

Just for fun, all are encouraged to wear holiday PJs - students, staff and families too!



# Troy Newsletter



November 6, 2023

## Notes from the Principal, Mrs. Roux ...

In this week's message, I'd like to recognize all veterans for your service and commitment to our country. Thank you for your dedication and sacrifice!

Despite the warmer temperatures of this past weekend, we all know that the cold weather is coming soon. This is a good time to remind all families to please send students to school dressed appropriately every day. A good rule of thumb right now is send your child dressed in layers so that they are comfortable both inside and outside. Outside activities are an expectation for every day as long as it's not pouring rain or below 10 degrees (hopefully we still have a while before it's that cold). Students should start getting in the habit of bringing hats and mittens and soon boots, snow pants, etc. It is very important that all students have the necessary clothing for outside as we do not have adequate coverage to keep students inside if they are not prepared. Please don't hesitate to reach out if you need any support with warmer clothing for cold weather - as fast as kiddos outgrow things, it can be challenging to keep up with having everything they need.

Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals beginning at approximately 3:15. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: [lroux@rsu3.org](mailto:lroux@rsu3.org) school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

## Notes from the Office:

Our office has recently received the 2023 Neighbor for Neighbor Holiday Assistance applications from WCAP. If your family is in need of holiday food baskets and/or gifts, please call the Office and an envelope will be sent home with your student. The application due dates are as follows: For Thanksgiving is November 1st and Christmas is December 1st.

Be sure to wear your favorite holiday pjs when you join us for our upcoming holiday brunch - see details below.



## Important Upcoming Dates.....

11/10 - Veteran's Day - No School

11/13 - School Board Mtg at **Monroe School**

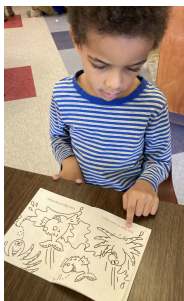
11/22-24 - Thanksgiving Break



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Check out what's happening at Troy School ... Week of: 10/30

K/1



What a change of weather this week!

Our class observed the seasonal changes by:

- Noticing and talking about trees that lose their leaves in the winter.
- Learning about temperature and thermometers.
- Reading the thermometer as we checked the weather each morning.
- Learning about how the season affects what we wear and what games might be fun now that leaves are on the ground!!

On Friday, we had our first SNAP-ED class with Miss Georgia, she taught us all about Broccoli and how our taste buds learn about new foods. We did "vegetable/fruit yoga" and taste tested canned tangerines!

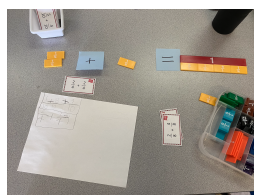
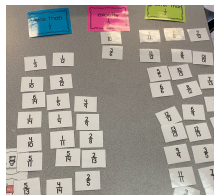
Favorite books of the week:

- Our Table by Peter H. Reynolds
- Little Tree by Loren Long
- Monsters Don't Eat Broccoli by Barbara Hicks



2/3

This week in 2nd & 3rd we have been working on exploring some hands-on math stations. We are working with concrete math materials to discover new math concepts. In reading students continue their work on vowel teams.



4/5

THIS WEEK IN SOCIAL STUDIES, WE LEARNED ABOUT MARCO POLO. MARCO POLO WAS A FAMOUS EXPLORER WHO WROTE A BOOK YOU CAN STILL READ TODAY. MARCO POLO TRAVELED THE SILK ROAD.

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	<p>BY ABBY</p> <p>In social studies this week, we learned about Marco Polo. Marco Polo was an Italian explorer who traveled from Italy to China and told the king about stories he had and he inspired other people to explore from the books he wrote. By Zach</p> <p>We played Marco Polo. When we played, we moved the desks then one person was Marco and the other people yelled Polo. It was so fun! I got out every time.</p> <p>By Eben</p> <p><i>This week, we did writing stories on the computer. The stories are about monsters and a main character. The main character in my story is named Angel and the monster is named Scary Kitty. Scary Kitty tries to scare Angel by locking her up in her bedroom. By Allyson</i></p>
Library	<p>Mrs Spinning's class finished Wildfire by Rodman Philbrick, so we will be starting The Wild Robot Protects by Peter Brown next week. This is the 3rd book in the series, and many of the students enjoyed the first two books last year while waiting for this one to come out!</p> <p>Miss K's class is in the thick of the first The Wild Robot book, and we can't get enough! We'll make it through this one in no time!</p> <p>Miss Bear's class enjoyed The Hallo-weiner by Dav Pilkey. This gave us the opportunity to talk about being kind to others, as well as how it made us feel when we were teased by others.</p>
Agriculture	<p>This week, we met a special guest....Mrs. H.! Mrs. H. volunteered during our agriculture classes and will be joining us in future weeks as well. Thank you so much, Mrs. H.! With K-1 students in tow, we ventured out on a Fruit Frolic around the schoolyard. We learned that fruits are a suitcase for seeds. Students found apples, raspberries, and even pumpkins! The older students explored leaves. Miss K.'s class learned about the parts of a leaf, then collected some for pressing. Mrs. Spinning's class finished our maple tree identification and gathered leaves for pressing as well.</p>
SEL	<p>This week all classes learned about impulse and impulse control. We practiced our impulse control by playing some group games where students had to keep their impulses at bay.</p>
G/T	<p>Here are the steps to refer a student for G/T services:</p> <ol style="list-style-type: none"> <li>1- Go to RSU 3 district web site</li> <li>2 - select "departments"</li> <li>3 - select "curriculum and instruction"</li> <li>4 - select "gifted and talented"</li> </ol>

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	5 - scroll down to find the form, which can be filled out right on line.
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You are Invited to Join Us

# Festive Holiday BRUNCH



Troy Elementary School

We are excited to invite families into our cafeteria to enjoy a Festive Holiday Brunch with your child. On **December 8th** lunch will be **served at 11am**. Cost for lunch is **\$5.00** for adults and **\$3.00** for non-student children payable by cash or check. Children that are enrolled in school eat for free. Please RSVP to reserve a spot for your family no later than **Wednesday, December 1st**.

**CINNAMON GLAZED FRENCH TOAST,**  
*Menu:* SAUSAGE, HASH BROWN, FRESH FRUIT &  
VEGGIE BAR, DESSERT

**Please return form no later than December 1st!**

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**Reservation Form for Holiday Brunch**

**Student(s) Name:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Number of Adults	Number of non- student Children

Cash Included

Check Included

Total Amount Included \_\_\_\_\_

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How can caregivers support attendance?

- Encourage your child to attend school, even if they feel a little tired or unmotivated.
- Celebrate a child's attendance achievements and acknowledge their effort.



**BUM LEAGUE BASKETBALL  
SIGN UPS**

**WHEN: MONDAY, NOVEMBER 20TH  
FROM 6-7PM**

**WHERE: MT. VIEW HIGH SCHOOL  
CAFETERIA**

**THIS IS FOR ANY 3<sup>rd</sup> THRU 6<sup>th</sup> GRADE  
STUDENT WHO LIVES WITHIN RSU 3**

**Come join the fun!!!**

**\*\*This is not an RSU 3 sponsored event\*\***

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### Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

**Keep your child home if he/she has any of the following symptoms:**

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.

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## Check out these **FREE** Digital Literacy classes



### Coming soon to RSU 3 Adult Ed!

Windows 10 PC Basics

Oct. 3rd at 4pm

Understanding WordPress

Oct. 5th at 2pm

Using Gmail Effectively

Oct. 31 at 2:30pm

Understanding WordPress

Nov. 2nd at 6pm

Applying for the Affordable  
Connectivity Program

Nov. 14 at 6pm

Learning about Devices

Dec. 5 at 3pm

Internet Safety

Dec. 7 at 3pm

Video Conferencing with  
Healthcare Providers,  
Family, & Friends

Dec. 11 at 3pm

**Don't see what  
you want?  
Just ask!**



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# College Success Series

Presented by RSU #3 Adult & Community Education and  
Dori L. Leadbetter of The Maine Educational Opportunity  
Center (MEOC)



## **PAYING FOR COLLEGE FAFSA WORKSHOP**

Wednesday October 11 3:00 - 5:00 pm



## **APPLYING FOR COLLEGE APPLICATION WORKSHOP**

Wednesday November 8 3:00 - 5:00 pm



## **FREE MONEY FOR COLLEGE SCHOLARSHIP WORKSHOP**

Wednesday December 6 3:00 - 5:00 pm

### How to Register

This is a free service but you must register with both Adult Ed & MEOC.

Adult Education registration: In person or online at [rsu3.maineadulted.org](http://rsu3.maineadulted.org)

Students that have not already submitted a MEOC application to receive free MEOC services,  
please complete the MEOC online application from your cell phone or computer using this  
weblink:

[https://trio.maine.edu/meoc/meoc\\_application.php](https://trio.maine.edu/meoc/meoc_application.php)

**DISCLAIMER: For all students under the age of 18: A parent/legal guardian signature is  
required on the MEOC application and students must attend the workshop with at least one of  
their parents/legal guardians.**





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Thursday, November 9th, 2023

**IN PERSON OR LIVE ZOOM**

5:30-7pm

## FREE **VETERANS LAW** CLASS

"Who doesn't know a veteran" or "THE VA" ?

One phrase rings true, the other spurs thoughts of frustration, bureaucratic double-speak; and confusion.

However, some attorneys, like Mailloux and Marden's Tyler Hadyniak (Mount View Class of 2011), are experts in navigating the VA benefits system and helping veterans get disability benefits for medical conditions they think are related to service.

Tyler's legal career began in veterans law, and he is the only veterans disability law attorney in Waldo and Knox Counties.

This course will be a basic, introductory guide to veterans benefits law. There is no charge to attend but registration is required.

Tyler will walk participants through the VA benefits process, and explain what an applicant needs to prove and how to do it. By the end of the class, participants will be able to explain to veterans, their friends, and family, what is required to get compensation through the VA.

