



Troy Newsletter

October 16, 2023

Notes from the Principal, Mrs. Roux ...

In addition to being the month to observe the beautiful fall colors, October is also National Fire Prevention Month. As you know, we practice fire drills throughout the school year; however, in October we also try to incorporate additional safety reviews and drills, including a visit from the local fire department when possible. Teachers will also be talking to their students about things they can do at home to help make sure their families are safe. Your child may come home asking questions about your family's safety plan in the event of a fire emergency. For example, he/she may wonder about working smoke alarms in your home and where your family meeting place is. For some children, talking about ways to stay safe in the event of a fire can be scary. At school we always approach this topic in an age appropriate way and reinforce the message that the safest thing we can do is practice frequently and plan for emergencies so that if they ever happen, we won't have to be scared because we know what to do.

Over the past week we have been involved in data meetings to look at our fall benchmark data and determine appropriate instructional plans for each student. One piece of data that we explore is attendance, as positive attendance patterns are crucial to a student's academic achievement. In addition to absences, we look closely at how often students are arriving late and/or leaving early. While an occasional incident of being tardy or dismissed early is not a big deal, frequent incidents of this are incredibly impactful and can negatively impact students' progress. Daily routines begin as soon as students arrive and are an important part of the school day. Whenever possible, please consider ensuring that your child is at school on time and for the full day.

Parent/Teacher conferences are coming up next week. Your child's teacher will be sending home specific information and details about how to sign up for these important meetings. These conferences will provide a more formal opportunity for each family to talk about your own specific child(ren), how the start of the school year has gone, and next steps/goals that have been set for you child based on the assessment data we have been collecting for the past several weeks. Please be sure to sign up for a conference, as you are a critical member of your child's educational team.

Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals beginning at approximately 3:15. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lroux@rsu3.org school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

Notes from the Office:

Our office has recently received the 2023 Neighbor for Neighbor Holiday Assistance applications from WCAP. If your family is in need of holiday food baskets and/or gifts, please call the Office and an envelope will be sent home with your student. The application due dates are as follows: For Thanksgiving is November 1st and Christmas is December 1st.

See below for information about our upcoming book fair!

Important Upcoming Dates.....

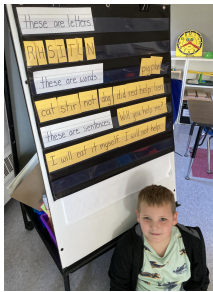
10/25 - Early Release

10/25 and 10/26 - Parent/Teacher Conferences

10/23-10/27 - Scholastic Book Fair

Check out what's happening at Troy School ... Week Of: 10/9

K/1



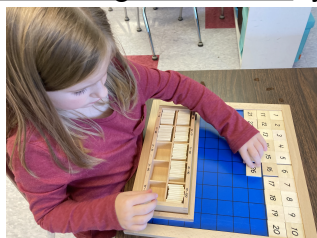
What a fabulous week in our class!

Students showed off their counting skills through a variety of activities and games. Some explored number puzzles, others tried balancing equations and, and many tried out the 100s chart. There are so many fun, moving parts to our math workshop!

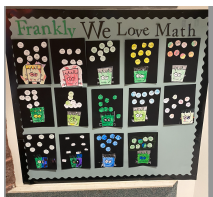
In Reading, we worked on, not only identifying letters and sounds, but actually USING them in our reading and writing work! We continue to explore the “secret stories” that unlock tricky spelling patterns in our reading. We are masters of the sound “th” “ch” and “sh” and we know the silly stories to help us remember them. This week’s secret story of interest was for the sound “ing”.

Favorite books of the week:

- The Little Red Hen
- 5 Little Monkeys Reading in the Bed by Eileen Christelow



2/3



This week we worked on our NVVEA assessments. Then in 2nd grade we started working on what is the value of a digit in our place value unit. In 3rd grade we started working on basic multiplication. Finally we did a math craft on the skills we have been working on.

4/5





Most of you have signed up for parent teacher conferences. Thank you! There's still a few slots left for those of you who haven't had a chance yet.

We're working our way through the book Shakespeare's Secret. It is an exciting mystery and each day we find a few more secrets behind the hidden diamond.

We started our Place Value unit in math. We're exploring the different values numbers have right now and will quickly be moving to adding and subtracting.

From the students:

This week we did math place value. We did a chart where you put the base ten

 	<p>blocks on the chart. By Clay (Pictures to the left)</p> <p>We started Social Studies this week by going on an adventure on a map (Google Earth). We saw lots of things where Mrs. Spinning used to be a park ranger like how salt water mixed with fresh water. (Ask us more about what we saw and why!) By Corinne</p>
Music	<p>This week K-2 began playing ukuleles. We started by learning the parts of the ukulele and practicing our down strum. At this point all 3-5 students have started their songwriting projects. Students chose a topic to write about and created a thought diagram of that topic. Students then used this as their word bank for their first couplet.</p>
PE	<p>The behavior, the positive attitudes, the care and kindness are really on display at Troy - I'm so impressed with the effort and motivation of the children at all levels - very proud of them. Keep it up</p>
Library	<p>Grade 4/5 has had some great conversations around survival skills, Maine history and geography, and fire science while reading Wildfire by Rodman Philbrick. Grade 2/3 have been having conversations around nature, caring for others, and our feelings around robots while enjoying The Wild Robot by Peter Brown. Grades K/1 have been reading a variety of stories, including a biography on artist Alma Thomas!</p>
Agriculture	<p>As October creeps along, we've been busy harvesting the last of our tomatoes and readying our garden for winter. Students planted some cover crop in our hoop house to improve soil health. Team Spinning also collected maple leaves from the trees we tap in order to identify the specific type of maple trees we have.</p>
SEL	<p>This week we all learned about self-esteem and how to boost it. We made self-esteem pumpkins to remind us of our positive thoughts!</p>



SCHOLASTIC BOOK FAIR

More Bookjoy, less hassle—with **eWallet!**

This year, say *goodbye* to giving your kids crumpled bills and loose change...and *hello* to **eWallet**, a super-convenient, secure digital payment account, for the Scholastic Book Fair. Setting up an eWallet for your child empowers them to choose their own books and effortlessly check out during the Best. Week. Ever. at their school. And any leftover funds can be saved for future Fairs. Now, that's a win-win!



Create Account



Add Funds



Share with Family
and Friends



Shop



Visit our school's Book Fair homepage to get started:



Starting October 2nd, 2023

<https://www.scholastic.com/bf/troycentralelementaryschool>



Dear Families:

Get ready! The Scholastic Book Fair is coming our way (YAY!). Choosing their own books empowers kids and inspires them on their journey to becoming lifelong readers. AND—as always—every purchase at the Fair benefits our school.

Here's what you need to know about the big event, which will take place:

Monday 10/23/2023 through Friday 10/27/2023
at the school

Say goodbye to cash and hello to **eWallet**—your child's digital payment account. Before the Fair, set up eWallet for worry-free, cash-free purchases. Anyone can contribute! Share each child's eWallet so friends and family can add funds and give your kids more books to enjoy.

If you can't make it to the Fair, then **shop at our school's Book Fair online**. All orders ship directly to your home, and shipping is free for book orders over \$25. Every online purchase will also benefit our school.

Visit our Book Fair homepage to learn more and get started with eWallet and online shopping:
<https://www.scholastic.com/bf/troycentralelementaryschool>

The countdown to more Bookjoy is on! Catch you at the Fair!

Happy reading,

Lisa Roux
Principal
Troy Central Elementary School



Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Keep your child home if he/she has any of the following symptoms:

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.



SUBSTITUTE TEACHER TRAINING

2 NIGHT SESSIONS
OCTOBER 4TH & 18TH
\$15.00 SUPPLIES FEE
5:30 PM - 8:00 PM

Learn the ins and outs of subbing in just two short sessions!
Taught by trained educators and experienced substitute teachers.
Supported by the RSU #3 staff and community and provided by:



register online at rsu3.maineadulted.org or call us today 568-3426



Check out these **FREE** Digital Literacy classes



Coming soon to RSU 3 Adult Ed!

Windows 10 PC Basics

Oct. 3rd at 4pm

Understanding WordPress

Oct. 5th at 2pm

Using Gmail Effectively

Oct. 31 at 2:30pm

Understanding WordPress

Nov. 2nd at 6pm

Applying for the Affordable
Connectivity Program

Nov. 14 at 6pm

Learning about Devices

Dec. 5 at 3pm

Internet Safety

Dec. 7 at 3pm

Video Conferencing with
Healthcare Providers,
Family, & Friends

Dec. 11 at 3pm

**Don't see what
you want?
Just ask!**

College Success Series

Presented by RSU #3 Adult & Community Education and
Dori L. Leadbetter of The Maine Educational Opportunity
Center (MEOC)



PAYING FOR COLLEGE **FAFSA WORKSHOP**

Wednesday October 11 3:00 - 5:00 pm



APPLYING FOR COLLEGE **APPLICATION WORKSHOP**

Wednesday November 8 3:00 - 5:00 pm



FREE MONEY FOR COLLEGE **SCHOLARSHIP WORKSHOP**

Wednesday December 6 3:00 - 5:00 pm

How to Register

This is a free service but you must register with both Adult Ed & MEOC.

Adult Education registration: In person or online at rsu3.maineadulted.org

Students that have not already submitted a MEOC application to receive free MEOC services,
please complete the MEOC online application from your cell phone or computer using this
weblink:

https://trio.maine.edu/meoc/meoc_application.php

**DISCLAIMER: For all students under the age of 18: A parent/legal guardian signature is
required on the MEOC application and students must attend the workshop with at least one of
their parents/legal guardians.**





Thursday, November 9th, 2023

IN PERSON OR LIVE ZOOM

5:30-7pm

FREE **VETERANS LAW** CLASS

"Who doesn't know a veteran" or "THE VA" ?

One phrase rings true, the other spurs thoughts of frustration, bureaucratic double-speak; and confusion.


However, some attorneys, like Mailloux and Marden's Tyler Hadyniak (Mount View Class of 2011), are experts in navigating the VA benefits system and helping veterans get disability benefits for medical conditions they think are related to service.

Tyler's legal career began in veterans law, and he is the only veterans disability law attorney in Waldo and Knox Counties.

This course will be a basic, introductory guide to veterans benefits law. There is no charge to attend but registration is required.

Tyler will walk participants through the VA benefits process, and explain what an applicant needs to prove and how to do it. By the end of the class, participants will be able to explain to veterans, their friends, and family, what is required to get compensation through the VA.



A photograph of the Colosseum in Rome at night, illuminated by warm lights against a dark blue sky with some clouds.

8 Days and 9 Nights
June 20-29, 2024

The Best of Italy's Culture, History, Food & Wine
Rome, Florence, Tuscany & Umbria

Register by Oct 31, 2023 for Early Bird Pricing!

Trip Website: <https://www.astravel.world/rsu-3-trip-2023>

Informational Meeting Monday Oct 2 5:30-6:30pm

Live or via Zoom at MVHS - Register online at rsu3.maineadulted.org

