

NEB HS Breakfast Menu for January/February

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/15 No School	1/16 Pancakes w. Topping Bar Assorted Juice Craisins Low Fat Milk	1/17 Breakfast Pizza Assorted Juice Fresh Banana Low Fat Milk	1/18 Dutch Waffle Assorted Juice Applesauce Cup Low Fat Milk	1/19 French Toast Bites Assorted Juice Fresh Orange Low Fat Milk
1/22 Egg & Cheese Burrito Assorted Juice Fresh Apple Low Fat Milk	1/23 French Toast Sticks Assorted Juice Craisins Low Fat Milk	1/24 Fruity Waffle Assorted Juice Fresh Banana Low Fat Milk	1/25 Breakfast Chicken Patty on a Biscuit Assorted Juice Applesauce Cup Low Fat Milk	1/26 Sausage, Egg, & Cheese Biscuit Assorted Juice Fresh Apple Low Fat Milk
1/29 Cinnamon Stick Assorted Juice Fresh Apple Low Fat Milk	1/30 Waffles w/ Syrup Assorted Juice Craisins Low Fat Milk	1/31 Ham & Cheese on an English Muffin Assorted Juice Fresh Orange Low Fat Milk	2/1 Choc O Crisp Waffle Assorted Juice Fresh Banana Low Fat Milk	2.2 Breakfast Chicken Patty on a Biscuit Assorted Juice Applesauce Cup Low Fat Milk
2/5 Ham & Cheese on an English Muffin Assorted Juice Fresh Orange Low Fat Milk	2/6 Breakfast Pizza Assorted Juice Fresh Banana Low Fat Milk	2/7 Yogurt w. Toast Fresh Banana Assorted Juice Low Fat Milk	2/8 Cheddar Omelet w. Toast Assorted Juice Applesauce Cup Low Fat Milk	2/9 Breakfast Pizza Assorted Juice Fresh Orange Low Fat Milk
2/12 Dutch Waffle Assorted Juice Fresh Apple Low Fat Milk	2/13 French Toast Sticks Assorted Juice Craisins Low Fat Milk	2/14 Choc O Crisp Waffle Assorted Juice Fresh Banana Low Fat Milk	2/15 Breakfast Chicken on a Biscuit Assorted Juice Applesauce Cup Low Fat Milk	2/16 No School
2/19 No School	2/20 Ham & Cheese on an English Muffin Assorted Juice Fresh Orange Low Fat Milk	2/21 French Toast Sticks Assorted Juice Craisins Low Fat Milk	2/22 Sausage, Egg, & Cheese Biscuit Assorted Juice Fresh Apple Low Fat Milk	2/23 Fruity Waffle Assorted Juice Fresh Banana Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

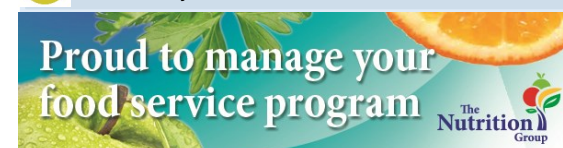
Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily
Fat Free White, Low Fat White



Whole Grains
Available Daily



Meal Prices:
BREAKFAST IS FREE FOR ALL STUDENTS IN THE NEB SCHOOL DISTRICT!

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE