

#### **Troy Newsletter**

January 22, 2024



#### Notes from the Principal, Ms. Dupuy ...

I hope this message finds you well. I know many of our students were looking forward to finally being able to get out and enjoy some winter activities, including sledding, skiing, snowmobiling and ice fishing. I wanted to take a moment to share how fantastic this week has been at school. While it may have been a short week, our students have been actively engaged in various learning activities, and it's great to witness their enthusiasm for learning.

As our winter season is getting into full swing, I would like to kindly remind you to ensure that your child comes to school prepared for outdoor winter recess. The weather can be chilly and we want to make sure our students are comfortable and warm while enjoying their break. We do not go outside if the temperature or windchill is below 10 degrees, but we do try to get outside every day that is warmer than that!

Please send your child to school with appropriate winter attire, including warm coats, hats, gloves, ski pants, and any other accessories that will help keep them cozy during outdoor activities. This way, they can make the most of their recess time while staying snug and protected from the winter chill.

#### Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff
  member will greet them and escort them inside. If you would like to talk with a teacher or staff
  member we ask that you schedule a time to meet. Arrival and dismissal times are not the best times
  for teachers to meet as they are helping students at that time.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals beginning at approximately 3:15. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: jdupuy@rsu3.org school phone: 948-2280 cell: 249-1061)

#### Notes from the Office:

Please remember to call the office if your child is going to be absent. Thank You!!



#### Important Upcoming Dates.....

1/31 - Early Release Day

2/12 - School Board Meeting at MVHS 6:30

2/19 - 2/23 February Vacation

K/1



Students continued to be enthusiastic about our space unit! This week we took a virtual tour of the Milky Way Galaxy, learned about Earth's place in the Universe and explored the many ways the sun helps us.

We ended the week with a launch of our classroom "Star Bags". One of the star bags will go home with each student at some point over the next few weeks. The bags include a variety of fun activities and a Sky Observation Log. The first 4 students were THRILLED to be able to take a Star Bag home with them for a few days!

Other amazing news is how amazing the whole class did with their winter spelling assessments. Their growth was Out of This World! : )

Favorite Books of the Week:

- The Moon Book by Gail Gibbons
- <u>If I Were an Astronaut</u> by Eric Braun (recorded reading by an astronaut in the international space station: "Storytime from Space")







2/3

This week students have been taking reading assessments. We are excited about the growth we are making. In science we learned some new vocabulary to classify animals. (Carnivore, Omnivore, Herbivore). Next week we are going to start science projects on the animal the students have picked.

4/5

We are excitedly working on our multiplication. We have been working on multiplying multi digit numbers by one digit. Ask your child to show you the steps of how they do this!

We started a new chapter book which takes place in Mumbai. It is called Thirst which is about a girl in poverty who does not have access to running water.

We started our unit on Government as well this week. We will be focusing on the different branches of government and their purpose. We talked about leaders this week.

#### From the Students:

THIS WEEK IN READING, WE'RE READING A BOOK CALLED THIRST. THIRST IS ABOUT A GIRL AND HER TOWN LIVING IN POVERTY. BY ZACH

This week in writing, I started my glossary in my informational writing. By Bennett

	In this week, we learned in class that all leaders have a purpose like the principal has to make sure the teachers do what they have to do. By Eben
Agriculture	Due to the early release for the storm last week, we missed agriculture class. Stay tuned for next week!



"The best way to predict your future is to create it." -Abraham Lincoln

Attend School Every
Day to Build Your
Future

## Department of Agriculture, Conservation and Forestry have a suggestion or two!

@Maine Department of Agriculture, Conservation and Forestry

## Find the Ski & Snowshoe Trailers at Maine State Parks!

10 AM—3PM on all dates listed January



1-13\* Holbrook Island Sanctuary, Brooksville, (207) 326-4012 Winter Family Fun Day on February 10 too!

3 & 4 Mount Blue State Park, Weld, (207) 585-2261 Winter Family Fun Day on February 3 too!

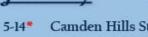
10 & 11 Bradbury Mt. State Park,
Pownal, (207) 688-4712
Winter Family Fun Day on February 10 too!

17 Reid State Park, Georgetown, (207) 371-2303 Winter Family Fun Day on February 17 too!

17-24\* Lake St. George State Park, Liberty, (207) 589-4255 Winter Fun & Ice Fishing Derby on Feb. 17 too!

18 Bradbury Mountain State Park, Pownal, (207) 688-4712

24 & 25 Range Pond State Park, Poland, (207) 998-4104 Winter Family Fun Day on Feb. 24 too!



5-14\* Camden Hills State Park, Camden, (207) 236-0849 Winter Family Fun Day on Jan. 13

13 & 14 Mount Blue State Park, Weld, (207) 585-2261

19, 20, 21\* Aroostook State Park, Presque Isle, (207) 768-8341

20 & 21 Wolfe's Neck Woods State Park, Freeport, (207) 865-4465

27 & 28 Sebago Lake State Park, Casco, (207) 693-6231

#### March

2 & 3 Mount Blue State Park, Weld, (207) 585-2261

2-10\* Cobscook Bay State Park, Edmunds Twp., (207) 726-4412

9 & 10 Sebago Lake State Park Casco, (207) 693-6231

16-31\* Lily Bay State Park, Greenville, (207) 695-2700

Please call ahead to confirm.



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#### TRI-TOWN PTG SPONSORED

# ICE FISHING DERBY

Saturday February 17 Fish anytime between

7-3:30pm

\$5/person \$15/family

Door Prizes! Cross Pond Morrill

1st, 2nd, 3rd place prizes
longest fish &
heaviest fish
\*Prizes for kids only, but all

Prizes for kids only, but al are welcome to fish!\*

Contact Kevin Winslow for more information

207-322-5934

\*Lunch available for purchase!\* Hot dogs, chips, hot chocolate/water, sweets & treats

\*Bring your own skates, sleds, snowshoes, etc.

Please no open fire pits

\*Traps & Bait provided for those who need it

This is not an RSU#S sponsored event



# DO YOU HAVE TIME TO SUPPORT OUR SCHOOLS AND EARN UP TO \$135 PER DAY?

### JANUARY 24TH & FEBRUARY 7TH 5:30 PM - 8:00 PM

Our schools and students need you - and not just as a teacher!

Substitutes are hired in almost ever job category - custodial, food service, educational technicians and bus drivers to name a few.

Before you know it, in just two short sessions, taught by experienced RSU 3 substitute teachers and staff, you can be trained and earning \$100 plus a day! Background check and fingerprinting fees are 100% reimbursable for those who substitute!

This is a hybrid class that can be joined either live online or in person.



register online at rsu3.maineadulted.org or call us today 568-3426



#### Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

#### Keep your child home if he/she has any of the following symptoms:

- Fever (Greater than 100° F)- the student may return when fever-free for 24 hours WITHOUT the use of fever reducing medication.
- Cough: A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting**: A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- Rash- Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- Skin Lesions (sores) A student should not be at school with any sores with drainage that cannot be contained within a bandage
- Strep Throat/Impetigo and other bacterial infections requiring antibiotics- A student
  with strep throat must remain home until they have been on their antibiotics for a full 24
  hours.
- Colds- A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea. or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- Other- Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.