



Troy Newsletter

February 12, 2024



Notes from the Principal, Ms. Dupuy ...

Today marks our 100th day of school, and it's incredible to reflect on how fast time has passed. We've worked through countless lessons, experiences, and achievements together since the beginning of the school year.

As we approach the February break, I wanted to take a moment to emphasize the importance of this time for our students. It is a wonderful opportunity for them to rest, relax, and recharge their batteries. Encouraging them to take this time to unwind will undoubtedly contribute to their overall well-being and readiness to tackle the rest of the school year with renewed focus and energy.

I hope you are able to spend some quality time together as a family. There are many opportunities in our local communities to spend time outside as a family. There are ice fishing derbies, snowshoeing and cross country ski opportunities and lots of places to discover. If you are looking for indoor ideas how about a board game night, a craft afternoon or even a build your own buffet night.

Reminders this week include:

- Sometimes our students' winter gear gets wet and soaks through while playing in the snow. You may want to consider sending a dry set of clothes for students to keep at school or in their backpacks so they can change into something dry.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals beginning at approximately 3:15. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: jdupuy@rsu3.org school phone: 948-2280 cell: 249-1061)

Notes from the Office:

The nurse has just informed us that students who are suffering from dry and chapped lips may bring their own chapstick to school and keep it with them. The office does not have a supply on hand for students to use.



Important Upcoming Dates.....

2/12 - School Board Meeting at MVHS 6:30

2/19 - 2/23 February Vacation

Check out what's happening at Troy School ... Week Of: 2/5

Week of 2/5:

K/1

Highlights of the week:

- First graders went to their first, of two, swim lessons in Belfast! What a fabulous opportunity.
- Students embraced hard work this week! My favorite quotes: "I'd want to learn more about that", "Can I have another lesson" and "I'd like to choose harder work" 😊
- Practicing packing a back-pack using Teddy as a model - students learned how to lay out all of the items they need to pack, choose what goes in first, and where heavy/bulky items should go. They applied it to their own backpack

Friday afternoon!



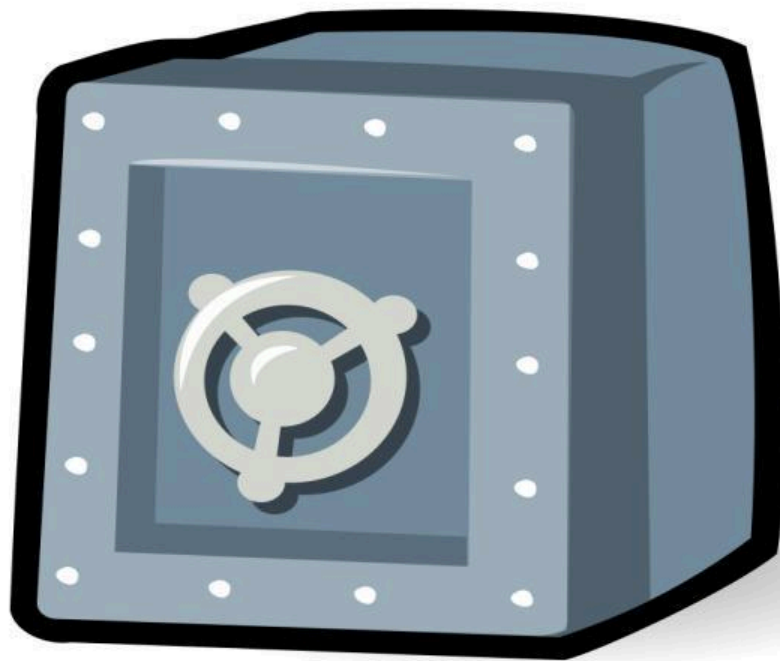
2/3	<p>This week as a class we have been working on writing an informational story about seahorses. We have started discussing paragraphs and how we might organize writing to teach readers facts about an animal. In Math both 2nd & 3rd are working on telling time. Second is reviewing how to read an analog clock. Third graders are working on telling elapsed time.</p>
4/5	<p>We finished up our multiplication this week with an assessment. Lots of growth happening here!! Some students will continue working on multiplication to increase their skills and the whole class is moving on to Division!</p> <p>We started talking about some of the amendments to the constitution. Ask your kiddos what they have learned so far!</p> <p><u>From the Students:</u></p> <p>THIS WEEK IN MATH, WE LEARNED THE ORDER OF OPERATIONS. PARENTHESIS ALWAYS COME FIRST. ONCE YOU DO THAT, YOU FINISH WHATEVER IS WITHIN THE BRACKETS. AFTER BRACKETS, YOU COMPLETE WHATEVER IS IN THE BRACES. ONCE YOU DO THAT, DO WHATEVER IS ON THE OUTSIDE IN THE PEMDAS ORDER; PARENTHESIS, EXPONENTS, MULTIPLY, DIVIDE, ADDITION, AND SUBTRACTION. BY BENNETT</p> <p>This week in writing, we have been working on our writing. We have been writing stories in our notebooks. I have been writing about the ocean. We are going to start writing on our computers. By Kenzie</p> <p>We had library and it was really fun. I liked it and it is my favorite special. I got a book that I like so far. I can't wait for next library to get more books. By Calvin</p>
Agriculture	<p>It's been an exciting week! Our school was given a Flex Farm, a hydroponic (no soil) growing tower to raise lettuce greens and other vegetables inside, throughout the school year. We'll be learning how to grow in it and maintain it in the weeks to come. How cool is that?! Thanks to the amazing Mr. Shawn for setting it up for us.</p>
SEL	<p>This week at Troy we practiced our respect skills with a fun game of kahoot.</p>

FREE

COVID TEST KITS

Expiration date has been extended to
9/30/24

Parents may pick them up
in the school office



**"School keeps
you safe, it
educates you, it
prepares you for
your future.
Don't miss out!"**

2024

Youth Ice Fishing Derby Lake St. George State Park

Saturday, February 17, 2024

8AM–2PM

278 Belfast-Augusta Road, Liberty

Sponsors:

2024 Youth
Ice Fishing Derby
Sponsored by
Maine State Parks
and Recreation
Department
and
Liberty
Maine State
Parks and
Recreation
Department

Learn How to Ice Fish

Fish tip-ups on loan from the park

❄ Prizes will be awarded

Maine State Parks Ski & Snowshoe Trailer

with free snowshoe and cross-country

ski rentals.

❄ Ice skating on the lake

Warming Area in the Barn

Hot cocoa and Wicked Joe coffee

TAKE IT
OUTSIDE!

Special Event Park Admission

Ages 12 & older \$1.50 Under 12 & over 65 free



For more information, visit www.maine.gov/parks or call 1-800-833-6147.

Questions? Call the park at 207-888-4265 or visit us online.

www.Pa1sa.com

NOT AN RSU3 SPONSORED EVENT / ACTIVITY

Department of Agriculture, Conservation and Forestry have a suggestion or two!

@Maine Department of Agriculture, Conservation and Forestry

Find the Ski & Snowshoe Trailers at Maine State Parks!

10 AM—3PM on all dates listed

FREE equipment
use with Park
Admission

February

- 1-13* Holbrook Island Sanctuary,
Brooksville, (207) 326-4012
Winter Family Fun Day on February 10 too!
- 3 & 4 Mount Blue State Park,
Weld, (207) 585-2261
Winter Family Fun Day on February 3 too!
- 10 & 11 Bradbury Mt. State Park,
Pownal, (207) 688-4712
Winter Family Fun Day on February 10 too!
- 17 Reid State Park,
Georgetown, (207) 371-2303
Winter Family Fun Day on February 17 too!
- 17-24* Lake St. George State Park,
Liberty, (207) 589-4255
Winter Fun & Ice Fishing Derby on Feb. 17 too!
- 18 Bradbury Mountain State Park,
Pownal, (207) 688-4712
- 24 & 25 Range Pond State Park,
Poland, (207) 998-4104
Winter Family Fun Day on
Feb. 24 too!

January

- 5-14* Camden Hills State Park,
Camden, (207) 236-0849
Winter Family Fun Day on Jan. 13
- 13 & 14 Mount Blue State Park,
Weld, (207) 585-2261
- 19, 20, 21* Aroostook State Park,
Presque Isle, (207) 768-8341
- 20 & 21 Wolfe's Neck Woods
State Park, Freeport,
(207) 865-4465
- 27 & 28 Sebago Lake State Park,
Casco, (207) 693-6231

March

- 2 & 3 Mount Blue State Park,
Weld, (207) 585-2261
- 2-10* Cobscook Bay State Park,
Edmunds Twp., (207) 726-4412
- 9 & 10 Sebago Lake State Park
Casco, (207) 693-6231
- 16-31* Lily Bay State Park,
Greenville, (207) 695-2700

* Please call ahead to confirm.

ski graphic
designed by freepik

TAKE IT
OUTSIDE!

www.ParksAndLands.com

2024



TRI-TOWN PTG SPONSORED ICE FISHING DERBY

Saturday February 17
Fish anytime between
7-3:30pm

\$5/person
\$15/family

**Door
Prizes!**




**Cross Pond
Morrill**

1st, 2nd, 3rd place prizes
**longest fish &
heaviest fish**


***Prizes for kids only, but all
are welcome to fish!***

Contact Kevin Winslow for more information

207-322-5934

 ***Lunch available for
purchase!***
**Hot dogs, chips, hot
chocolate/water, sweets &
treats**

***Bring your own
skates, sleds,
snowshoes, etc.**
Please no open fire pits

 ***Traps & Bait
provided for
those who need it**

This is not an RSU#3 sponsored event



Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Keep your child home if he/she has any of the following symptoms:

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.