



# Morse Newsletter



March 11, 2024

## Notes from the Principal, Ms. Dupuy ...

I hope you had a wonderful weekend and enjoyed the extra daylight that comes with the spring time change!

As you're aware, Daylight Saving Time began this past weekend, and we "sprang forward" by setting our clocks one hour ahead. I trust that this adjustment went smoothly for your family and that you're settling into the new schedule. I have included a few tips to help with the transition:

- Limiting screen time before bed.
- Having set nighttime routines.
- Getting enough exercise during the day can help kids sleep better, too.
- Spending some time outside and being exposed to natural light during the day can help reset your child's internal clock after a time change.

With the arrival of spring, we're looking forward to embracing the longer days and warmer weather here at school. This season brings a renewed sense of energy and excitement, and we have some exciting activities and learning opportunities planned for our students in the coming weeks.

Reminders this week include:

- With this Spring weather comes mud! Sometimes our students' get a little wet. You may want to consider sending a dry set of clothes for students to keep at school or in their backpacks so they can change into something dry.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals beginning at approximately 3:15. Parents are asked to pull up to the entrance and your child will be brought out to meet your car. During drop off and pick up, if you plan to walk your child to the door, please park in the parking lot across the street so as not to interrupt the flow of traffic. Thank you!

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: [jdupuy@rsu3.org](mailto:jdupuy@rsu3.org) school phone: 722-3636 cell: 249-1061)

## Notes from the Office:

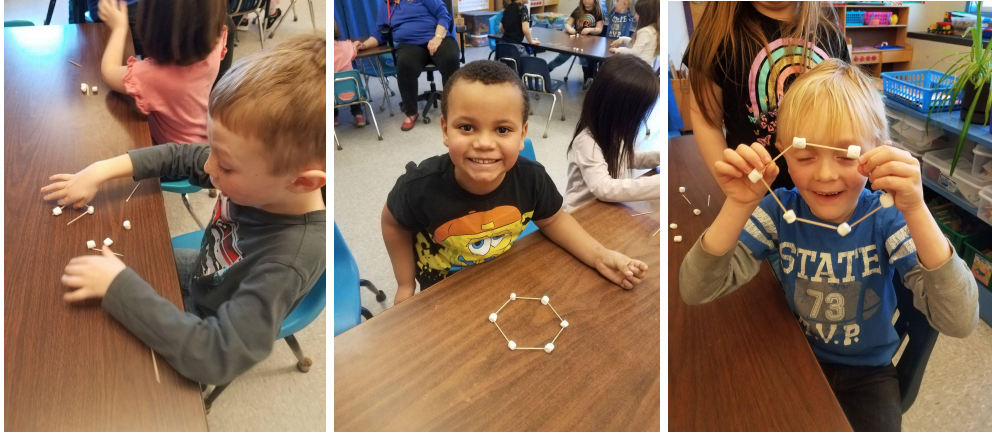
Check out our Hannaford Helps Flyer below to help our school raise money!!


## Important Upcoming Dates.....

3/11 - School Board Meeting at MVHS 6:30

3/15 - Teacher Inservice Day - No School for Students

Check out what's happening at Morse School ... Week Of: ¾

<p>K</p>	<p>We had a great week in Kindergarten! In math, we continued working with addition and began memorizing addition facts. We started our shape review and talked about how many sides and vertices each shape has - complete with a marshmallow and toothpick shape building challenge!</p> 
<p>1/2 B</p>	<p>Students have been learning about mammals in our world. We have discussed what a mammal is and what a mammal is not. Many friends came with lots of prior knowledge about mammals. We will expand our learning to amphibians, reptiles, and invertebrates.</p>
<p>1/2 P</p>	<p>It was a great week of learning in our class! We are finishing up our opinion writing, our first graders completed math books this week, and we celebrated many superstar spellers on Friday! A friendly reminder to check your child's folder to see completed work and notices from school. Recently I sent home an invitation for family members to be guest readers in our class next week as part of celebrating Read Across America. We are excited to see how many guests we can get, so please email or call me with a time you may be able to come in and share a story with the class. I also put out a leprechaun trap family project challenge. This is completely optional for those who like to be creative and use household objects to bring an idea to life. We will be looking at these projects on Monday, March 18th, so those participating please bring them to class by then.</p>
<p>3/4 M</p>	<p>Another week of learning has been completed! We worked in our math groups and literacy groups and I am excited to keep moving forward with these groups and the progress my young learners will make. This week, I am going to introduce personal narrative writing and our timeline project. A kind reminder, there is no school this Friday, March 15th due to a teacher in-service day. Have a fantabulous week!</p>

3/4 R	<p>Students completed academic goals and brought them home on Friday to share with you. I'm looking forward to seeing their progress! We are continuing with book clubs. I've been hearing some wonderful discussions about our books!</p> 
5	<p>Last week 5th graders participated in an open ended math challenge. Once they got the hang of how to do them, the creativity was boundless! We also ended our chemistry unit by making our own crystal rock candy. Waiting patiently was the hardest part of the process!</p>
Agriculture	<p>Ms. Greenlaw's, Mrs. Parker's, Mrs. Braley's, and Mrs. Rawley's classes learned all about the process of turning maple sap into delicious syrup. We read a book about the process, touched syrumping equipment, and got to taste test some local maple syrup. Mrs. Rasar's class finished a unit on insects by creating "new species" of insects, complete with all their insect parts. The fifth graders performed weekly maintenance on our Flex Farm, our hydroponic grow tower. The lettuce is looking amazing and we are excited about eating it soon! Classrooms also started Lion's Mane Mushrooms in kits donated by Johnny's Selected Seeds. Thank you, Johnny's!</p>
SEL	<p>This week, all classes learned about letting things go when we get frustrated. We talked about how we can still care about what is bothersome, but not let it affect our entire day.</p>

**FREE**

**COVID TEST KITS**

Expiration date has been extended to

**9/30/24**

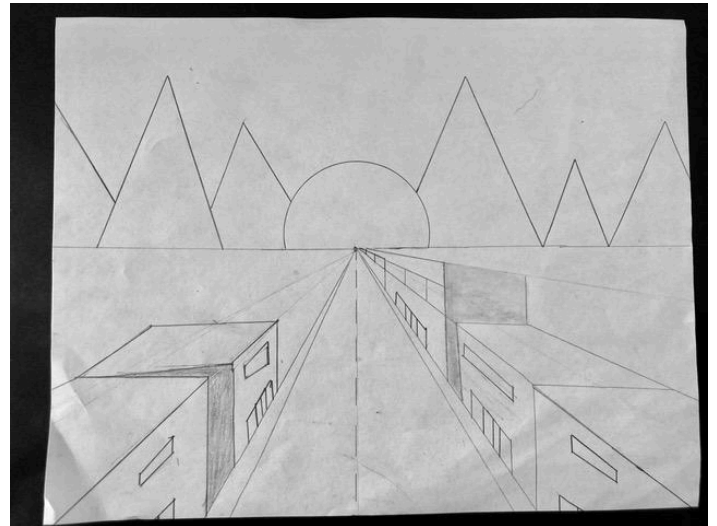
Parents may pick them up

in the school office

## A SPECIAL SHOUT OUT TO:

**Kaylin, Collin and Vivian!**

These students have had pieces of art selected for the Waterfall Arts Show! Their work is showcased throughout downtown Belfast, the Belfast Free Library and the Waterfall Arts Galleries. Congratulations!



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Go to [hannaford.com/helpsschools](http://hannaford.com/helpsschools).

RECYCLE ON JUNE 1, 2024

# LOST AND FOUND TAKE 2



IF YOU SEE ANYTHING THAT BELONGS TO YOU, PLEASE CONTACT THE OFFICE.

# Morse School is recruiting volunteers!

*Music on Wednesday*  
Come instill a lifelong love  
of music, share your  
understanding of the art,  
and have fun.

*20 Minutes, an hour, all day!  
Whatever fits your schedule!*

*Please contact the RSU#3  
volunteer coordinator,  
Jenny Tibbetts,  
for more information:  
[jtibbetts@rsu3.org](mailto:jtibbetts@rsu3.org)  
(207)568-4640 ext. 1413*

**Thank you!**

*Math with 1st and 2nd  
Grades*

*1:00-2:00 Monday*

*1:30-2:30 Tuesday*

*10:30-11:20 Thursday*

*Come for any of these  
times and help  
teach kids numbers.*

*Reading with Grades  
3-5*

*Read with kids  
any afternoon for  
an hour.*



**Willing Hearts Army**  
**RSU#3 Volunteers**



**Department of Agriculture, Conservation  
and Forestry have a suggestion or two!**  
**@Maine Department of Agriculture,  
Conservation and Forestry**

**Find the Ski & Snowshoe Trailers  
at Maine State Parks!**

**10 AM—3PM on all dates listed**

**January**

- 5-14\* Camden Hills State Park,  
Camden, (207) 236-0849  
Winter Family Fun Day on Jan. 13
- 13 & 14 Mount Blue State Park,  
Weld, (207) 585-2261
- 19, 20, 21\* Aroostook State Park,  
Presque Isle, (207) 768-8341
- 20 & 21 Wolfe's Neck Woods  
State Park, Freeport,  
(207) 865-4465
- 27 & 28 Sebago Lake State Park,  
Casco, (207) 693-6231

**February**

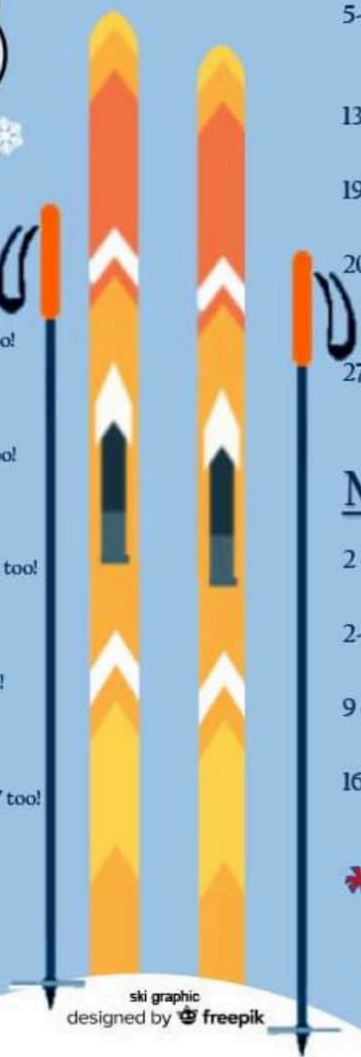
- 1-13\* Holbrook Island Sanctuary,  
Brooksville, (207) 326-4012  
Winter Family Fun Day on February 10 too!
- 3 & 4 Mount Blue State Park,  
Weld, (207) 585-2261  
Winter Family Fun Day on February 3 too!
- 10 & 11 Bradbury Mt. State Park,  
Pownal, (207) 688-4712  
Winter Family Fun Day on February 10 too!
- 17 Reid State Park,  
Georgetown, (207) 371-2303  
Winter Family Fun Day on February 17 too!
- 17-24\* Lake St. George State Park,  
Liberty, (207) 589-4255  
Winter Fun & Ice Fishing Derby on Feb. 17 too!
- 18 Bradbury Mountain State Park,  
Pownal, (207) 688-4712
- 24 & 25 Range Pond State Park,  
Poland, (207) 998-4104  
Winter Family Fun Day on  
Feb. 24 too!

**FREE equipment  
use with Park  
Admission**

**March**

- 2 & 3 Mount Blue State Park,  
Weld, (207) 585-2261
- 2-10\* Cobscook Bay State Park,  
Edmunds Twp., (207) 726-4412
- 9 & 10 Sebago Lake State Park  
Casco, (207) 693-6231
- 16-31\* Lily Bay State Park,  
Greenville, (207) 695-2700

**\* Please call ahead to confirm.**



ski graphic  
designed by freepik



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2024





## Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

**Keep your child home if he/she has any of the following symptoms:**

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.