

SEPTEMBER 2023

FORSAN ISD

Menu Is Subject to Change Milk Choices Offered Daily: 1% White and Fat Free Chocolate Breakfast Prices for Students Elementary \$2.00 - JH/HS \$2.00

Monday

MySchoolBucks.com

Tuesday

Wednesday

Thursday

Friday













Monte Cristo Sandwich (Elem) PB&J Sandwich (JH/HS) Cereal Mandarin Oranges, Fruit Juice & Milk

6 **Donuts** w. cheese stick or Cereal Apple Slices, Fruit Juice & Milk

Sausage & Biscuit or Cereal Sliced Peaches, Fruit Juice & Milk

Breakfast Pizza or Cereal Applesauce Cup, Fruit Juice & Milk

French Toast Sticks w. Yogurt Cup or Cereal Strawberry Cup, Fruit Juice & Milk

PB&J Sandwich (ELEM Early Bird Sandwich (JH/HS) Cereal Sliced Peaches, Fruit Juice & Milk

Pancakes,

Honey Bun

Cereal

13 Pancake Wrap w. Cheese Stick or Cereal Apple Slices, Fruit Juice & Milk

14 **Cinnamon Roll** w. Bacon or Cereal Mandarin Oranges, Fruit Juice & Milk

15 Breakfast Pizza Cereal Applesauce Cup, Fruit Juice & Milk

Muffin w. Yogurt Cup (ELEM) Waffles w. Bacon (JH/HS) or Cereal Strawberry Cup, Fruit Juice & Milk

Waffles w. Bacon (ELEM) 5 Honey Bun (ELEM) 26 Muffin (JH/HS) Pancakes w. Sausage w. Yogurt Cup (JH/HS) or Cereal Cereal Mandarin Oranges, Strawberry Cup Fruit Juice & Milk Fruit Juice & Milk

Cheese Omelet w. Sausage (ELEM) w. Bacon (ELEM) Sausage, Egg, Cheese w. Yogurt (JH/HS) Biscuit (JH/HS) or Cereal Pineapple Tidbits, Apple Slices, Fruit Juice & Milk Fruit Juice & Milk

> French Toast Sticks w. Sausage (ELEM) Morning Griddle Sandwich (JH/HS) or Cereal Apple Slices,

Breakfast Bar w. Cheese stick (Elem) Monte Cristo Sandwich (JH/HS) or Cereal Mandarin Oranges, Fruit Juice & Milk

Pancake Wrap w. Chee Stick (Elem) French Toast Sticks w. Bacon (JH/HS) or Cereal Pears,

Fruit Juice & Milk

22 Breakfast Pizza or Cereal Applesauce Cup, Fruit Juice & Milk

NO SCHOOL

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Fruit Juice & Milk