

NEB HS Breakfast Menu for November/December

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/6 Sausage, Egg, & Cheese Biscuit Assorted Juice Fresh Apple Low Fat Milk	11/7 Pancakes w. Topping Bar Assorted Juice Craisins Low Fat Milk	11/8 Breakfast Pizza Assorted Juice Fresh Banana Low Fat Milk	11/9 Dutch Waffle Assorted Juice Applesauce Cup Low Fat Milk	11/10 French Toast Bites Assorted Juice Fresh Orange Low Fat Milk
11/13 Egg & Cheese Burrito Assorted Juice Fresh Apple Low Fat Milk	11/14 French Toast Sticks Assorted Juice Craisins Low Fat Milk	11/15 Fruity Waffle Assorted Juice Fresh Banana Low Fat Milk	11/16 Breakfast Chicken Patty on a Biscuit Assorted Juice Applesauce Cup Low Fat Milk	11/17 No School
11/20 Cinnamon Stick Assorted Juice Fresh Apple Low Fat Milk	11/21 Waffles w/ Syrup Assorted Juice Craisins Low Fat Milk	11/22 No School	11/23 No School Happy Thanksgiving	11/24 No School
11/27 No School	11/28 No School	11/29 Yogurt w. Toast Fresh Banana Assorted Juice Low Fat Milk	11/30 Cheddar Omelet w. Toast Assorted Juice Applesauce Cup Low Fat Milk	12/1 Breakfast Pizza Assorted Juice Fresh Orange Low Fat Milk
12/4 Dutch Waffle Assorted Juice Fresh Apple Low Fat Milk	12/5 French Toast Sticks Assorted Juice Craisins Low Fat Milk	12/6 Choc O Crisp Waffle Assorted Juice Fresh Banana Low Fat Milk	12/7 Breakfast Chicken on a Biscuit Assorted Juice Applesauce Cup Low Fat Milk	12/8 Ham & Cheese on an English Muffin Assorted Juice Fresh Orange Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

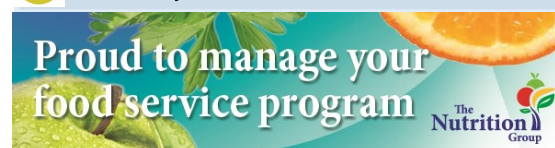
Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily
Fat Free White, Low Fat White



Whole Grains
Available Daily



Meal Prices:
BREAKFAST IS FREE FOR ALL STUDENTS IN THE NEB SCHOOL DISTRICT!

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE