

NOVEMBER 2023
FORSAN ISD

Menu Is Subject to Change Milk Choices Offered Daily: 1% White and Fat Free Chocolate Breakfast Prices for Students Elementary \$2.00 - JH/HS \$2.00

Monday

MySchoolBucks.com

Tuesday

Wednesday

Donuts (JH/HS)

w. cheese stick

Breakfast Pizza (ELEM)

Cereal

Apple Slices,

Fruit Juice & Milk

Sausage & Biscuit
or
Cereal
Sliced Peaches,
Fruit Juice & Milk

Thursday

Friday

Breakfast Pizza (JH/HS) 3

Donuts
w. cheese stick (ELEM)
or
Cereal
Applesauce Cup,
Fruit Juice & Milk

French Toast Sticks
w. Yogurt Cup
or
Cereal
Apple Slices,
Fruit Juice & Milk

PB&J Sandwich (ELEM)
Early Bird Sandwich (JH/HS)
or
Cereal
Sliced Peaches,
Fruit Juice & Milk

Pancake Wrap
w. Cheese Stick
or
Cereal
Apple Slices,
Fruit Juice & Milk

Cheese Omelet
w. Biscuit & Bacon
or
Cereal
Mandarin Oranges,
Fruit Juice & Milk

Breakfast Pizza or Cereal Applesauce Cup, Fruit Juice & Milk

Muffin
w. Yogurt Cup (ELEM)
Waffles w. Bacon (JH/HS)
or
Cereal
Applesauce Cup,
Fruit Juice & Milk

Pancakes,
w. Sausage (ELEM)
Honey Bun
w. Yogurt (JH/HS)
or
Cereal
Pineapple Tidbits,
Fruit Juice & Milk

Cinnamon Roll
w. Bacon (ELEM)
Sausage, Egg, Cheese
Biscuit (JH/HS)
or
Cereal
Apple Slices,
Fruit Juice & Milk

Breakfast Bar w.
Cheese stick (Elem)

Monte Cristo Sandwich
(JH/HS)
or
Cereal
Mandarin Oranges,
Fruit Juice & Milk

Breakfast Pizza
or
Cereal
Applesauce Cup,
Fruit Juice & Milk



Waffles w. Bacon (ELEM)
Pancakes w. Sausage (JH/HS) *or*Cereal
Applesauce Cup
Fruit Juice & Milk

Honey Bun (ELEM)
Muffin (JH/HS)
w. Yogurt Cup
or
Cereal
Mandarin Oranges,
Fruit Juice & Milk

French Toast Sticks
w. Sausage (ELEM)
Morning Griddle Sandwich
(JH/HS)
or
Cereal

Apple Slices,

Fruit Juice & Milk

Pancake Wrap w. Cheese Stick (Elem)
French Toast Sticks w. Bacon (JH/HS)
or
Cereal
Pears,
Fruit Juice & Milk



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