

# Northeast Bradford High School Lunch Menu January/February



Director of Food & Nutrition: Shelley Judge  
northeastbradford@thenutritiongroup.biz

The Grille		Monday	Tuesday	Wednesday	Thursday	Friday	The Deli	
Breaded Chicken Sandwich Cheeseburger on a Bun		1/15 No School	1/16 Beef Tacos w. Queso or Chicken Tacos w/ Queso Golden Corn Mixed Fruit Low Fat Milk	1/17 Rib Sandwich or Bacon Cheeseburger Crispy Fries Pineapple Tidbit Low Fat Milk	1/18 <b>Action Station !</b> Macaroni & Cheese Bar Or Spicy Chicken Patty Stewed Tomatoes Pears Low Fat Milk	1/19 Meatball Sub or Panther -Fil-A Sandwich Steamed Broccoli Banana Low Fat Milk	Ham & Cheese Hoagie/Wrap Turkey & Cheese Hoagie/Wrap Tuna Salad Wrap Chicken Caesar Wrap Buffalo Chicken Wrap	
The Garden		Monday	Tuesday	Wednesday	Thursday	Friday	The Deli	
Breaded Chicken Salad Chef Salad Popcorn Chicken Salad Buffalo Chicken Salad Garden Salad w/ Egg		1/22 Sweet & Spicy BBQ Chick- en Bowl or Hot Ham & Cheese on a Pretzel Bun Steamed Carrots Chilled Pears Low Fat Milk	1/23 Chicken or Beef Walking Tacos Mixed Vegetables Applesauce Low Fat Milk	1/24 Cheeseburger on a Bun or Buffalo Chicken Panini French Fries Diced Pears Low Fat Milk	1/25 BYO Loaded Fries Pork or Beef & Cheese Loaded Fries Sweet Corn Pineapple Tidbits Low Fat Milk	1/26 Grilled Cheese Sandwich w/ Tomato Soup Or BBQ Rib on a Bun Mixed Vegetables Pineapple Tidbits Milk	Whole Grains Available Daily	
The Pizzeria		1/29 Salisbury Steak w/ Gravy or Chicken Tenders Buttered Noodles Mashed Potatoes Fresh Apple Low Fat Milk	1/30 French Toast Sticks w/ Sausage or Cheesesteak Hoagie Tater Tots Assorted Juice Low Fat Milk	1/31 Chicken Parm over Pasta or Pulled Pork Sandwich Green Beans Fresh Apple Low Fat Milk	2/1 Popcorn Chicken Bowl or Chicken & Vegetable Dumplings Golden Corn Fresh Apple Low Fat Milk	2/2 Italian Dunkers or Kickin Popcorn Chicken Glazed Carrots Fresh Banana Low Fat Milk	Accompaniments	
Cheese Pizza Pepperoni Pizza Cheesy White Pizza Sausage & Cheese Pizza Buffalo Chicken Pizza Broccoli Pizza Italian Dunkers		2/5 Pulled Pork Quesadilla or BBQ Rib Sandwich Mixed Vegetables Diced Pears Low Fat Milk	2/6 Pasta with Meatsauce or Chicken Alfredo Steamed Broccoli Juicy Peaches Low Fat Milk	2/7 White Chicken Chili or Beef & Cheese Loaded Fries Buttered Corn Pineapple Tidbits Low Fat Milk	2/8 Popcorn Chicken PoBoy or Fish Filet Sandwich Baked Fries Juicy Peaches Low Fat Milk	2/9 Chicken Nachos or Beef & Cheese Nachos Fiesta Rice Black Beans Apple Slices Low Fat Milk	*Must take at least one 1/2 cup of fruit or vegetable	
Grab & Go		2/12 General Tsos Chicken Bowl or chicken & Veg Dumplings Glazed Carrots Mandarin Oranges Low Fat Milk	2/13 Pepperoni & Cheese Stromboli or Spicy Chicken Patty on a Bun with Fries Diced Pears Low Fat Milk	2/14 Baked Potato Bar or Chicken Tenders with a Biscuit ]Steamed Broccoli Fresh Apple Low Fat Milk	2/15 Corn Dog Nuggets Or Chef's Choice Mixed Vegetables Assorted Fruit Low Fat Milk	2/16 No School	Fresh Produce from Local Farms based on crop availability	
Options		2/19 No School	2/20 Spaghetti & Meatballs or Chicken Alfredo Sweet Peas and Carrots Peach Applesauce Low Fat Milk	2/21 Winter Beach Party Hawaiian Teriyaki Burger or Corn Dog Nuggets Island Broccoli Tropical Fruit Blue Ocean Jello Low Fat Milk	2/22 Panther Attack Wrap or BBQ Chicken Dunker Baked Fries Chilled Peaches Low Fat Milk	2/23 Chicken Quesadilla or Hot Wing Sub Mixed Vegetables Pineapple Tidbits Low Fat Milk	Milk	
							Milk Choices Offered Daily: 1% white, non-fat white, non-fat flavored	
							Proud to manage your food service program	
							Lunch Prices: Paid \$2.70	
							The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE	
							MENUS SUBJECT TO CHANGE	