

MORSE, MONROE, TROY, WALKER K-5 MENU

*Menu Subject to Change

2024
JANUARY



MONDAY
JANUARY 1

Happy
New Year

No School

TUESDAY
JANUARY 2

BREAKFAST:
Pancake Sausage on a
Stick Fruit, Juice, Milk

LUNCH:
Brunch for Lunch!
Cheese Omelet, Cinnamon
Glazed French Toast, Home
Fries

WEDNESDAY
JANUARY 3

BREAKFAST:
Breakfast Bread
Fruit, Juice, Milk

LUNCH:
Hamburger made with
local ground beef,
Potato Wedges, Baked
Beans

THURSDAY
JANUARY 4

BREAKFAST:
Breakfast Sandwich
Fruit, Juice, Milk

LUNCH:
Ham & Cheesy Au
Gratin Potato Bake,
Dinner Roll, Sweet
Corn

FRIDAY
JANUARY 5

BREAKFAST:
Donut
Fruit, Juice, Milk

LUNCH:
Pizza – Cheese or Ham
Three Bean Salad

MONDAY
JANUARY 8

BREAKFAST:
Breakfast Cereal Kit,
Fresh Fruit, Milk

LUNCH:
Mac & Cheese
Biscuit
Glazed Carrots

TUESDAY
JANUARY 9

BREAKFAST:
Breakfast Pizza
Fruit, Juice, Milk

LUNCH:
Taco Tuesday!
Local Ground Beef, Crispy
Tortilla Chips, Cheese
Sauce, Black Beans

WEDNESDAY
JANUARY 10

BREAKFAST:
Breakfast Bun
Fruit, Milk

LUNCH:
Waffle Wednesday!
Waffles, Crispy Chicken,
Potato Wedges

THURSDAY
JANUARY 11

BREAKFAST:
Mini Maple Pancake
Fruit, Juice, Milk

LUNCH:
Chicken Alfredo & Pasta,
Garlic Toast, Roasted
Broccoli

FRIDAY
JANUARY 12

BREAKFAST:
Donut,
Fruit, Juice, Milk

LUNCH:
Big Daddy's Pizza,
Cheese or Pepperoni;
Roasted Chick Peas

MONDAY
JANUARY 15

No School

Happy Martin
Luther King, Jr.
Day!

TUESDAY
JANUARY 16

BREAKFAST:
Pancake Sausage on a
Stick, Fruit, Juice, Milk

LUNCH:
American Chop Suey,
Garlic Toast, Green
Beans

WEDNESDAY
JANUARY 17

BREAKFAST:
Cinnamon Crumb
Loaf Fruit, Juice, Milk

LUNCH:
Haddock Chowder
made with Maine
Haddock, Dinner Roll

THURSDAY
JANUARY 18

BREAKFAST:
Breakfast Sandwich
Fruit, Juice, Milk

LUNCH:
Steak & Cheese Sub
(steak (from the Daly
Farms in Knox), Baked
Beans

FRIDAY
JANUARY 19

BREAKFAST:
Donut
Fruit, Juice, Milk

LUNCH:
Homemade Pizza made
on dough from The
Good Crust, Corn





MONDAY
JANUARY 22

BREAKFAST:
Breakfast Cereal Kit,
Fresh Fruit, Milk

LUNCH:
BBQ Beef Rib
Sandwich, Onion
Rings, Baked Beans

TUESDAY
JANUARY 23

BREAKFAST:
Breakfast Pizza
Fruit, Juice, Milk

LUNCH:
Cheese Ravioli with
Marinara Sauce, Garlic
Toast, Fresh Green
Beans

WEDNESDAY
JANUARY 24

BREAKFAST:
Muffin
Fruit, Juice, Milk

LUNCH:
Hot Ham Bacon &
Cheese on a Croissant,
Potato Wedges

THURSDAY
JANUARY 25

BREAKFAST:
Mini Waffles
Fruit, Juice, Milk

LUNCH:
Chicken Pot Pie on a
Biscuit, Cranberry
Sauce, Squash

FRIDAY
JANUARY 26

BREAKFAST:
Donut,
Fruit, Juice, Milk

LUNCH:
Pizza Dipping Sticks,
Marinara Sauce,
Corn

MONDAY
JANUARY 29

BREAKFAST:
Breakfast Cereal
Kit, Fruit, Milk

LUNCH:
Crispy Chicken
Sandwich on a Bun,
Potato Wedges, Baked
Beans

TUESDAY
JANUARY 30

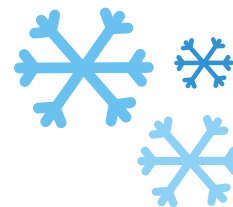
BREAKFAST:
Pancake Sausage on a
Stick, Fruit, Juice, Milk

LUNCH:
Toasted Cheese, Tomato
Soup, Goldfish Crackers,
Celery Sticks

WEDNESDAY
JANUARY 31

BREAKFAST:
Breakfast Bread
Fruit, Juice, Milk

LUNCH:
Wild Mike's Pizza Bites,
Marinara Sauce, Carrots
& Dip, Applesauce Cup



ASSORTED MILK & FRUIT & VEGGIE BAR AVAILABLE DAILY WITH EACH LUNCH ENTRÉE.
ALTERNATE **BREAKFAST** CHOICE AVAILABLE DAILY IS CEREAL & GRAHAM CRACKERS
ALTERNATE **LUNCH** CHOICE OFFERED DAILY IS A PB & J SANDWICH, YOGURT CUP & GRAHAM CRACKERS

Contact Tina M Fabian, Food Service Director, with questions or concerns at 207-568-4607
or email tfabian@rsu3.org.

This establishment is an equal opportunity employer and provider.

