

November 2023

		NOV. 1 BREAKFAST FRENCH TOAST STICKS Lunch- BBQ Pork Rib Patty Herbed Rotini Carrots Tossed Salad Fruit Milk	NOV. 2 BREAKFAST ENGLISH MUFFIN Lunch- Dunkers with Sauce Pasta Tossed Salad Fruit Milk	NOV. 3 BREAKFAST FRUDEL Lunch- Cheese Pizza Tossed Salad Fruit Milk
NOV. 6 BREAKFAST WAFFLES Lunch- Chicken Wrap Herbed Brown Rice Mixed Vegetable Fruit Milk	NOV. 7 BREAKFAST CROISSANT Lunch- Turkey or Bean Burrito Herbed Brown Rice Corn Tossed Salad Fruit Milk	NOV. 8 BREAKFAST MINI CINNIS Lunch- Mac and Cheese Beets WG Bread Tossed Salad Fruit Milk	NOV. 9 BREAKFAST OATMEAL Lunch- Meatball Subs Herbed Rotini Tossed Salad Fruit Milk	NOV. 10 NO SCHOOL
NOV. 13 BREAKFAST BREAKFAST BAR Lunch- Fish Sticks Herbed Rice Carrots Tossed Salad Fruit Milk	NOV.14 BREAKFAST CROISSANT Nachos w/ Diced Chicken Toppings (Lettuce, Cheese, Tomatoes and Sour Cream) Corn Fruit Milk	NOV.15 BREAKFAST PANCAKES Lunch- Grilled Cheese Tomato Soup Green Beans Tossed Salad Fruit Milk	NOV. 16 BREAKFAST BAGELS Lunch- Thanksgiving Dinner Turkey Gravy w/ Mashed Potatoes Stuffing Peas Fruit/ Cranberry Sauce Milk	NOV. 17 BREAKFAST WAFFLES Lunch- Cheese Pizza Or Pepperoni Tossed Salad Fruit Milk
NOV. 20 BREAKFAST FRENCH TOAST STICKS Lunch- Chicken Patty on a Roll Herbed Rice Mixed Vegetables Tossed Salad Fruit Milk	NOV.21 BREAKFAST OATMEAL Lunch- Hot Dog on a Roll Herbed Rotini Baked Beans Tossed Salad Fruit Milk	NOV. 22 BREAKFAST NO SCHOOL	NOV. 23 BREAKFAST THANKSGIVING	NOV. 24 BREAKFAST NO SCHOOL
NOV. 27 BREAKFAST HOMEMADE MUFFINS Lunch- Hamburger on a Bun Herbed Rotini Broccoli Tossed Salad Fruit Milk	NOV. 28 BREAKFAST BREAKFAST ON A STICK Lunch- Turkey Taco w/ Toppings (Taco Meat, Lettuce, Tomato, Cheese, Salsa) Corn Tossed Salad Fruit Milk	NOV. 29 BREAKFAST MINI CINNIS Lunch- Breakfast for Lunch Waffles Scrambled Eggs Sausage Baby Carrots Fruit Milk	NOV. 30 BREAKFAST FRUIT TURNOVER Lunch- Popcorn Chicken Bowl (Mashed Potatoes, Popcorn Chicken and Gravy) Corn Tossed Salad Fruit Milk	Sandwiches Monday- Turkey&Cheese Tuesday-Tuna Fish Wednesday-Egg Salad Thursday- Bologna Friday- Peanut Butter and Jelly



State law requires that students must choose at least three of four components for a reimbursable breakfast, and three of the five components for lunch. One of the components must be 1/2c vegetable, 1/2c fruit, 1/2c fruit juice or fresh fruit for a reimbursable meal. If the meal does not meet the requirements a la carte prices are charged

PREK-12 BREAKFAST- \$1.95, PREK -3 LUNCH - \$2.65, 4-12 LUNCH- \$2.90, MILK-\$.50
Additional Lunch may be purchased with cash or money from your lunch account at \$2.50 per lunch

This institution is an equal opportunity provider and employer