

# Northeast Bradford Elementary Lunch April May

Shelley Judge, Director of Food and Nutrition  
NortheastBradford@thenutritiongroup.biz



## What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread,  
and Choice of Milk

*\*Students must choose at least one fruit or vegetable*



## Fresh Fruits and Vegetables Offered Daily

\*Vegetables may include:

Broccoli Florets  
Baby Carrots  
Dark Leafy Greens  
Legume Salads  
Celery & Cucumber

\*May choose two 1/2 cup servings

\*Fruits may include:

Crisp Apple  
Sliced Peaches  
Mixed Fruit  
Fresh Orange  
Banana  
Pineapple Tidbits  
Diced Pears  
Applesauce  
\*May choose one 1/2 cup serving

**MENUS SUBJECT TO CHANGE**



## Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,  
Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Alternates
4/8 Rotini and Sauce Garlic Toast Broccoli Chilled Pears Low Fat Milk  <b>Molly the Cow Visits NEB!!</b>	4/9 Beef Nachos with Cheddar Cheese Sauce Rice Buttered Corn Chilled Peaches Low Fat Milk  <b>Molly the Cow Visits NEB!!</b>	4/10 Cheesy Tator Tot Casserole Glazed Carrots Diced Pears Low Fat Milk	4/11 Pulled Pork Sandwich Sweet Peas Mandarin Oranges Low Fat Milk	4/12 Cheese Pizza Green Beans Apple Low Fat Milk	Week 1 Hot Dog on a Bun Ham & Cheese Sandwich PB& J
4/15 Popcorn Chicken Bowl Sweet Corn Pineapple Tidbits Low Fat Milk	4/16 Taco Tuesday Chicken Fajita Nachos Mixed Vegetables Diced Pears Low Fat Milk	4/17 Breakfast for Lunch French Toast Sticks w. Sausage Patties Tater Tots Cinnamon Apples Low Fat Milk	4/18 Sweet & Sour Chicken Bowl Rice Sweet Peas Fresh Pineapple Low Fat Milk	4/19 Pepperoni Pizza Steamed Broccoli Mixed Berry Applesauce Low Fat Milk	Week 2 Pork BBQ Sandwich Breaded Chicken & Cheese Wrap PB & J
4/22 Hot Ham & Cheese Sand- wich Sweet Potatoes Fresh Oranges Low Fat Milk	4/23 Taco Tuesday Pulled Pork Nachos Sweet Corn Assorted Juice Low Fat Milk	4/24 Shepherds Pie w/ Sliced Bread Mashed Potatoes Chilled Peaches Low Fat Milk	4/25 Chicken Quesadilla Baked Beans Cinnamon Apples Low Fat Milk	4/26 Italian Dunkers Buttered Carrots Fresh Oranges Low Fat Milk	Week 3 Cheeseburger on a Bun Ham & Cheese Hoagie PB& J
4/29 Macaroni & Cheese w/ Sliced Bread Golden Corn Pineapple Tidbits Low Fat Milk	4/30 Taco Tuesday Beef Tacos Black Bean & Corn Salad Fresh Apple Low Fat Milk	5/1 Meat Ball Sub Sweet Potato Fries Fresh Banana Low Fat Milk	5/2 Pork & Gravy Over Biscuits Mashed Potatoes Assorted Juice Low Fat Milk	5/3 Pepperoni Pizza Buttered Carrots Craisins Low Fat Milk	Week 4 Chicken Nuggets w. Sliced Bread Italian Hoagie PB& J
5/6 Pasta w/ Meatballs & Garlic Bread Italian Green Beans Peaches Low Fat Milk	5/7 Taco Tuesday Chicken Nachos Buttered Corn Fresh Banana Low Fat Milk	5/8 Sloppy Joes over French Fries and Biscuit Cinnamon Apples Low Fat Milk	5/9 Salisbury Steak w/ B uttered Noodles Mashed Potatoes w. Gravy Fruit Cocktail Low Fat Milk	5/10 Picnic Day Hamburger/Hot Dog Baked Beans Fruit Salad Low Fat Milk	Week 5 Chicken Patty Sandwich Turkey & Cheese Wrap PB& J
5/13 Chicken Alfredo w/Garlic Toast Steamed Broccoli Blueberries Low Fat Milk	5/14 Walking Taco Steamed Rice Buttered Corn Fresh Orange Low Fat Milk	5/15 Pierogies w/ Sliced Bread Steamed Green Beans Fresh Banana Low Fat Milk	5/16 Korean BBQ Dumplings Sweet Peas Mandarin Oranges Low Fat Milk	5/17 Cheese Pizza Mixed Vegetables Chilled Peaches Low Fat Milk	Week 6 Corn Dog on a Stick Italian Hoagie PB & J