

**Sinclairville Elementary School
Pre-K Breakfast
October 2023**

All students eat free!

Meals will be delivered to classrooms.



MENU SUBJECT TO CHANGE.

Questions about the CVCS Cafeteria? Call Heidi Ottaway at 962-8581 x1507.

For a balanced meal students must choose at least 3 components (up to 5) with one being a fruit or vegetable.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Berry Mini Waffles Applesauce Cup Low Fat Milk	3 Mini Cinni Grape Juice Low Fat Milk	4 Berry Mini Waffles ½ Fresh Banana Low Fat Milk	5 Egg & Cheese Wrap Orange Juice Low Fat Milk	6 Nature Valley Granola Round Apple Juice Low Fat Milk
9 Columbus Day  All Buildings Closed	10 French Toast Sticks Orange Juice Low Fat Milk	11 Whole Grain Blueberry Muffin Apple Juice Low Fat Milk	12 Honey Cheerios ½ Fresh Banana Low Fat Milk	13 Breakfast on a Stick Craisins Low Fat Milk
16 Berry Mini Waffles Applesauce Cup Low Fat Milk	17 Mini Cinni Grape Juice Low Fat Milk	18 Breakfast Super Donut Apple Juice Low Fat Milk	19 Egg & Cheese Wrap Orange Juice Low Fat Milk	20 Nature Valley Granola Round Apple Juice Low Fat Milk
23 Apple Frudel Orange Juice Low Fat Milk	24 Cinnamon Toast Crunch Cereal ½ Banana Low Fat Milk	25 Whole Grain Chocolate Chip Muffin Apple Juice Low Fat Milk	26 Egg & Cheese Wrap Grape Juice Low Fat Milk	27 Mini French Toast Fruit Cup Low Fat Milk
30 Crunchmania Cinnamon Buns Apple Juice Low Fat Milk	31 Happy Halloween! Halloween Funnel Cake Orange Juice Low Fat Milk			