

# EASY & DELICIOUS SCHOOL MEALS

#### Powering the potential of every student is our passion

At Aramark Student Nutrition, we believe that nutrient-packed, delicious meals fuel students for success. Our teams work tirelessly to ensure that students have access to fresh, craveable meals through creative recipes, conveniently served. Seasonal menus feature special promotions and partnerships with trusted brands to provide an everchanging selection

of exciting meals. We are looking forward to serving each and every student throughout the upcoming school year!



Christopher Muscato: Director Email: cmuscato@tonacsd.org

#### 2023-24 Meal Prices:

Breakfast

**Elementary: FREE** 

Middle: FRFF

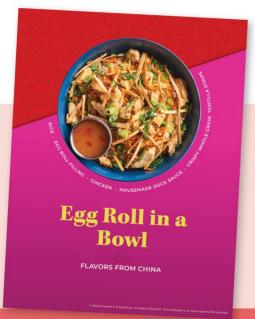
High: FREE

Lunch

**Elementary: FREE** 

**Middle FREE** 

High: FREE



FOOD SERVICE | Tonawanda City School District (tonawandacsd.org)

# Pay for Snacks and Extras Through My School Bucks Account MySchoolBucks

Quick and easy payment for school meals and a la carte purchases

- Ability to track purchases
- Receive low-balance reminders
- Option to automatically reload account funds (copy and paste website address of My School Bucks, or other, app here, and add QR code if possible)

For additional details regarding Student Nutrition, visit
FOOD SERVICE | Tonawanda City School District (tonawandacsd.org)

#### Where can I find menus?

You can access the breakfast and lunch menu at <u>FOOD</u>
<u>SERVICE | Tonawanda City School District</u>
(tonawandacsd.org)



#### What does a full meal include?

Breakfast menus offer a variety of entrees, fruit and milk selections daily. A student must take at least ½-cup fruit and two other items to make a meal.

Lunch menus include entrée choices ranging from hot feature items, grill favorites, vegetarian offerings, pizza, and more. School meals are delicious and nutritious, providing protein and grains, along with milk, fresh fruits and vegetables. o ensure balanced nutrition, students must take at least 1/2 cup of fruit OR vegetable plus two other foods (selecting from protein, grains, milk, fruit and vegetable) for a reimbursable meal when a choice is offered.

### Will Student Nutrition accommodate my child's food allergy?

Food options are available that are made without the top nine allergens (wheat, egg, milk, soy, fish, shellfish, peanuts, tree nuts, sesame) and gluten.

## Is breakfast available for my child?

Breakfast is available at all schools. Check with your school's website for serving times.

For questions about the Student Nutrition program:

Please contact us at

cmuscato@tonacsd.org