

Lunch Menu



RONDOUT SCHOOL
and District 72

September 2023

| Mon | Tue | Wed | Thu | Fri |
|--|---|--|---|---|
| | | | | 1 Beef Hotdog, Chips/ Fresh Fruit |
| 4 Labor Day No School | 5 Chicken Fingers Green Beans, Jello | 6 Pasta w/wo Meatballs and Sauce Bread, Cucumber Slices | 7 Hamburgers w/wo Cheese Chips Fruit Snack | 8 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce |
| 11 Beef Corndog Baked Tater Tots, Carrot Sticks | 12 Italian Beef Sandwich Chips | 13 Sub Sandwiches: Turkey, Ham or Cheese Applesauce | 14 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 15 Chicken Wild Rice Soup Bread Cookie |
| 18 Chicken Filet Rice Green Beans Mandarin Oranges | 19 Beef Tacos w/ Cheese, Lettuce, Tomato | 20 Sloppy Joe Corn | 21 Pasta w/wo Alfredo Sauce or Buttered Noodle Bread, Broccoli | 22 Chicken Vegetable Stir Fry Rice |
| 25 Mac and Cheese or Buttered Noodles Peas | 26 Chicken Ranch Wrap Tortilla/Bacon/ Lettuce/ Tomato/ Cheddar Cheese | 27 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 28 Burrito Bowl Grilled Chicken, Rice, Black Beans, Corn, Cheese, Chipotle Ranch Dressing | 29 *8th Grade Selected Falcon Favorite |

Milk is included with Lunch
Vegetarian Sandwich Available Daily
Students who purchase lunch will have access to the salad bar,
which contains a variety of fruits,
vegetables and other lunch enhancements.
Salad bar offerings vary daily.
The Menu is Subject to change without notice.

***Monthly**
Falcon Favorites
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Updated 9.12.23

Lunch Menu



RONDOUT SCHOOL
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October 2023

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|
| 2 Cheese/ Pepperoni Pizza Salad | 3 Grilled Cheese Tomato Soup | 4 BBQ Pork Sandwich Tater Tots | 5 Chicken Sandwich w/wo Cheese Chips | 6 Pasta w/wo Meatballs and Sauce, Bread, Cucumber Slices |
| 9 Columbus Day No School | 10 Noodle Mania w/wo Marinara Sauce Broccoli | 11 Hamburger w/wo Cheese Chips, Fresh Fruit | 12 Chicken Fingers Green Beans, Jello | 13 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce |
| 16 Mac and Cheese or Buttered Noodles Peas | 17 Beef Tacos w/ Cheese, Lettuce, Tomato | 18 Italian Beef Sandwich Baked Tater Tots | 19 Chicken Ranch Wrap Tortilla/Bacon/ Lettuce/ Tomato/ Cheddar Cheese Peaches | 20 Sub Sandwiches: Turkey, Ham or Cheese Applesauce Teddy Grahams |
| 23 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 24 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 25 Burrito Bowl Grilled Chicken, Rice, Black Beans, Corn, Cheese, Chipotle Ranch Dressing | 26 *7th Grade Selected Falcon Favorite | 27 11:30 a.m. Early Dismissal Grades K-8 |
| 30 Chicken Fillet Rice Broccoli | 31 Hamburger w/wo Cheese Chips, Fresh Fruit | | | |

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November 2023

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|--|
| | | 1 Pasta w/wo Meatballs and Sauce, Bread, Cucumber Slices | 2 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce | 3 Cheese/ Pepperoni Pizza Salad |
| 6 Mac and Cheese or Buttered Noodles Peas | 7 Chicken Vegetable Stir Fry Rice | 8 Italian Beef Sandwich Baked Tater Tots | 9 Sub Sandwiches: Turkey, Ham or Cheese Applesauce Teddy Grahams | 10 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce |
| 13 Chicken Fillet Rice Broccoli | 14 Beef Tacos w/ Cheese, Lettuce, Tomato | 15 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 16 Burrito Bowl Grilled Chicken, Rice, Black Beans, Corn, Cheese, Chipotle Ranch Dressing | 17 Beef Hotdog, Chips/ Fresh Fruit |
| 20 Noodle Mania w/wo Marinara Sauce Broccoli | 21 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 22 No School | 23 Thanksgiving Day No School | 24 No School |
| 27 Beef Corndog Baked Tater Tots Carrot Sticks | 28 Chicken Sandwich w/wo Cheese Chips | 29 *6th Grade Selected Falcon Favorite | 30 11:30 a.m. Early Dismissal Grade K-8 | |

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RONDOUT SCHOOL
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December 2023

| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|--|
| | | | | 1 Parent -Teacher Conferences No School |
| 4 Chicken Fingers Green Beans, Jello | 5 Hamburgers w/wo Cheese Chips Fruit Snack | 6 Lasagna Roll Marinara Sauce Bread, Green Beans | 7 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce | 8 Cheese/ Pepperoni Pizza Salad |
| 11 Italian Beef Sandwich Baked Tater Tots | 12 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 13 Sub Sandwiches: Turkey, Ham or Cheese Applesauce Teddy Grahams | 14 Burrito Bowl Grilled Chicken, Rice, Black Beans, Corn, Cheese, Chipotle Ranch Dressing | 15 Beef Hotdog, Chips/ Fresh Fruit |
| 18 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 19 Beef Tacos w/ Cheese, Lettuce, Tomato | 20 *5th Grade Selected Falcon Favorite | 21 Breakfast Bar Cereals and Breakfast Foods | 22 No School |
| 25 Christmas Day No School | 26 No School | 27 No School | 28 No School | 29 No School |

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RONDOUT SCHOOL
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January 2024

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|---|--|
| 1 New Year's Day No School | 2 No School | 3 No School | 4 No School | 5 No School |
| 8 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 9 Beef Tacos w/ Cheese, Lettuce, Tomato | 10 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 11 Chicken Noodle Soup Roll Cookie | 12 Hamburger w/wo Cheese Chips, Fresh Fruit |
| 15 Martin Luther King Day No School | 16 Cheese/ Pepperoni Pizza Salad | 17 Chicken Sandwich w/wo Cheese Chips | 18 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce | 19 Sloppy Joe Corn |
| 22 Noodle Mania w/wo Marinara Sauce Broccoli | 23 Italian Beef Sandwich Baked Tater Tots | 24 Grilled Cheese Tomato Soup | 25 Sub Sandwiches: Turkey, Ham or Cheese Applesauce Teddy Grahams | 26 *4th Grade Selected Falcon Favorite |
| 29 Chicken Filet Rice Green Beans Mandarin Oranges | 30 Beef Hotdog, Chips/ Fresh Fruit | 31 Pasta w/wo Alfredo Sauce or Buttered Noodle Bread, Broccoli | | |

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February 2024

| Mon | Tue | Wed | Thu | Fri |
|--|---|---|--|--|
| | | | 1 Hamburgers w/wo Cheese Chips Fruit Snack | 2 11:30 a.m. Early Dismissal Grades K-8 |
| 5 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 6 Cheese/ Pepperoni Pizza Salad | 7 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce | 8 Pasta w/wo Meatballs and Sauce Bread, Cucumber Slices | 9 Hamburgers w/wo Cheese Chips Fruit Snack |
| 12 Chicken Vegetable Stir Fry Rice | 13 Beef Tacos w/ Cheese, Lettuce, Tomato | 14 Grilled Cheese Tomato Soup | 15 Beef Hotdog, Chips/ Fresh Fruit | 16 Cheese Pizza Salad |
| 19 Presidents Day No School | 20 Italian Beef Sandwich Baked Tater Tots | 21 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 22 *3rd Grade Selected Falcon Favorite | 23 Noodle Mania w/wo Marinara Sauce Broccoli |
| 26 Mac and Cheese or Buttered Noodles Peas | 27 Chicken Ranch Wrap Tortilla/Bacon/ Lettuce/ Tomato/ Cheddar Cheese Peaches | 28 Sloppy Joe Corn | 29 *School Wide Selected Falcon Favorite | |

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March 2024

| Mon | Tue | Wed | Thu | Fri |
|--|--|---|--|---|
| | | | | 1 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce |
| 4 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 5 Beef Hotdog, Chips/ Fresh Fruit | 6 Chicken Sandwich w/wo Cheese Chips | 7 Sloppy Joe Corn | 8 Cheese Pizza Salad |
| 11 Chicken Fingers Green Beans, Jello | 12 Hamburger w/wo Cheese Chips, Fresh Fruit | 13 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 14 Beef Corndog Baked Tater Tots, Carrot Sticks | 15 Noodle Mania w/wo Marinara Sauce Broccoli |
| 18 Mac and Cheese or Buttered Noodles Peas | 19 Italian Beef Sandwich Baked Tater Tots | 20 Cheese Quesadilla Rice | 21 *2nd Grade Selected Falcon Favorite | 22 Breakfast Bar Cereals and Breakfast Foods |
| 25 No School | 26 No School | 27 No School | 28 No School | 29 No School |

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April 2024

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|---|--|
| 1 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 2 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 3 Chicken Sandwich w/wo Cheese Chips | 4 Grilled Cheese Tomato Soup | 5 Hamburgers w/wo Cheese Chips Fruit Snack |
| 8 Mac and Cheese or Buttered Noodles Peas | 9 Beef Tacos w/ Cheese, Lettuce, Tomato | 10 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce | 11 Lasagna Roll Marinara Sauce Bread, Green Beans | 12 Mediterranean Pita Sandwich Rice |
| 15 Cheese/ Pepperoni Pizza Salad | 16 Chicken Ranch Wrap Tortilla/Bacon/ Lettuce/ Tomato/ Cheddar Cheese | 17 Pasta w/wo Meatballs and Sauce Bread, Cucumber Slices | 18 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 19 Beef Hotdog, Chips/ Fresh Fruit |
| 22 Chicken Filet Rice Green Beans Mandarin Oranges | 23 Pasta w/wo Alfredo Sauce or Buttered Noodle Bread, Broccoli | 24 Hamburgers w/wo Cheese Chips Fruit Snack | 25 *1st Grade Selected Falcon Favorite | 26 11:30 a.m. Early Dismissal Grades K-8 |
| 29 Noodle Mania w/wo Marinara Sauce Broccoli | 30 Sloppy Joe Corn | | | |

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May 2024

| Mon | Tue | Wed | Thu | Fri |
|--|---|--|---|--|
| | | 1 Hamburgers w/wo Cheese Chips Fruit Snack | 2 Cheese/ Pepperoni Pizza Salad | 3 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce |
| 6 Popcorn Chicken Mashed Potatoes Gravy, Cookie | 7 Beef Tacos w/ Cheese, Lettuce, Tomato | 8 Chicken Ranch Wrap Tortilla/Bacon/ Lettuce/ Tomato/ Cheddar Cheese Peaches | 9 Pasta w/wo Meatballs and Sauce Bread, Cucumber Slices | 10 Beef Hotdog, Chips/ Fresh Fruit |
| 13 Noodle Mania w/wo Marinara Sauce Broccoli | 14 Italian Beef Sandwich Baked Tater Tots | 15 Chili Mac w/wo Cheddar Cheese or Buttered Noodles Corn | 16 Sub Sandwiches: Turkey, Ham or Cheese Applesauce | 17 Baked Potato Cheese/Broccoli/ Bacon/Butter Applesauce |
| 20 Cheese/ Pepperoni Pizza Salad | 21 Chicken Fingers Green Beans, Jello | 22 Beef Tacos w/ Cheese, Lettuce, Tomato | 23 Hamburger w/wo Cheese Chips, Fresh Fruit | 24 11:30 a.m. Early Dismissal Grades K-8 |
| 27 Memorial Day No School | 28 Noodle Mania w/wo Marinara Sauce Broccoli | 29 *Kindergarten Selected Falcon Favorite | 30 Hamburger w/wo Cheese Chips, Fresh Fruit | 31 Summer Break No School |

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