

Northeast Bradford High School Lunch Menu November/December



Director of Food & Nutrition: Shelley Judge
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The Grille							The Deli	
		Monday	Tuesday	Wednesday	Thursday	Friday		
Breaded Chicken Sandwich Cheeseburger on a Bun		11/6 Chicken Parm over Pasta or Pulled Pork Sandwich Green Beans Fresh Apple Low Fat Milk	11/7 Beef Tacos w. Queso or Chicken Tacos w/ Queso Golden Corn Mixed Fruit Low Fat Milk	11/8 Panther- Fil-A Sandwich w/ Slammin' Sauce or Bacon Cheeseburger Crispy Fries Pineapple Tidbit Low Fat Milk	11/9 Action Station ! Macaroni & Cheese Bar Or Spicy Chicken Patty Stewed Tomatoes Pears Low Fat Milk	11/10 Grilled Cheese Sandwich w/ Tomato Soup Or BBQ Rib on a Bun Mixed Vegetables Pineapple Tidbits Milk	Ham & Cheese Hoagie/Wrap Turkey & Cheese Hoagie/Wrap Tuna Salad Wrap Chicken Caesar Wrap Buffalo Chicken Wrap  Whole Grains Available Daily	
		11/13 Sweet & Spicy BBQ Chick- en Bowl or Hot Ham & Cheese on a Pretzel Bun Steamed Carrots Chilled Pears Low Fat Milk	11/14 Korean BBQ Dumplings or Beef Nachos w. Queso Mixed Vegetables Applesauce Low Fat Milk	11/15 Cheeseburger on a Bun or Buffalo Chicken Panini French Fries Diced Pears Low Fat Milk	11/16 Thanksgiving Dinner! Roast Turkey & Stuffing Mashed Potatoes w. Gravy Warm Biscuit Seasoned Vegetables Apple Crisp Low Fat Milk	11/17 No School !		
The Garden Breaded Chicken Salad Chef Salad Popcorn Chicken Salad Buffalo Chicken Salad Garden Salad w/ Egg		11/20 Italian Chicken over Pasta Primavera or Corn Dog Nuggets Steamed Broccoli Assorted Fruit Low Fat Milk	11/21 French Toast Sticks w/ Sausage or Chicken Nuggets w/ Buttered Noodles Mixed Vegetables Assorted Juice Low Fat Milk	11/22 No School	11/23 No School Happy Thanksgiving	11/24 No school	 Accompaniments *Must take at least one 1/2 cup of fruit or vegetable *Vegetable Bar includes: Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber *Fruits include: Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce  Fresh Produce from Local Farms based on crop availability	
		11/27 No School	11/28 No School	11/29 Bacon Cheeseburger or Beef & Cheese Loaded Fries Buttered Corn Pineapple Tidbits Low Fat Milk	11/30 Popcorn Chicken PoBoy or Fish Filet Sandwich Baked Fries Juicy Peaches Low Fat Milk	12/1 Chicken Nachos or Beef & Cheese Nachos Fiesta Rice Black Beans Apple Slices Low Fat Milk		
The Pizzeria Cheese Pizza Pepperoni Pizza Cheesy White Pizza Sausage & Cheese Pizza Buffalo Chicken Pizza Broccoli Pizza Italian Dunkers		12/4 General Tsos Chicken Bowl or Chicken & Vegetable Dumplings Steamed Broccoli Mandarin Oranges Low Fat Milk	12/5 Pepperoni & Cheese Stromboli or Spicy Chicken Patty on a Bun French Fries Diced Pears Low Fat Milk	12/6 Salisbury Steak w/ Gravy or Chicken Tenders Buttered Noodles Mashed Potatoes Fresh Apple Low Fat Milk	12/7 Spaghetti & Meatballs or Chicken Alfredo Steamed Broccoli Peach Applesauce Low Fat Milk	12/8 Chicken Quesadilla or Pierogies w. Sliced Bread Mixed Vegetables Pineapple Tidbits Low Fat Milk	 Milk Milk Choices Offered Daily: 1% white, non-fat white, non-fat flavored  Proud to manage your food service program Lunch Prices: Paid \$2.70 The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE	
Grab & Go A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!								
Options								

MENUS SUBJECT TO CHANGE