

# September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> MINI CINNIS OR CEREAL & TOAST <hr/> BURRITO, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>29</b> BREAKFAST BURRITO OR CEREAL & TOAST <hr/> HOT HAM & CHEESE ON A CROISSANT, BAKED BEANS, SUNCHIPS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>30</b> BANANA BREAD & CHEESE STICK OR CEREAL & TOAST <hr/> CHICKEN STRIPS, MASHED POTATOES, PEAS, ROLL OR CHICKEN NUGGETS, SUN CHIPS, WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>31</b> BISCUITS & GRAVY OR CEREAL & TOAST <hr/> SPAGHETTI, GREEN BEANS, GARLIC BREAD, OR CHEESE PIZZA, GREEN BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>1 NO SCHOOL</b> <hr/> <b>*A PANTHER PACK CONSIST OF 20Z OF HAM &amp; CHEESE AND GOLD FISH (This is an entrée)</b>
<b>4 NO SCHOOL</b> <hr/>	<b>5</b> MUFFIN & CHEESE STICK OR CEREAL & TOAST <hr/> CRISPY CHICKEN, SANDWICH, BAKED BEANS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>6</b> WAFFLES OR CEREAL & TOAST <hr/> STEAK FINGERS, MASHED POTATOES, CORN, ROLL OR CHICKEN NUGGETS, SUN CHIPS, WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>7</b> BISCUITS & GRAVY OR CEREAL & TOAST <hr/> CHICKEN ALFREDO, GREEN BEANS, GARLIC BREAD, OR CHEESE PIZZA, GREEN BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>8</b> CHEF'S CHOICE <hr/> <b>"STICK DAY"</b> BOSCO STICKS W/ MARINARA SAUCE, GOGURT STICK, WITH CHOICE OF FRUIT, VEGGIES, & MILK <b>GRAB &amp; GO AVAILABLE</b>
<b>11</b> MUFFIN & CHEESE STICK OR CEREAL & TOAST <hr/> CHICKEN STREET TACO, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>12</b> MINI CINNIS OR CEREAL & TOAST <hr/> HOTDOG, TATOR TOTS, BAKED BEANS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>13</b> BANANA BREAD & CHEESE STICK OR CEREAL & TOAST <hr/> POPCORN CHICKEN, MASHED POTATOES, PEAS, ROLL OR CHICKEN NUGGETS, SUN CHIPS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>14</b> BISCUITS & GRAVY OR CEREAL & TOAST <hr/> LASAGNA, GREEN BEANS, GARLIC BREAD, OR CHEESE PIZZA, GREEN BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>15 NO SCHOOL</b> <hr/> <b>*Please note that Cold Lunch is available each day with choice of Entrée, (Chef Salad, Sliders, Uncrustable or Panther Pack) Fruit, Veggies, &amp; Milk</b>
<b>18</b> MINI BAGEL OR CEREAL & TOAST <hr/> ENCHILLADAS, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>19</b> MUFFIN & CHEESE STICK OR CEREAL & TOAST <hr/> PULLED PORK, BAKED POTATO, ROLL, BAKED BEANS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>20</b> WAFFLES OR CEREAL & TOAST <hr/> TETRAZZINE, MASHED POTATOES, CORN, ROLL OR CHICKEN NUGGETS, SUN CHIPS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>21</b> BISCUITS & GRAVY OR CEREAL & TOAST <hr/> ORANGE CHICKEN, RICE, ASIAN VEGETABLES, OR CHEESE PIZZA, GREEN BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>22 NO SCHOOL</b> <hr/> <b>*Please note that all breakfast are served with fruit, 100% fruit juice, and milk.</b>
<b>25</b> MINI CINNIS OR CEREAL & TOAST <hr/> BURRITO, CHIPS, REFRIED BEANS OR NACHOS, REFRIED BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>26</b> BREAKFAST BURRITO OR CEREAL & TOAST <hr/> HOT HAM & CHEESE ON A CROISSANT, BAKED BEANS, SUNCHIPS OR HAMBURGERS, BAKED BEANS, POTATO WEDGES, WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>27</b> BANANA BREAD & CHEESE STICK OR CEREAL & TOAST <hr/> CHICKEN STRIPS, MASHED POTATOES, PEAS, ROLL OR CHICKEN NUGGETS, SUN CHIPS, WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>28</b> BISCUITS & GRAVY OR CEREAL & TOAST <hr/> SPAGHETTI, GREEN BEANS, GARLIC BREAD, OR CHEESE PIZZA, GREEN BEANS WITH CHOICE OF FRUIT, VEGGIES, & MILK	<b>29 NO SCHOOL</b> <hr/>

\*This Institute is an equal opportunity provider.