Jan. 19
<u>Jan. 15</u>	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
NO SCHOOL	WAFFLES	BREAKFAST BAR	FRUDEL	ENGLISH MUFFIN
Martin Luther King Jr Day				
Martin Euther Ring of Day	<u>Lunch-</u>	Lunch-	<u>Lunch-</u>	Lunch-
	Fish Sticks	Sloppy Joe on a Roll	Chicken Gravy	Cheese or Sausage Pizza Tossed Salad
	Rice Vegetable Medley	Sweet Potato Puffs Peas	Biscuits Green Beans	Chilled/Fresh Fruit
	Chilled/Fresh Fruit	Chilled/Fresh Fruit	Chilled/Fresh Fruit	Milk
	Milk	Milk	Milk	
Jan. 22 BREAKFAST	Jan. 23	Jan. 24	Jan. 25 BREAKFAST	Jan. 26
BAGEL	BREAKFAST OATMEAL	BREAKFAST MINI CINNIS	FRUIT TURNOVER	BREAKFAST CROISSANT
DIGEE			Therr removen	CROISSINVI
<u>Lunch-</u>	<u>Lunch-</u>	Lunch-	Lunch-	Lunch-
Chicken Patty on a Roll French Fries	Hot Dog on a Bun Herbed Rotini	Macaroni and Cheese Cooked Beets	Mozzarella Sticks w/ Sauce Rotini	Cheese Pizza Tossed Salad
Green Peas	Baked Beans	WG Bread	Tossed Salad	Chilled/Fresh Fruit
Chilled/Fresh Fruit	Chilled/Fresh Fruit	Chilled/Fresh Fruit	Chilled/Fresh Fruit	Milk
Milk	Milk	Milk	Milk	
Jan. 29	Jan. 30	Jan. 31	DAILY	<u>SANDWICHES</u>
BREAKFAST WAFFLES	BREAKFAST MUFFINS	BREAKFAST BREAKFAST BURRITO	MILK	MON THINA
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<u>Lunch-</u>	Lunch-	Lunch-	SALAD	TUES- TURKEY
Grilled Chicken Sandwich	Walking Taco	Bagel w/ Ham and Cheese	BABY CARROTS	WED-EGG SALAD
Rice	Toppings	Rotini	FRUIT	THURS-HAM
Broccoli Chilled/Fresh Fruit	Corn Chilled/Fresh Fruit	Baked Beans Chilled/Fresh Fruit	BREAKFAST IS A CHOICE OF CEREAL OR SPECIAL	FRIDAY-PB & JELLY
Milk	Milk	Milk	PLUS MILK, JUICE, FRUIT	
			1200 Millin, GOTOL, I NOTE	



This institution is an equal opportunity provider and employer

State law requires that students must choose at least three of four components for a reimbursable breakfast, and 3 of the 5 components for lunch. One of the components must be 1/2c vegetable, 1/2c fruit, 1/2c fruit juice or fresh fruit for a reimbursable meal. If the meal does not meet the requirements a la carte prices are charged.

PRE-K-12 BREAKFAST- \$1.95, PRE-K -3 LUNCH - \$2.65, 4-12 LUNCH- \$2.90, MILK-\$.50

Additional Lunch may be purchased with cash or money from your lunch account at \$2.50 per lunch