

MAX ELEMENTARY KIDS HEART CHALLENGE
(formerly known as Jump Rope for Heart)
February 21 – March 6, 2024



**We're on a Mission to help save lives and join
the AHA/NFL's Nation of Lifesavers!**

All while learning how to take care of our own hearts with heart pumping fun in PE!

WHY WE PARTICIPATE: To have fun and learn how to live a heart-healthy lifestyle. To support and celebrate the American Heart Association mission and 100th Anniversary of saving lives in every community.

New this year from the American Heart Assn:

- When 50% of our students register, we earn \$500 in bonus PE equipment! (Step 1&2 on the right)
- Students who COMPLETE Finn's Mission go into a national drawing for 2 NFL 2025 Superbowl Tickets (Step 3)
- For every 18 students who COMPLETE Finn's Mission, our school gets entered into a national drawing for \$10,000 in new PE equipment

School Incentives:

- Top student fundraiser gets to NAME the GYM and have a banner hung in their honor
- Complete Finn's Mission for photo on HERO Wall
- Top class earns Free Choice Day in PE for a week
- Drawings for Warmies, Hero Bundles and more for participation

Help achieve our goal of growing heart healthy habits and helping to save lives this year. Every donation makes a difference to the AHA's lifesaving mission and earning more resources for our school!

Sincerely,

Mr. Thompson

PE Teacher & Kids Heart Challenge Coordinator

Donation envelopes for cash/checks should be returned by: March 6th

**Max Elementary
Lifesaver QR Code**



Joining the Nation of Lifesavers is as easy as 1-2-3!

Step 1-Sign up for your school: Scan the code below, go to <https://www2.heart.org/goto/maxpublicschool> or download the AHA Schools App to get started.

Step 2-LEARN HANDS-ONLY CPR! Online, you'll see **Finn's Mission** and can learn this skill in under two minutes! **Did you know?** Immediate CPR from someone nearby can double a person's chance of survival.

Step 3-BE A LIFESAVER by completing all 7 challenges in **Finn's Mission!** You'll earn Finn's Lifesaver Honors and entry into a national drawing for two 2025 Superbowl Tickets.

1. Hands-Only CPR video and quiz
2. Warning Signs of Stroke video and quiz
3. Edit Your Personal Page
4. Donate to Yourself
5. Send Messages to Family and Friends
6. Share on Social (can opt out, if desired)
7. Receive at Least One Donation from Another Person