Northeast Bradford High School



Director of Food & Nutrition: Shelley Judge northeastbradford@thenutritiongroup.biz

Lunch Menu April May			Nutrition Nutrition			
The Grille	Monday	Tuesday	Wednesday	Thursday	Friday	The Deli
Breaded Chicken Sandwich Cheeseburger on a Bun	4/8 Chicken Bacon Ranch Sandwich or Cheeseburger Buttered Corn Low Fat Milk	4/9 Pork Quesadilla Or Chicken Quesadilla Golden Corn Mixed Fruit Low Fat Milk	4/10 Chicken & Biscuit or Corn Dog Crispy Fries Pineapple Tidbit Low Fat Milk	4/11 Chicken Alfredo Or Rotini and Meatsauce Steamed Broccoli Chilled Pears Low Fat Milk	4/12 Breakfast for Lunch French Toast Sticks w/Sausage Patties Tator Tots Cinnamon Apples Low Fat Milk	Ham & Cheese Hoagie/Wrap Turkey & Cheese Hoagie/Wrap Tuna Salad Wrap Chicken Caesar Wrap Buffalo Chicken Wrap Whole Grains
Breaded Chicken Salad Chef Salad Popcorn Chicken Salad Buffalo Chicken Salad	4/15 General Tso Chicken Bowl or Dumplings Steamed Carrots Chilled Pears Low Fat Milk	4/16 Chicken or Beef Nachos Mixed Vegetables Applesauce Low Fat Milk	4/17 Turkey Dinner Mashed Potatoes Buttered Carrots Diced Pears Low Fat Milk	4/18 Popcorn Chicken Bowl or Corn Dogs Sweet Corn Pineapple Tidbiits Low Fat Milk	4/19 Cheeseburger Or Spicy Chicken Patty on a Bun Mixed Vegetables Pineapple Tidbits Milk	*Must take at least one 1/2 cup of fruit or vegetable *Vegetable Bar includes: Crisp Apple Broccoli Florets Available Daily *Fruits include: Crisp Apple Sliced Peaches
Garden Salad w/ Egg The Pizzeria	4/22 Meatball Sub or Rib Sandwich French Fries Fresh Apple Low Fat Milk	4/23 Sweet & Spicy Chicken Bowl or Popcorn Chicken Corn Assorted Juice Low Fat Milk	4/24 Beef or Pork Loaded French Fries Green Beans Fresh Apple Low Fat Milk	4/25 Glazed Ham Dinner Green Beans Fresh Apple Low Fat Milk	4/26 Italian Dunkers or Kickin Popcorn Chicken Glazed Carrots Fresh Banana Low Fat Milk	Baby Carrots Dark Leafy Greens Legume Salads Celery & Cucumber Fresh Produce from Local Farms based on crop availability Sliced Pearls Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce
Cheese Pizza Pepperoni Pizza Cheesy White Pizza Sausage & Cheese Pizza Buffalo Chicken Pizza Broccoli Pizza Italian Dunkers	4/29 Pulled Pork Quesadilla or BBQ Rib Sandwich Mixed Vegetables Diced Pears Low Fat Milk	4/30 Pasta with Meatsauce or Chicken Alfredo Steamed Broccoli Juicy Peaches Low Fat Milk	5/1 White Chicken Chili or Beef & Cheese Loaded Fries Buttered Corn Pineapple Tidbits Low Fat Milk	5/2 Popcorn Chicken PoBoy or Sloppy Joe Sandwich Baked Fries Juicy Peaches Low Fat Milk	5/3 Chicken Nachos or Beef & Cheese Nachos Fiesta Rice Black Beans Apple Slices Low Fat Milk	Milk Choices Offered Daily: 1% white, non-fat white, non-fat flavored
A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!	5/6 General Tsos Chicken Bowl or Chicken & Veg Dumplings Glazed Carrots Mandarin Oranges Low Fat Milk	5/7 Pepperoni & Cheese Stromboli or Spicy Chicken Patty on a Bun with Fries Diced Pears Low Fat Milk	5/8 Baked Potato Bar or Chicken Tenders with a Biscuit]Steamed Broccoli Fresh Apple Low Fat Milk	5/9 Corn Dog Nuggets Or Cheesesteak Hoagie Mixed Vegetables Assorted Fruit Low Fat Milk	5/10 Picnic Day Hamburger or Hot Dogs French Fries Fruit Salad Low Fat Milk	Proud to manage your food service program Lunch Prices: Paid \$2.70 The School District does not discriminate on the basis
Options	5/13 Breakfast Burrito Bar Tator Tots Fresh Banana Low Fat Milk	5/14 Spaghetti & Meatballs or Chicken Alfredo Sweet Peas and Carrots Peach Applesauce Low Fat Milk	5/15 General Tso Macaroni & Cheese or Corn Dog Nuggets Steamed Broccoli Tropical Fruit	5/16 Panther Attack Wrap or BBQ Chicken Dunker Baked Fries Chilled Peaches	5/17 Chicken Quesadilla or Hot Wing Sub Mixed Vegetables Pineapple Tidbits Low Fat Milk	of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Tropical Fruit Blue Ocean Jello

Low Fat Milk

Low Fat Milk

MENUS SUBJECT TO CHANGE