

Troy Newsletter

February 26, 2024



Notes from the Principal, Ms. Dupuy ...

I hope this message finds you refreshed and rejuvenated after the February break! As we dive back into the rhythm of school life, I wanted to extend a warm welcome back to each of you and your children.

I trust that the past week provided a well-deserved opportunity for quality family time, relaxation, and perhaps a few exciting adventures. Now, we're eager to continue our journey of learning and growth together.

With the second half of the school year well underway, I encourage ongoing communication between home and school to support your child's academic progress. Please don't hesitate to reach out to your child's teacher or me if you have any questions or concerns.

Reminders this week include:

- Sometimes our students' winter gear gets wet and soaks through while playing in the snow. You may want to consider sending a dry set of clothes for students to keep at school or in their backpacks so they can change into something dry.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals beginning at approximately 3:15. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: jdupuy@rsu3.org school phone: 948-2280 cell: 249-1061)

Notes from the Office:

The nurse has informed us that students who are suffering from dry and chapped lips may bring their own chapstick to school and keep it with them. The office does not have a supply on hand for students to use.



Important Upcoming Dates.....

3/8 - End of Second Trimester

3/11 - School Board Meeting at MVHS 6:30

3/15 - Teacher Inservice Day - No School for Students

Check out what's happening at Troy School ... Week Of: 2/12



2/3

This week in our writing students wrote an informational story about Stingrays. In math we reviewed telling time for second grade and elapsed time for third graders. On Thursday we had our Valentine's Party.

STUDENT ATTENDANCE MATTERS

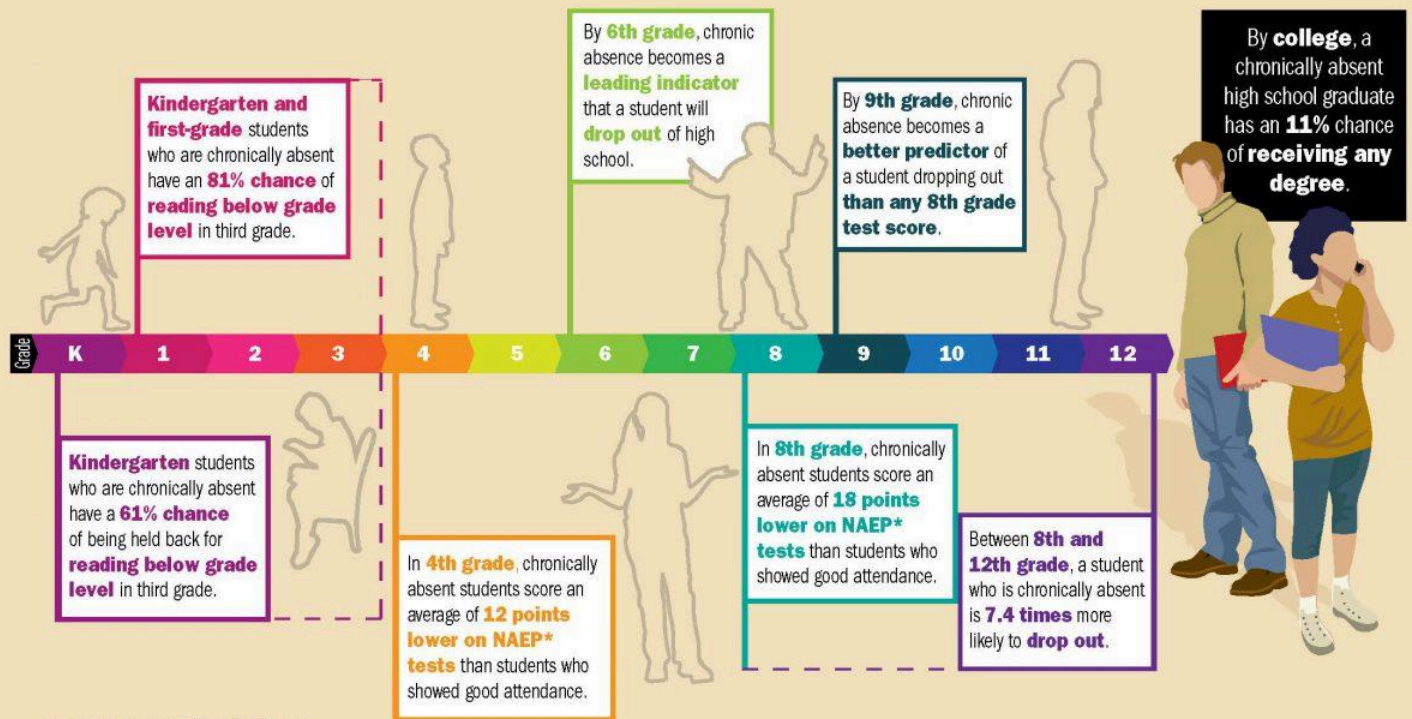
There are an estimated 5–7.5 million students in the United States who are chronically absent from school.

Chronic absenteeism hurts students in a variety of ways as they progress through their school career, starting with kindergarten.

DEFINITIONS:

Chronic Absence – Missing 2 days each month, totaling 18 days, equals 10% of the school year

Good Attendance – Missing 9 days or less in a school year (5%)



FREE

COVID TEST KITS

Expiration date has been extended to

9/30/24

Parents may pick them up
in the school office

Department of Agriculture, Conservation and Forestry have a suggestion or two!

@Maine Department of Agriculture, Conservation and Forestry

Find the Ski & Snowshoe Trailers at Maine State Parks!

10 AM—3PM on all dates listed

FREE equipment
use with Park
Admission

February

- 1-13* Holbrook Island Sanctuary,
Brooksville, (207) 326-4012
Winter Family Fun Day on February 10 too!
- 3 & 4 Mount Blue State Park,
Weld, (207) 585-2261
Winter Family Fun Day on February 3 too!
- 10 & 11 Bradbury Mt. State Park,
Pownal, (207) 688-4712
Winter Family Fun Day on February 10 too!
- 17 Reid State Park,
Georgetown, (207) 371-2303
Winter Family Fun Day on February 17 too!
- 17-24* Lake St. George State Park,
Liberty, (207) 589-4255
Winter Fun & Ice Fishing Derby on Feb. 17 too!
- 18 Bradbury Mountain State Park,
Pownal, (207) 688-4712
- 24 & 25 Range Pond State Park,
Poland, (207) 998-4104
Winter Family Fun Day on
Feb. 24 too!

January

- 5-14* Camden Hills State Park,
Camden, (207) 236-0849
Winter Family Fun Day on Jan. 13
- 13 & 14 Mount Blue State Park,
Weld, (207) 585-2261
- 19, 20, 21* Aroostook State Park,
Presque Isle, (207) 768-8341
- 20 & 21 Wolfe's Neck Woods
State Park, Freeport,
(207) 865-4465
- 27 & 28 Sebago Lake State Park,
Casco, (207) 693-6231

March

- 2 & 3 Mount Blue State Park,
Weld, (207) 585-2261
- 2-10* Cobscook Bay State Park,
Edmunds Twp., (207) 726-4412
- 9 & 10 Sebago Lake State Park
Casco, (207) 693-6231
- 16-31* Lily Bay State Park,
Greenville, (207) 695-2700

* Please call ahead to confirm.

ski graphic
designed by freepik

TAKE IT
OUTSIDE!

www.ParksAndLands.com

2024





Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Keep your child home if he/she has any of the following symptoms:

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.