



Troy Newsletter

February 5, 2024



Notes from the Principal, Ms. Dupuy ...

I hope this message finds you well. As we strive to create a nurturing and supportive environment for our students, I wanted to share some ideas on how to engage in more meaningful conversations with your children about their day. While the classic question, "How was your day?" is a great starting point, I have found with my own children that the question was easy to answer with one word...good, bad, fine, ok etc. Here are some alternative and insightful ways to connect with your child shared by the GEAR parent network:

"what is something interesting that happened today?"

"have there been any changes in how you're feeling?"

"If you could do any part of today over again, what would it be?"

"what have you been reading/listening to/watching lately?"

"what made you smile today?"

"what would you like to be different tomorrow?"

"how can I make your day easier right now?"

"what has been hardest for you this week?"

"when did you feel appreciated/understood /loved today?"

"what has improved for you today?"

"is there anything you want to talk about from your day?"

"what are you most excited for this week?"

"what did you do to take care of yourself today?"

"what do you wish you did a little less of today?"

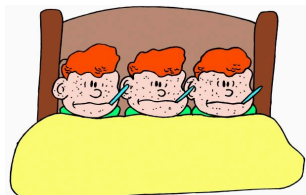
"what do you wish you did more of today?"

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: jdupuy@rsu3.org school phone: 948-2280 cell: 249-1061)

Notes from the Office:

Please remember to call the office if your child is going to be absent.
Thank You!!



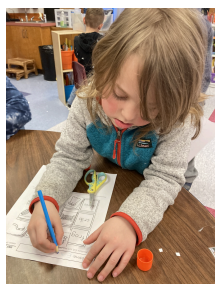
Important Upcoming Dates.....

2/12 - School Board Meeting at MVHS 6:30

2/19 - 2/23 February Vacation

Check out what's happening at Troy School ... Week Of: 1/29

K/1



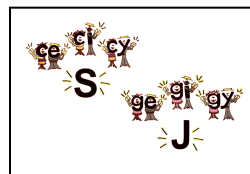
This was a week of embracing academic challenges! As we finished winter assessments and hopped back into our more regular routines, we took many opportunities to review the expectations of a "Learning Classroom". After ample practice, we blasted through the week with AMAZING effort. By Friday, the classroom was buzzing with focused conversations and collaborative learning! WOW!

We brought science into our reading workshop and learned to read some very complicated words including: Earth, Gas Giants, Milky Way Galaxy, Asteroid Belt and Universe.

Our science vocabulary was a nice launching point to review the Secret Story of "G".

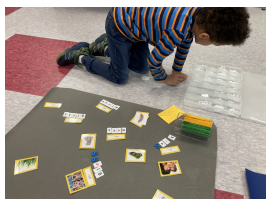
It goes something like this: "GE, GI and GY LOVE to dance!

They have a special song and dance that they do to the tune of The Mexican Hat Dance. Anytime you see GE, GI, or GY standing together you can bet they are doing their dance! "GE, GI, GY - J-sound - J-sound". Ask your child to do the dance for you! They've been practicing.



Favorite Books of the week:

- How To Be on The Moon - Viviane Schwarz
- "I can read about" The Sun and Other Stars - Richard Harris



2/3

This week in math second graders are working on money and third graders are reviewing fractions in math. In writing we read an informational story about jellyfish. Then we practiced writing an informational story with the facts we collected.

4/5	<p>We are finishing multiplication up this next week! We will be assessing for multiplication and pre-assessing for division.</p> <p>We continued reading our book Thirst. It is interesting to hear the predictions of what will happen with Minni and the mafia boss.</p> <p>We learned about our Constitution this week. Why we have the constitution, who wrote it, and how it applies to us. Ask us about what we learned and know.</p> <p><u>From the Students:</u></p> <p>THIS WEEK IN MATH, WE PLAYED AROUND THE WORLD AND WE PRACTICED 2 BY 1 DIGIT MULTIPLICATION. BY ANNA</p> <p>I worked on my math goals on my progression. I practiced on IXL too. By Jaiden</p> <p>This week in writing, we worked on researching. We researched facts for our subtopics. By Abby</p>
Agriculture	<p>The school was buzzing with insects this past week! Students took a close look at a large insect collection and made some interesting discoveries.</p>
SEL	<p>This week at Troy, the students brainstormed what respect looks, sounds, and feels like.</p>

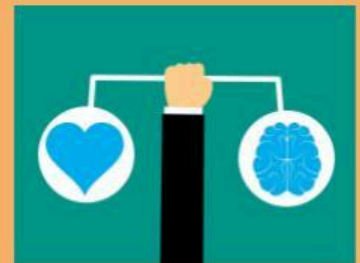
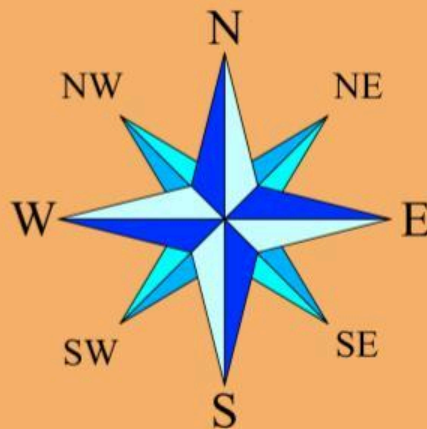
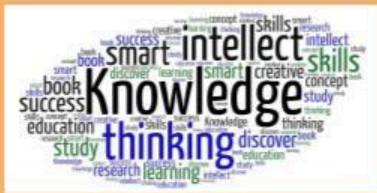
FREE

COVID TEST KITS

Expiration date has been extended to
9/30/24

Parents may pick them up
in the school office

"School is a compass that guides young minds, pointing them in the direction of knowledge, empathy, and self-discovery, ensuring they navigate the vast landscapes of life with wisdom and purpose."



Attend School Every Day to Build Your Future

2024

Youth Ice Fishing Derby Lake St. George State Park

Saturday, February 17, 2024

8AM–2PM

278 Belfast-Augusta Road, Liberty

Sponsors:

2024 Youth
Ice Fishing Derby
Sponsored by
Maine State Parks
and Recreation
Department
and
Liberty
Maine State
Parks and
Recreation
Department

Learn How to Ice Fish

Fish tip-ups on loan from the park

❄ Prizes will be awarded

Maine State Parks Ski & Snowshoe Trailer

with free snowshoe and cross-country

ski rentals.

❄ Ice skating on the lake

Warming Area in the Barn

Hot cocoa and Wicked Joe coffee

TAKE IT
OUTSIDE!

Special Event Park Admission

Ages 12 & older \$1.50 Under 12 & over 65 free



For more information, visit www.maine.gov/parks or call 1-800-833-6147

Questions? Call the park at 207-888-4265 or visit us online

www.Pa1sa.com

NOT AN RSU3 SPONSORED EVENT / ACTIVITY

Department of Agriculture, Conservation and Forestry have a suggestion or two!

@Maine Department of Agriculture, Conservation and Forestry

Find the Ski & Snowshoe Trailers at Maine State Parks!

10 AM—3PM on all dates listed

FREE equipment
use with Park
Admission

February

- 1-13* Holbrook Island Sanctuary,
Brooksville, (207) 326-4012
Winter Family Fun Day on February 10 too!
- 3 & 4 Mount Blue State Park,
Weld, (207) 585-2261
Winter Family Fun Day on February 3 too!
- 10 & 11 Bradbury Mt. State Park,
Pownal, (207) 688-4712
Winter Family Fun Day on February 10 too!
- 17 Reid State Park,
Georgetown, (207) 371-2303
Winter Family Fun Day on February 17 too!
- 17-24* Lake St. George State Park,
Liberty, (207) 589-4255
Winter Fun & Ice Fishing Derby on Feb. 17 too!
- 18 Bradbury Mountain State Park,
Pownal, (207) 688-4712
- 24 & 25 Range Pond State Park,
Poland, (207) 998-4104
Winter Family Fun Day on
Feb. 24 too!

January

- 5-14* Camden Hills State Park,
Camden, (207) 236-0849
Winter Family Fun Day on Jan. 13
- 13 & 14 Mount Blue State Park,
Weld, (207) 585-2261
- 19, 20, 21* Aroostook State Park,
Presque Isle, (207) 768-8341
- 20 & 21 Wolfe's Neck Woods
State Park, Freeport,
(207) 865-4465
- 27 & 28 Sebago Lake State Park,
Casco, (207) 693-6231

March

- 2 & 3 Mount Blue State Park,
Weld, (207) 585-2261
- 2-10* Cobscook Bay State Park,
Edmunds Twp., (207) 726-4412
- 9 & 10 Sebago Lake State Park
Casco, (207) 693-6231
- 16-31* Lily Bay State Park,
Greenville, (207) 695-2700

* Please call ahead to confirm.

ski graphic
designed by freepik

TAKE IT
OUTSIDE!

www.ParksAndLands.com

2024



TRI-TOWN PTG SPONSORED ICE FISHING DERBY

Saturday February 17
Fish anytime between
7-3:30pm

\$5/person
\$15/family

**Door
Prizes!**




**Cross Pond
Morrill**

1st, 2nd, 3rd place prizes
**longest fish &
heaviest fish**


***Prizes for kids only, but all
are welcome to fish!***

Contact Kevin Winslow for more information

207-322-5934

 ***Lunch available for
purchase!***
**Hot dogs, chips, hot
chocolate/water, sweets &
treats**

***Bring your own
skates, sleds,
snowshoes, etc.**
Please no open fire pits

 ***Traps & Bait
provided for
those who need it**

This is not an RSU#3 sponsored event



DO YOU HAVE TIME TO SUPPORT OUR
SCHOOLS **AND** EARN UP TO **\$135** PER DAY?

JANUARY 24TH & FEBRUARY 7TH
5:30 PM - 8:00 PM

Our schools and students need you - and not just as a teacher! Substitutes are hired in almost every job category - custodial, food service, educational technicians and bus drivers to name a few. Before you know it, in just two short sessions, taught by experienced RSU 3 substitute teachers and staff, you can be trained and earning \$100 plus a day! Background check and fingerprinting fees are 100% reimbursable for those who substitute!

This is a hybrid class that can be joined either live online or in person.

RSU #3



Adult & Community
Education

BROOKS FREEDOM JACKSON KNOX LIBERTY MONROE MONTVILLE THORNDIKE TROY UNITY WALDO

register online at **rsu3.maineadulted.org** or call us today 568-3426



Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Keep your child home if he/she has any of the following symptoms:

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.