Subject: Be the First to Register for Kids Heart Challenge!



Our school's American Heart Association **Kids Heart Challenge** is coming soon! We are asking you to register for our **Kids Heart Challenge** team and help us reach our goal of 100% of our families learning the lifesaving skill of Hands-Only CPR. Last year, <u>5-year-old Phil and his</u> <u>mother, Megan</u>, saved a life because they watched the Hands-Only CPR video (part of Finn's Mission).



Get started today and be the first at our school to complete Finn's Mission!

• Register: <u>http://www2.heart.org/goto/ClaremontAvenueElementarySchool</u> or download the free "AHA Schools" app.



Complete Finn's Mission: Watch the 2-minute Hands-Only CPR video featuring cardiac arrest survivor, Damar Hamlin, and watch a music video on the warning signs of a stroke

(F.A.S.T.).

 Share with Family & Friends: Send messages via social media, text messages and/or email.

Don't forget:

*Students that raise \$150 will receive this year's Buster charm!

*Students that complete Finn's Mission will receive special recognition and a chance to win a Warmie Avocado!

*Your class can win a recess basket if your class has the greatest number of students register; have those greatest number of students that complete Finn's Mission; or have the class that raises the most life-saving donations!

Together, we are building a legacy of lifesavers, thanks for your support!

Ms. Terpanick Health and Physical Education Teacher