

Sinclairville Elementary School

October 2023 Breakfast

All students eat free!

ALSO AVAILABLE

- Assorted Cereal
- Breakfast Pastries
- Breakfast Bars
- Assorted Fruit and Fruit Cups
- Assorted Fruit Juices



MENU SUBJECT TO CHANGE.

Questions about the CVCS Cafeteria? Call Heidi Ottaway at 962-8581 x1507.

For a balanced meal students must choose at least 3 components (up to 5) with one being a fruit or vegetable.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Warm Mini Cinni Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	3 Breakfast Pizza Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	4 Mini Waffles Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	5 Breakfast Sandwich Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	6 Breakfast on a Stick Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk
9 COLUMBUS DAY  ALL BUILDINGS CLOSED	10 Warm Frudel Pastry Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	11 Mini Pancakes Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	12 Breakfast Sandwich Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	13 Mini French Toast Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk
16 Warm Mini Cinni Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	17 Breakfast Pizza Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	18 Mini Waffles Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	19 Breakfast Sandwich Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	20 Breakfast on a Stick Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk
23 Warm Frudel Pastry Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	24 Breakfast Taco Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	25 Mini Pancakes Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	26 Breakfast Sandwich Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	27 Mini French Toast Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk
30 Warm Mini Cinni Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk	31 Happy Halloween! Halloween Funnel Cake Fruit Cup or Fresh Fruit Fruit Juice Low Fat Milk			