

Morse Newsletter

February 5, 2024



Notes from the Principal, Ms. Dupuy ...

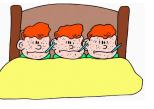
I hope this message finds you well. As we strive to create a nurturing and supportive environment for our students, I wanted to share some ideas on how to engage in more meaningful conversations with your children about their day. While the classic question, "How was your day?" is a great starting point, I have found with my own children that the question was easy to answer with one word...good, bad, fine, ok etc. Here are some alternative and insightful ways to connect with your child shared by the GEAR parent network:

"what is something interesting that happened today?"	"have there been any changes in how you're feeling?"	"If you could do any part of today over again, what would it be?"
"what have you been reading/listening to/watching lately?"	"what made you smile today?"	"what would you like to be different tomorrow?"
"how can I make your day easier right now?"	"what has been hardest for you this week?"	"when did you feel appreciated/understood /loved today?"
"what has improved for you today?"	"is there anything you want to talk about from your day?"	"what are you most excited for this week?"
"what did you do to take care of yourself today?"	"what do you wish you did a little less of today?"	"what do you wish you did more of today?"

(email: jdupuy@rsu3.org school phone: 722-3636 cell: 249-1061)

Notes from the Office:

Please remember to call the office if your child is going to be absent. Thank You!!



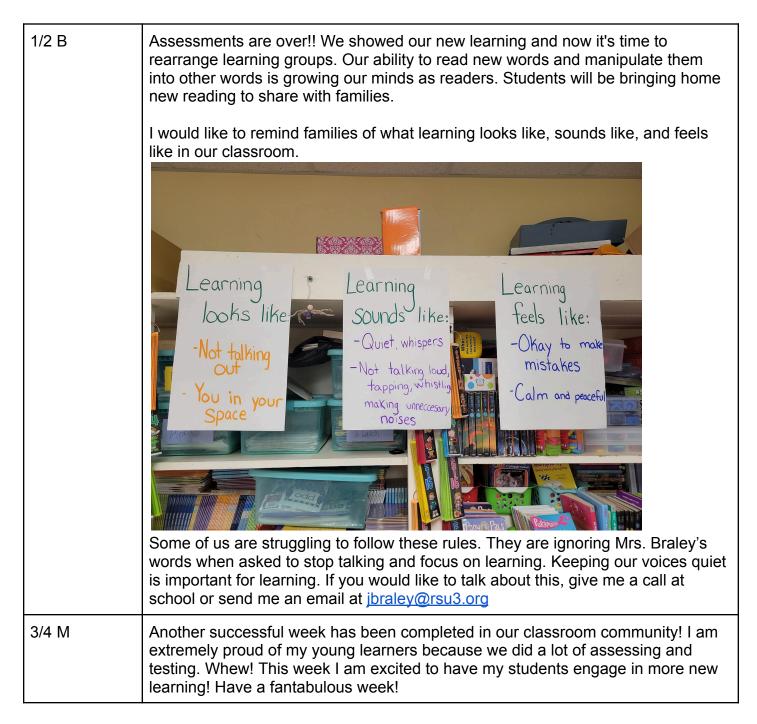
Important Upcoming Dates.....

2/12 - 100th Day of School

2/12 - School Board Meeting at MVHS 6:30

2/19 - 2/23 February Vacation

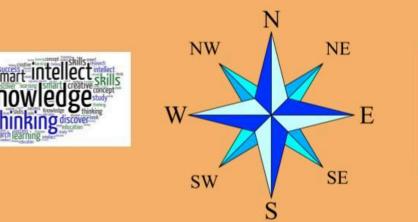
Check out what's happening at Morse School ... Week Of: 1/29





Agriculture	The school was buzzing with insects this past week! Mrs. Braley's and Mrs. Rasar's classes finished their insect observation sheets, making some very interesting discoveries about their bugs. Mrs. Rawley's students took a closer look at bees and the important role they play as pollinators. Miss Beth's class read about Henry Ford. Did you know that he made a prototype car using plastic made from soybeans?!
SEL	This week at Morse, students played a review game, testing all their knowledge about respect.

"School is a compass that guides young minds, pointing them in the direction of knowledge, empathy, and self-discovery, ensuring they navigate the vast landscapes of life with wisdom and purpose."





Attend School Every Day to Build Your Future

FREE

COVID TEST KITS

Expiration date has been extended to 9/30/24 Parents may pick them up in the school office

Morse School is recruiting volunteers!

Music on Wednesday Come instill a lifelong love of music, share your understanding of the art, and have fun.

> 20 Minutes, an hour, all day! Whatever fits your schedule!

Math with 1st and 2nd Grades

1:00-2:00 Monday 1:30-2:30 Tuesday 10:30-11:20 Thursday Come for any of these times and help teach kids numbers.

Reading with Grades 3-5 Read with kids any afternoon for an hour. Please contact the RSU#3 volunteer coordinator, Jenny Tibbetts, for more information: jtibbetts@rsu3.org (207)568-4640 ext. 1413

Thank you!



Willing Hearts Army RSU#3 Volunteers

Youth Ice Fishing Derby Lake St. George State Park

Saturday, February 17, 2024 8AM—2PM

278 Belfast-Augusta Road, Liberty

Learn How to Ice Fish

Fish tip-ups on loan from the park Prizes will be awarded

Maine State Parks Ski & Snowshoe Trailer with free snowshoe and cross-country ski rentals.

> Ice skating on the lake Warming Area in the Barn Hot cocoa and Wicked Joe coffee

Special Event Park Admission Ages 12 & dois: \$1.50 Under 12 & over 65 free

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NOT AN RSU3 SPONSORED EVENT / ACTIVITY

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Department of Agriculture, Conservation and Forestry have a suggestion or two! **@Maine Department of Agriculture, Conservation and Forestry**

Find the Ski & Snowshoe Trailers at Maine State Parks! 10 AM-3PM on all dates listed anuary FREE equipment 5-14* Camden Hills State Park, use with Park Camden, (207) 236-0849 Winter Family Fun Day on Jan. 13 Admission 13 & 14 Mount Blue State Park, Weld, (207) 585-2261 19, 20, 21* Aroostook State Park, February Presque Isle, (207) 768-8341 20 & 21 Wolfe's Neck Woods 1-13* Holbrook Island Sanctuary, State Park, Freeport, Brooksville, (207) 326-4012 (207) 865-4465 Winter Family Fun Day on February 10 too! 27 & 28 Sebago Lake State Park, 3 & 4 Mount Blue State Park. Casco, (207) 693-6231 Weld, (207) 585-2261 Winter Family Fun Day on February 3 too! March 10 & 11 Bradbury Mt. State Park, Pownal, (207) 688-4712 2 & 3 Mount Blue State Park, Winter Family Fun Day on February 10 too! Weld, (207) 585-2261 17 Reid State Park, 2-10* Cobscook Bay State Park, Georgetown, (207) 371-2303 Edmunds Twp., (207) 726-4412 Winter Family Fun Day on February 17 too! 9 & 10 Sebago Lake State Park 17-24* Lake St. George State Park, Casco, (207) 693-6231 Liberty, (207) 589-4255 16-31* Lily Bay State Park, Winter Fun & Ice Fishing Derby on Feb. 17 too! Greenville, (207) 695-2700 18 Bradbury Mountain State Park, Pownal, (207) 688-4712 Please call ahead to confirm. 24 & 25 Range Pond State Park, Poland, (207) 998-4104 Winter Family Fun Day on



Feb. 24 too!

ski graphic designed by 🕲 freepik

www.ParksAndLands.com



2024

TRI-TOWN PTG SPONSORED TEE FIGHING DERBY

Saturday February 17 Fish anytime between 7-3:30pm

\$5/person \$15/family Cross Pond Morrill 1st, 2nd, 3rd place prizes longest fish & heaviest fish *Prizes for kids only, but all are welcome to fish!*

Door Prizes!

Contact Kevin Winslow for more information

207-322-5934

Lunch available for purchase! Hot dogs, chips, hot chocolate/water, sweets & treats

*Bring your own skates, sleds, snowshoes, etc. **t** Please no open fire pits 2

*Traps & Bait

provided for

those who need it

This is not an RSU#3 sponsored event



DO YOU HAVE TIME TO SUPPORT OUR SCHOOLS AND EARN UP TO **\$135** PER DAY?

JANUARY 24TH & FEBRUARY 7TH 5:30 PM - 8:00 PM

Our schools and students need you - and not just as a teacher! Substitutes are hired in almost ever job category - custodial, food service, educational technicians and bus drivers to name a few. Before you know it, in just two short sessions, taught by experienced RSU 3 substitute teachers and staff, you can be trained and earning \$100 plus a day! Background check and fingerprinting fees are 100% reimbursable for those who substitute!

This is a hybrid class that can be joined either live online or in person.



BROOKS FREEDOM JACKSON KNOX LIBERTY MONROE MONTVILLE THORNDIKE TROY UNITY WALDO register online at **rsu3.maineadulted.org** or call us today 568-3426



Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections: **Keep your child home if he/she has any of the following symptoms:**

- Fever (Greater than 100° F)- the student may return when fever-free for 24 hours WITHOUT the use of fever reducing medication.
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting**: A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- Skin Lesions (sores) A student should not be at school with any sores with drainage that cannot be contained within a bandage
- Strep Throat/Impetigo and other bacterial infections requiring antibiotics- A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea. or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- Other- Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.