



Monroe - Message From the Principal

February 5, 2024

Notes from the Principal, Ms. Dupuy ...

I hope this message finds you well. As we strive to create a nurturing and supportive environment for our students, I wanted to share some ideas on how to engage in more meaningful conversations with your children about their day. While the classic question, "How was your day?" is a great starting point, I have found with my own children that the question was easy to answer with one word...good, bad, fine, ok etc. Here are some alternative and insightful ways to connect with your child shared by the GEAR parent network:

"what is something interesting that happened today?"

"have there been any changes in how you're feeling?"

"If you could do any part of today over again, what would it be?"

"what have you been reading/listening to/watching lately?"

"what made you smile today?"

"what would you like to be different tomorrow?"

"how can I make your day easier right now?"

"what has been hardest for you this week?"

"when did you feel appreciated/understood /loved today?"

"what has improved for you today?"

"is there anything you want to talk about from your day?"

"what are you most excited for this week?"

"what did you do to take care of yourself today?"

"what do you wish you did a little less of today?"

"what do you wish you did more of today?"

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: jdupuy@rsu3.org school phone: 525-3504 cell: 249-1061)

Important Upcoming Dates.....

2/12 School Board Meeting MVHS
6:30 pm

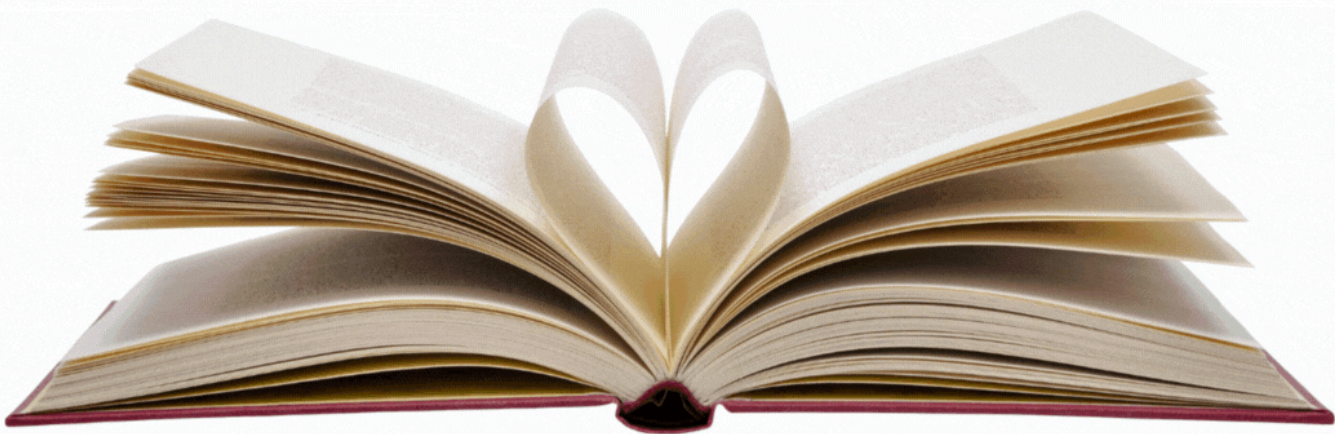


2/19 - 2/23 February Vacation


3/4 - 3/8 Monroe School Scholastic Book Fair

**WE'RE HAVING A
BOOK FAIR!**

MONROE ELEMENTARY SCHOOL



Be watching future newsletters for more information about our book fair including the E-Wallet!

<p>2/3</p> <p><u>The Magic Fish</u></p> 	<p>We read the classic tale Magic Fish this week, as part of a mini unit on traditional literature. In that story, a fisherman catches a magic fish who asks to be released. However, his wife demands wishes from the fish, who grants them until she asks for too much, and then all her wishes vanish. Students correctly identified the message of the story - <i>be thankful for what you have</i>. We read an alternative version that is written from the wife's perspective, which gave us the chance to discuss narration, points of view and to compare other elements that differed in those stories.</p>
<p>4/5</p>	<p>This week we continued working on author's craft, finally got a couple more Percy Jackson chapters in and are ready to move forward in our go math program after a quick stop and review of some skills. The students worked hard on their dioramas for science and I would like to display them in the case in the hallway. I am hopeful we finish up the writing prompts we need and move on to opinion writing soon. I know we had a lot of students not feeling well this month but we were still able to get everyone caught up on the assessments they missed.</p>
<p>Agriculture</p>	<p>In grades 2/3, we learned all about the third most widely grown grain in the world....rice! It is a grass that is grown in patties. Our K/1 students extended their knowledge of insects' important role in the garden by playing a buzzy bee pollination game. Our 4/5 students also took a close look at insects by choosing one from a collection and investigating it. They made some interesting discoveries!</p>
<p>SEL</p>	<p>This week at Monroe, students played a review game, testing all their knowledge about respect.</p>

Monroe School **is recruiting volunteers!**

Have an hour a week?

An hour a day?

*Monroe School seeks help
teaching math:
Whaddya say?*

Volunteers make a difference!

*Please contact the RSU#3
volunteer coordinator,*

*Jenny Tibbetts,
for more information:
jtibbetts@rsu3.org
(207)568-4640 ext 1413*

Thank you!



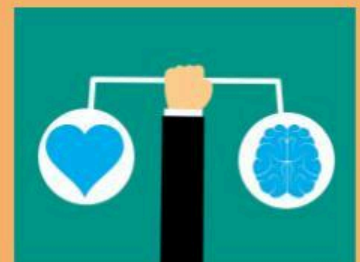
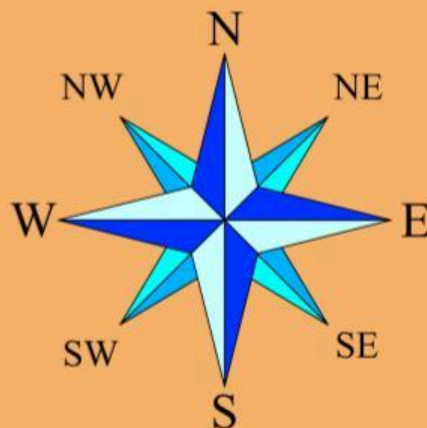
Willing Hearts Army
RSU#3 Volunteers

FREE

9/30/24

Parents may pick them up
in the school office

"School is a compass that guides young minds, pointing them in the direction of knowledge, empathy, and self-discovery, ensuring they navigate the vast landscapes of life with wisdom and purpose."



Attend School Every Day to Build Your Future

**Department of Agriculture, Conservation
and Forestry have a suggestion or two!**
**@Maine Department of Agriculture,
Conservation and Forestry**

Find the Ski & Snowshoe Trailers at Maine State Parks!

10 AM—3PM on all dates listed

January

- 5-14* Camden Hills State Park,
Camden, (207) 236-0849
Winter Family Fun Day on Jan. 13
- 13 & 14 Mount Blue State Park,
Weld, (207) 585-2261
- 19, 20, 21* Aroostook State Park,
Presque Isle, (207) 768-8341
- 20 & 21 Wolfe's Neck Woods
State Park, Freeport,
(207) 865-4465
- 27 & 28 Sebago Lake State Park,
Casco, (207) 693-6231

March

- 2 & 3 Mount Blue State Park,
Weld, (207) 585-2261
- 2-10* Cobscook Bay State Park,
Edmunds Twp., (207) 726-4412
- 9 & 10 Sebago Lake State Park
Casco, (207) 693-6231
- 16-31* Lily Bay State Park,
Greenville, (207) 695-2700

* **Please call ahead to confirm.**

**FREE equipment
use with Park
Admission**

February

- 1-13* Holbrook Island Sanctuary,
Brooksville, (207) 326-4012
Winter Family Fun Day on February 10 too!
- 3 & 4 Mount Blue State Park,
Weld, (207) 585-2261
Winter Family Fun Day on February 3 too!
- 10 & 11 Bradbury Mt. State Park,
Pownal, (207) 688-4712
Winter Family Fun Day on February 10 too!
- 17 Reid State Park,
Georgetown, (207) 371-2303
Winter Family Fun Day on February 17 too!
- 17-24* Lake St. George State Park,
Liberty, (207) 589-4255
Winter Fun & Ice Fishing Derby on Feb. 17 too!
- 18 Bradbury Mountain State Park,
Pownal, (207) 688-4712
- 24 & 25 Range Pond State Park,
Poland, (207) 998-4104
Winter Family Fun Day on
Feb. 24 too!

ski graphic
designed by freepik

**TAKE IT
OUTSIDE!**

www.ParksAndLands.com

2024



2024

Youth Ice Fishing Derby Lake St. George State Park

Saturday, February 17, 2024

8AM–2PM

278 Belfast-Augusta Road, Liberty

Sponsors:

2024 Youth
Ice Fishing Derby
Sponsored by
Maine State Parks
and Recreation
Lake St. George
State Park
and
Liberty
Maine State Parks
and Recreation
Lake St. George
State Park
and
Liberty

Learn How to Ice Fish

Fish tip-ups on loan from the park

❄ Prizes will be awarded

Maine State Parks Ski & Snowshoe Trailer

with free snowshoe and cross-country
ski rentals.

❄ Ice skating on the lake

Warming Area in the Barn

Hot cocoa and Wicked Joe coffee

TAKE IT
OUTSIDE!

Special Event Park Admission
Ages 12 & older \$1.50 Under 12 & over 65 free



For more information, visit the park's Facebook page or call 207-888-5141.
Questions? Call the park at 207-888-5141 or visit us online.

www.Pa1sa.com

NOT AN RSU3 SPONSORED EVENT / ACTIVITY

TRI-TOWN PTG SPONSORED

ICE FISHING DERBY

Saturday February 17
Fish anytime between
7-3:30pm

\$5/person
\$15/family

**Door
Prizes!**




**Cross Pond
Morrill**

1st, 2nd, 3rd place prizes
*longest fish &
heaviest fish*

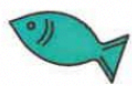
**Prizes for kids only, but all
are welcome to fish!**

Contact Kevin Winslow for more information

207-322-5934

 **Lunch available for
purchase!**
Hot dogs, chips, hot
chocolate/water, sweets &
treats

**Bring your own
skates, sleds,
snowshoes, etc.*
Please no open fire pits

 **Traps & Bait
provided for
those who need it*

This is not an RSU#3 sponsored event



DO YOU HAVE TIME TO SUPPORT OUR
SCHOOLS **AND** EARN UP TO **\$135** PER DAY?

JANUARY 24TH & FEBRUARY 7TH
5:30 PM - 8:00 PM

Our schools and students need you - and not just as a teacher! Substitutes are hired in almost every job category - custodial, food service, educational technicians and bus drivers to name a few. Before you know it, in just two short sessions, taught by experienced RSU 3 substitute teachers and staff, you can be trained and earning \$100 plus a day! Background check and fingerprinting fees are 100% reimbursable for those who substitute!

This is a hybrid class that can be joined either live online or in person.

RSU #3



Adult & Community
Education

BROOKS FREEDOM JACKSON KNOX LIBERTY MONROE MONTVILLE THORNDIKE TROY UNITY WALDO

register online at **rsu3.maineadulted.org** or call us today 568-3426



Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Keep your child home if he/she has any of the following symptoms:

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.