Northeast Bradford High School Lunch Menu December/January

Nutrition)

Thursday

Spaghetti & Meatballs or

Chicken Alfredo

Peas

Peach Applesauce

Low Fat Milk

Holiday Dinner

Baked Ham w/ Dinner

Mashed Potatoes w/

Gravy

Green Beans

Pineapple Crisp

Low Fat Milk

Spaghetti w/ Meatballs

or Chicken Alfredo

Warm Garlic Bread

Steamed Broccoli

Fresh Apple

Low Fat Milk

12/7

12/14

12/21

Director of Food & Nutrition: Shelley Judge northeastbradford@thenutritiongroup.biz

Friday

Pork Macaroni &

Cheese or Popcorn

Chicken

Mixed Vegetables

Pineapple Tidbits

Low Fat Milk

French Toast Sticks w/

Sausage or

Chicken Nuggets w/

Buttered Noodles

Tator Tots

Assorted Juice

Low Fat Milk

Chef's Choice Selection

Fresh Vegetable

Assorted Fruit

Low Fat Milk

12/29

Lasagna Rollups w.

Garlic Bread or

Pulled Pork Loaded

Fries

Juicy Peaches

Low Fat Milk

12/8

12/15

12/22

Breaded Chicken Sandwich Cheeseburger on a Bun



Breaded Chicken Salad Chef Salad Popcorn Chicken Salad **Buffalo Chicken Salad** Garden Salad w/ Egg



Cheese Pizza Pepperoni Pizza **Cheesy White Pizza** Sausage & Cheese Pizza **Buffalo Chicken Pizza** Broccoli Pizza Italian Dunkers



A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!



Monday 12/4 General Tsos Chicken Bowl or Chicken & Vegetable **Dumplings** Steamed Broccoli Mandarin Oranges Low Fat Milk 12/11 Meatball Hoagie Or Buffalo Chicken Grilled Cheese Steamed Broccoli Fresh Banana Low Fat Milk 12/18

Chicken Tenders w. **Buttered Noodles** Or Pepperoni Pinwheel Steamed Peas Assorted Juice Low Fat Milk

12/25

1/1

1/8

General Tsos Chicken

Bowl or

Chicken & Vegetable

Dumplings

Steamed Broccoli

Mandarin Oranges

Low Fat Milk

Beef Nachos w. Queso Golden Corn Applesauce Low Fat Milk

Tuesday

Pepperoni & Cheese

Stromboli or

Spicy Chicken Patty on a

French Fries

Diced Pears

Low Fat Milk

Hot Ham & Cheese on a

Pretzel Bun

Or Corn Dog Nuggets

Baked Beans

Peach Applesauce

Low Fat Milk

Pork Nachos or

Ham & Cheese Stromboli

Spicy Chicken Patty on a

French Fries

Diced Pears

Low Fat Milk

12/5

12/12

12/19

No School Holiday Break 12/25-1/2

Wednesday

Salisbury Steak w/ Gravy

or Chicken & Biscuit

Mashed Potatoes

Fresh Apple

Low Fat Milk

Chicken Parm w Pasta

Or Rib Sandwich

Italian Green Beans

Pineapple Tidbits

Low Fat Milk

Italian Dunkers w/

Marinara Sauce or

Cheesesteak Hoagie

Green Beans

Diced Pears

Low Fat Milk

12/6

12/13

12/20

Hot Wing Hoagie or Corn Dog Nuggets French Fries Diced Pears Low Fat Milk

Popcorn Chicken or

Salisbury Steak w/ Gravy

Buttered Noodles

Mashed Potatoes

Fresh Apple

Low Fat Milk

1/10

Popcorn Chicken Bowl or Bacon Cheeseburger Mashed Potatoes w. Gravv

Pineapple Tidbits Steamed Broccoli Low Fat Milk 1/11

Sweet & Spicy BBQ Chicken Bowl Or Meatball Hoagie Peach Applesauce Low Fat Milk

1/12 Chicken Quesadilla or Buffalo Chicken Panini Mixed Vegetables Pineapple Tidbits Low Fat Milk

Ham & Cheese Hoagie/Wrap Turkey & Cheese Hoagie/Wrap Tuna Salad Wrap Chicken Caesar Wrap **Buffalo Chicken Wrap**



*Must take at least one 1/2 cup of fruit or vegetable

*Vegetable Bar includes:

Broccoli Florets **Baby Carrots** Dark Leafy Greens Celery & Cucumber Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits

Diced Pears

*Fruits include:

Fresh Produce from Applesauce Local Farms based on crop availability



Milk Choices Offered Daily: 1% white, non-fat white, non-fat flavored



Lunch Prices: Paid \$2.70

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations, EOE

MENUS SUBJECT TO CHANGE