



BREAKFAST

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

OCTOBER 2023

FORSAN ISD

Menu Is Subject to Change
Milk Choices Offered Daily:
1% White and Fat Free Chocolate
Breakfast Prices for Students
Elementary \$2.00 - JH/HS \$2.00

Monday

Pancakes w. Sausage (ELEM) **2**
Dutch Waffles w. Bacon (JH/HS)
or
Cereal
Strawberry Cup
Fruit Juice & Milk

9
Columbus Day
No School

Muffin **16**
w. Yogurt Cup (ELEM)
Waffles w. Bacon (JH/HS)
or
Cereal
Strawberry Cup,
Fruit Juice & Milk

23
Waffles w. Bacon (ELEM)
Pancakes w. Sausage (JH/HS)
or
Cereal
Strawberry Cup
Fruit Juice & Milk

Pancakes w. Sausage **30**
(ELEM)
Dutch Waffles w. Bacon (JH/HS)
or
Cereal
Strawberry Cup
Fruit Juice & Milk

Tuesday

3
Monte Cristo Sandwich (Elem)
PB&J Sandwich (JH/HS)
or
Cereal
Mandarin Oranges,
Fruit Juice & Milk

10
French Toast Sticks
w. Yogurt Cup
or
Cereal
Strawberry Cup,
Fruit Juice & Milk

17
Pancakes w. Sausage (ELEM)
Honey Bun w. Yogurt
(JH/HS)
or
Cereal
Pineapple Tidbits,
Fruit Juice & Milk

24
Honey Bun (ELEM)
Muffin (JH/HS)
w. Yogurt Cup
or
Cereal
Mandarin Oranges,
Fruit Juice & Milk

31
Monte Cristo Sandwich (Elem)
PB&J Sandwich (JH/HS)
or
Cereal
Mandarin Oranges,
Fruit Juice & Milk

Wednesday

4
Donuts
w. cheese stick
or
Cereal
Apple Slices,
Fruit Juice & Milk

11
Pancake Wrap
w. Cheese Stick
or
Cereal
Apple Slices,
Fruit Juice & Milk

18
Cheese Omelet
w. Bacon (ELEM)
Sausage, Egg, Cheese
Biscuit (JH/HS)
or
Cereal
Apple Slices,
Fruit Juice & Milk

25
French Toast Sticks
w. Sausage (ELEM)
Morning Griddle Sandwich
(JH/HS)
or
Cereal
Apple Slices,
Fruit Juice & Milk

Thursday

5
Sausage & Biscuit
or
Cereal
Sliced Peaches,
Fruit Juice & Milk

12
Cinnamon Roll
w. Bacon
or
Cereal
Mandarin Oranges,
Fruit Juice & Milk

19
Breakfast Bar w.
Cheese stick (Elem)
Monte Cristo Sandwich
(JH/HS)
or
Cereal
Mandarin Oranges,
Fruit Juice & Milk

26
Pancake Wrap w. Cheese
Stick (Elem)
French Toast Sticks w. Bacon
(JH/HS)
or
Cereal
Pears,
Fruit Juice & Milk

Friday

6
Breakfast Pizza
or
Cereal
Applesauce Cup,
Fruit Juice & Milk

13
Breakfast Pizza
or
Cereal
Applesauce Cup,
Fruit Juice & Milk

20
Breakfast Pizza
or
Cereal
Applesauce Cup,
Fruit Juice & Milk

27
Breakfast Pizza
or
Cereal
Applesauce Cup,
Fruit Juice & Milk

