



Troy Newsletter

October 2, 2023

Notes from the Principal, Mrs. Roux ...

It was great to see so many of you at our Open House. This is always a great opportunity for families to get a clearer understanding of some of the school and classroom routines, see samples of student work, and talk with the teacher about how the school year is starting off. I strongly encourage all families to maintain open lines of communication with your child's teachers, our Dean of Students, and myself. We all want the same things for every student which includes school experiences that are positive, fun, and filled with teaching opportunities not just for academics but important life-long skills that will set students up for success. Please be watching for opportunities to visit the school, take a few minutes to check out the What's Happening portion of these weekly newsletters, talk with your child every day about things happening at school, and always reach out sooner rather than later if your child is experiencing challenges related to school.

The year is off to such an amazing start but the days already feel like they are flying by. As we start the month of October, students are finishing up the fall benchmark assessments which have provided critical information about current skill levels and next steps for each student in his/her learning progression. Next week we will hold our first data meetings of the year, which allow teachers and interventionists to come together and plan how to work together to best meet the needs of all students. These conversations are incredibly important to ensure that we are all making decisions based on the needs of students and the school as a whole. From these meetings, goals for each student will be developed, implemented, and monitored over the course of the next 6-8 weeks before our next data meeting when we will formally meet again to determine if students are making the progress they are capable of. Stay tuned for more information about your specific child's goals and progress. **Details about upcoming Parent/Teacher conferences will be sent home soon.**

As a reminder, we are still continually reviewing important safety routines at school, such as fire drills, and ALICE protocols. Please continue to talk with your child about the things they are learning at school to keep themselves and others safe. As always, we are very mindful to approach these topics in an age appropriate way to ensure that students understand the importance of being prepared, without being scared or anxious.

Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals beginning at approximately 3:15. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lroux@rsu3.org school phone: 948-2280 home phone: 568-3980 cell: 323-0990)

Notes from the Office:

Please be in the habit of checking backpacks daily for important reminders and information.

Please see important information below from our RSU 3 nurse.

Important Upcoming Dates.....

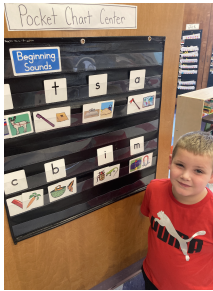
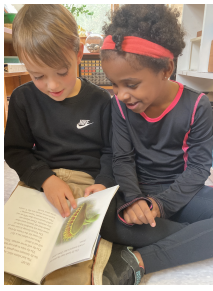

10/6 - No School - Professional Development Day for Teachers

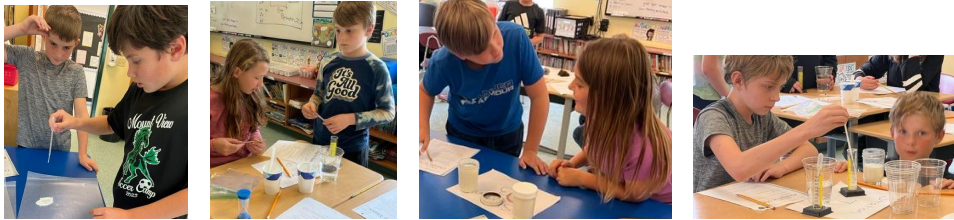

10/9 - No School

10/10 - School Board Meeting

10/25 - Early Release

Check out what's happening at Troy School ... Week Of: 9/25

<p>K/1</p>  	<p>Another fabulous week in K/1. Students worked as illustrators for a second week, they crafted stories from pictures and labeled their characters and objects. Some students chose to share their stories with their 4th/5th grade reading buddy on Friday. Such great work!</p> <p>Other highlights of the week were: diving into some new math centers, using computers with Mr. Bennett and teaching family members all about their work day at Open House!</p> <p>Favorite Books of the week: <u>Brown Bear, Brown Bear What do You See?</u> By Eric Carle <u>The Mixed Up Chameleon</u> by Eric Carle</p> 
<p>2/3</p>	<p>This week we finished our chapter book read aloud on <u>Tales of a 4th Grade Nothing</u>. In reading we went over the phonics patterns ee & ea. We practiced reading and spelling words that contain this pattern. We also had tech. Time with Mr. Bennet and students worked on creating digital posters in google drawings.</p>
<p>4/5</p>	<p>We had so much fun seeing all the families at Open House!! Thanks for coming in and seeing all we have done so far this year!</p> <p>We have finished up our Chemistry Unit on Matter this week. We've explored how matter can change physically and chemically. We did a fun 2 day experiment (see below and ask us for more details)!</p> <p>We also started a new book during reading this week, Shakespeare's Secret! It's a fun mystery about a stolen diamond.</p> <p>From the students:</p> <p>Last week, we did puppets (in Tiger Houses). I put eyes on my puppet, a mouth, a nose, and gems. It looks very good. A lot of people made puppets too. (We can't wait to use them during Tiger Houses today!) By Braydn</p> <p>When we did the science experiment, we observed sour milk (and regular milk). It smelled bad! (We had to decide if it was a physical or chemical change). Then we moved to the next station. Some of the other stations were bubble wrap and silver hairish (steel wool). By Eben</p>

	
<p>Intervention</p> 	<p>One group has been working on reading fluently. The steps to help us read fluently are automatically recognizing heart words, grouping words into phrases, and making our reading sound like talking. We've been practicing reading fluently with poetry and most recently performing a reader's theater called <i>Can Cats and Dogs Be Pals?</i> Thank you Shawn and Mrs. Fritch for being our audience last week!</p>
<p>Music</p>	<p>This week, K-2 students learned about dynamics, loud and soft in music. To practice this we sang Charlie Went Over the Ocean at different dynamic levels. Then we used percussion to practice playing loud and soft.</p> <p>3-5 students had a choice day. Students could choose from one of the three topics we've addressed up to this point; song-writing, BandLab, or Graffiti.</p>
<p>PE</p>	<p>Another great week at TRoy - bringing back some of the oldie but goodie activities - the children are doing fantastic - so much positive energy and so strong - shout out to Corinne, Kenzie and Allyson for being such strong role models and leaders - well done</p>
<p>Agriculture</p>	<p>This week, I presented our award-winning gardeners with the ribbons we won for our produce at the Common Ground Country Fair! Then we scavenged for apples, picked tomatoes, weeded in the high tunnel, and started preparing our in-ground plot for the winter. What a beautiful week to be out in the garden!</p>
<p>SEL</p>	<p>This week at Troy, we talked about rotten days and those simple things that we can do to make our days just a bit better.</p>



Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Keep your child home if he/she has any of the following symptoms:

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.



SUBSTITUTE TEACHER TRAINING

2 NIGHT SESSIONS
OCTOBER 4TH & 18TH
\$15.00 SUPPLIES FEE
5:30 PM - 8:00 PM

Learn the ins and outs of subbing in just two short sessions!
Taught by trained educators and experienced substitute teachers.
Supported by the RSU #3 staff and community and provided by:



register online at rsu3.maineadulted.org or call us today 568-3426



Check out these **FREE** Digital Literacy classes



Coming soon to RSU 3 Adult Ed!

Windows 10 PC Basics

Oct. 3rd at 4pm

Understanding WordPress

Oct. 5th at 2pm

Using Gmail Effectively

Oct. 31 at 2:30pm

Understanding WordPress

Nov. 2nd at 6pm

Applying for the Affordable
Connectivity Program

Nov. 14 at 6pm

Learning about Devices

Dec. 5 at 3pm

Internet Safety

Dec. 7 at 3pm

Video Conferencing with
Healthcare Providers,
Family, & Friends

Dec. 11 at 3pm

**Don't see what
you want?
Just ask!**

College Success Series

Presented by RSU #3 Adult & Community Education and
Dori L. Leadbetter of The Maine Educational Opportunity
Center (MEOC)



PAYING FOR COLLEGE **FAFSA WORKSHOP**

Wednesday October 11 3:00 - 5:00 pm



APPLYING FOR COLLEGE **APPLICATION WORKSHOP**

Wednesday November 8 3:00 - 5:00 pm



FREE MONEY FOR COLLEGE **SCHOLARSHIP WORKSHOP**

Wednesday December 6 3:00 - 5:00 pm

How to Register

This is a free service but you must register with both Adult Ed & MEOC.

Adult Education registration: In person or online at rsu3.maineadulted.org

Students that have not already submitted a MEOC application to receive free MEOC services,
please complete the MEOC online application from your cell phone or computer using this
weblink:

https://trio.maine.edu/meoc/meoc_application.php

**DISCLAIMER: For all students under the age of 18: A parent/legal guardian signature is
required on the MEOC application and students must attend the workshop with at least one of
their parents/legal guardians.**





Thursday, November 9th, 2023

IN PERSON OR LIVE ZOOM

5:30-7pm

FREE **VETERANS LAW** CLASS

"Who doesn't know a veteran" or "THE VA" ?

One phrase rings true, the other spurs thoughts of frustration, bureaucratic double-speak; and confusion.


However, some attorneys, like Mailloux and Marden's Tyler Hadyniak (Mount View Class of 2011), are experts in navigating the VA benefits system and helping veterans get disability benefits for medical conditions they think are related to service.

Tyler's legal career began in veterans law, and he is the only veterans disability law attorney in Waldo and Knox Counties.

This course will be a basic, introductory guide to veterans benefits law. There is no charge to attend but registration is required.

Tyler will walk participants through the VA benefits process, and explain what an applicant needs to prove and how to do it. By the end of the class, participants will be able to explain to veterans, their friends, and family, what is required to get compensation through the VA.



A photograph of the Colosseum in Rome at night, illuminated by warm lights against a dark blue sky with some clouds.

8 Days and 9 Nights
June 20-29, 2024

The Best of Italy's Culture, History, Food & Wine
Rome, Florence, Tuscany & Umbria
Register by Oct 31, 2023 for Early Bird Pricing!
Trip Website: <https://www.astravel.world/rsu-3-trip-2023>

Informational Meeting Monday Oct 2 5:30-6:30pm
Live or via Zoom at MVHS - Register online at rsu3.maineadulted.org

