

# BREAKFAST



PAY FOR MEALS ONLINE  
MySchoolBucks.com

## NOVEMBER 2023 FORSAN ISD

Menu Is Subject to Change  
Milk Choices Offered Daily:  
1% White and Fat Free Chocolate  
Breakfast Prices for Students  
Elementary \$2.00 - JH/HS \$2.00

Monday

Tuesday

Wednesday

Thursday

Friday

**French Toast Sticks** <sup>6</sup>  
w. Yogurt Cup  
or  
Cereal  
Apple Slices,  
Fruit Juice & Milk

**PB&J Sandwich (ELEM)** <sup>7</sup>  
**Early Bird Sandwich (JH/HS)**  
or  
Cereal  
Sliced Peaches,  
Fruit Juice & Milk

**Pancake Wrap** <sup>8</sup>  
w. Cheese Stick  
or  
Cereal  
Apple Slices,  
Fruit Juice & Milk

**Cheese Omelet** <sup>9</sup>  
w. Biscuit & Bacon  
or  
Cereal  
Mandarin Oranges,  
Fruit Juice & Milk

**Breakfast Pizza** <sup>10</sup>  
or  
Cereal  
Applesauce Cup,  
Fruit Juice & Milk

**Muffin** <sup>13</sup>  
w. Yogurt Cup (ELEM)  
Waffles w. Bacon (JH/HS)  
or  
Cereal  
Applesauce Cup,  
Fruit Juice & Milk

**Pancakes,** <sup>14</sup>  
w. Sausage (ELEM)  
Honey Bun  
w. Yogurt (JH/HS)  
or  
Cereal  
Pineapple Tidbits,  
Fruit Juice & Milk

**Cinnamon Roll** <sup>15</sup>  
w. Bacon (ELEM)  
Sausage, Egg, Cheese  
Biscuit (JH/HS)  
or  
Cereal  
Apple Slices,  
Fruit Juice & Milk

**Breakfast Bar w.** <sup>16</sup>  
**Cheese stick (Elem)**  
**Monte Cristo Sandwich**  
(JH/HS)  
or  
Cereal  
Mandarin Oranges,  
Fruit Juice & Milk

**Breakfast Pizza** <sup>17</sup>  
or  
Cereal  
Applesauce Cup,  
Fruit Juice & Milk



**Waffles w. Bacon (ELEM)** <sup>27</sup>  
**Pancakes w. Sausage (JH/HS)**  
or  
Cereal  
Applesauce Cup  
Fruit Juice & Milk

**Honey Bun (ELEM)** <sup>28</sup>  
**Muffin (JH/HS)**  
w. Yogurt Cup  
or  
Cereal  
Mandarin Oranges,  
Fruit Juice & Milk

**French Toast Sticks** <sup>29</sup>  
w. Sausage (ELEM)  
**Morning Griddle Sandwich**  
(JH/HS)  
or  
Cereal  
Apple Slices,  
Fruit Juice & Milk

**Pancake Wrap w. Cheese** <sup>30</sup>  
**Stick (Elem)**  
**French Toast Sticks w. Bacon**  
(JH/HS)  
or  
Cereal  
Pears,  
Fruit Juice & Milk

