## October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 MINI BAGEL OR CEREAL & TOAST SOFT TACOS, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	3 MUFFIN & CHEESE STICK OR CEREAL & TOAST CRISPY CHICKEN, SANDWICH, BAKED BEANS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	4 WAFFLES OR CEREAL & TOAST STEAK FINGERS, MASHED POTATOES, CORN, ROLL OR CHICKEN NUGGETS, SUN CHIPS, WITH CHOICE OF FRUIT, VEGGIES, & MILK	5 BISCUITS & GRAVY OR CEREAL & TOAST "STICK DAY" BOSCO STICKS W/ MARINARA SAUCE, WITH CHOICE OF FRUIT, VEGGIES, & MILK GRAB & GO AVAILABLE	6 NO SCHOOL
9 MINI CINNIS OR CEREAL & TOAST CHICKEN STREET TACO, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	10 BREAKFAST BURRITO OR CEREAL & TOAST HOTDOG, TATOR TOTS, BAKED BEANS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	11 NO SCHOOL	12 NO SCHOOL	*Please note that Cold Lunch is available each day with choice of Entrée, (Chef Salad, Sliders, Uncrustable or Panther Pack) Fruit, Veggies, & Milk
16 MINI BAGEL OR CEREAL & TOAST ENCHILLADAS, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	17 MUFFIN & CHEESE STICK OR CEREAL & TOAST MINI CORNDOGS, MACARONI & CHEESE, BAKED BEANS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	18 WAFFLES OR CEREAL & TOAST  TETRAZZINE, MASHED POTATOES, CORN, ROLL OR CHICKEN NUGGETS, SUN CHIPS WITH CHOICE OF FRUIT, VEGGIES, & MILK	19 BISCUITS & GRAVY OR CEREAL & TOAST ORANGE CHICKEN, RICE, ASIAN VEGETABLES, OR CHEESE PIZZA, GREEN BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	20 NO SCHOOL  *Please note that all breakfast are served with fruit, 100% fruit juice, and milk.
23 MINI CINNIS OR CEREAL & TOAST BURRITO, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	24 BREAKFAST BURRITO OR CEREAL & TOAST HOT HAM & CHEESE ON A CROISSANT, BAKED BEANS, SUNCHIPS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	25 BANANA BREAD & CHESE STICK OR CEREAL & TOAST CHICKEN STRIPS, MASHED POTATOES, PEAS, ROLL OR CHICKEN NUGGETS, SUN CHIPS, WITH CHOICE OF FRUIT, VEGGIES, & MILK	26 BISCUITS & GRAVY OR CEREAL & TOAST  SPAGHETTI, GREEN BEANS, GARLIC BREAD, OR CHEESE PIZZA, GREEN BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	27 NO SCHOOL
30 MINI BAGEL OR CEREAL & TOAST SOFT TACOS, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	31 MUFFIN & CHEESE STICK OR CEREAL & TOAST FRITO CHILI PIE OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	1 WAFFLES OR CEREAL & TOAST POPCORN CHICKEN, MASHED POTATOES, PEAS, ROLL OR CHICKEN NUGGETS, SUN CHIPS WITH CHOICE OF FRUIT, VEGGIES, & MILK	2 BISCUITS & GRAVY OR CEREAL & TOAST LASAGNA, GREEN BEANS, GARLIC BREAD, OR CHEESE PIZZA, GREEN BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	3 NO SCHOOL

<sup>\*</sup>This Institute is an equal opportunity provider.