



# Monroe - Message From the Principal

January 22, 2024

## Notes from the Principal, Ms. Dupuy ...

I hope this message finds you well. I know many of our students were looking forward to finally being able to get out and enjoy some winter activities, including sledding, skiing, snowmobiling and ice fishing. I wanted to take a moment to share how fantastic this week has been at school. While it may have been a short week, our students have been actively engaged in various learning activities, and it's great to witness their enthusiasm for learning.

As our winter season is getting into full swing, I would like to kindly remind you to ensure that your child comes to school prepared for outdoor winter recess. The weather can be chilly and we want to make sure our students are comfortable and warm while enjoying their break. We do not go outside if the temperature or windchill is below 10 degrees, but we do try to get outside every day that is warmer than that!

Please send your child to school with appropriate winter attire, including warm coats, hats, gloves, ski pants, and any other accessories that will help keep them cozy during outdoor activities. This way, they can make the most of their recess time while staying snug and protected from the winter chill.

Reminders this week include:

- Sometimes our students' winter gear gets wet and soaks through while playing in the snow. You may want to consider sending a dry set of clothes for students to keep at school or in their backpacks so they can change into something dry.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

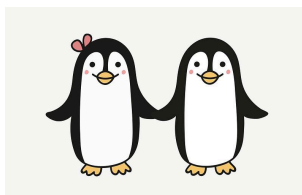
Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: [jdupuy@rsu3.org](mailto:jdupuy@rsu3.org) school phone: 525-3504 cell: 249-1061)

## Important Upcoming Dates.....



1/31 - Early Release Day

2/12 School Board Meeting MVHS  
6:30 pm



2/19 - 2/23 February Vacation

Check out what's happening at Monroe School ... Week Of: 1/15

|  |   |
|--|---|
| 1/2  | <p>First and second graders are beginning a unit on Opinion Writing. They are used to giving their opinions often when speaking, and now we are working on sharing those opinions and reasons in writing. They will be giving 2 or 3 reasons to support their opinions and using illustrations to support their ideas. We have a class of great story and informational writers, and it is exciting to see them write about their thoughts and opinions!</p>  |
| <p>2/3</p>  <p>This boat held over 100 grams!</p> | <div data-bbox="363 554 604 898" data-label="Image"> </div> <div data-bbox="630 554 873 898" data-label="Image"> </div> <p>Engineers at Norgang Boats, Inc. have been busy building and testing their boats. Students will complete the engineering design process three times: imagine, plan, create, test, improve. Some have already seen their 2.0 boats hold 2X the grams as their 1.0 boats. Quote of the week:</p> <p><i>"Well, you still had plenty of freeboard, I think you have a leaky hull!"</i></p>   |
| <p>4/5</p>                                      | <p>Congratulations %, we are published authors! Everyone worked so hard and the result is this wonderful book. I sent out an email &amp; flyer if anyone wishes to purchase more copies. I have two copies for the classroom and one for our library! We will continue to work on assessments until the end of the month so make sure everyone is getting plenty of rest in order to do their best! We still have a writing prompt, and reading assessments to finish. The diorama project on biomes is for students to work on in class. All materials should be brought to school this week (1/22).</p> |
| Title One  | <p>Please remember to check students' bags for their reading pouches. Students who are practicing their reading at home are making great gains in their fluency and word recognition. Practice helps them to become better readers.</p>   |
| Agriculture  | <p>What has six legs, a head with no nose, and an exoskeleton? An insect! This week our K-1 and 4-5 learners investigated the major parts of an insect including their head, thorax, abdomen, antennae, compound eyes, and exoskeleton. We took a close look at a gigantic water bug, swallowtail butterfly, and cicada. What interesting creatures! Mrs. Norgang's class continued their study of the three major grains grown around the world and the breads made from them.</p>   |



**"The best way to  
predict your future is  
to create it." -  
Abraham Lincoln**

**Attend School Every  
Day to Build Your  
Future**

**Department of Agriculture, Conservation  
and Forestry have a suggestion or two!**  
**@Maine Department of Agriculture,  
Conservation and Forestry**

## Find the Ski & Snowshoe Trailers at Maine State Parks!

**10 AM—3PM on all dates listed**

### January

- 5-14\* Camden Hills State Park,  
Camden, (207) 236-0849  
Winter Family Fun Day on Jan. 13
- 13 & 14 Mount Blue State Park,  
Weld, (207) 585-2261
- 19, 20, 21\* Aroostook State Park,  
Presque Isle, (207) 768-8341
- 20 & 21 Wolfe's Neck Woods  
State Park, Freeport,  
(207) 865-4465
- 27 & 28 Sebago Lake State Park,  
Casco, (207) 693-6231

### February

- 1-13\* Holbrook Island Sanctuary,  
Brooksville, (207) 326-4012  
Winter Family Fun Day on February 10 too!
- 3 & 4 Mount Blue State Park,  
Weld, (207) 585-2261  
Winter Family Fun Day on February 3 too!
- 10 & 11 Bradbury Mt. State Park,  
Pownal, (207) 688-4712  
Winter Family Fun Day on February 10 too!
- 17 Reid State Park,  
Georgetown, (207) 371-2303  
Winter Family Fun Day on February 17 too!
- 17-24\* Lake St. George State Park,  
Liberty, (207) 589-4255  
Winter Fun & Ice Fishing Derby on Feb. 17 too!
- 18 Bradbury Mountain State Park,  
Pownal, (207) 688-4712
- 24 & 25 Range Pond State Park,  
Poland, (207) 998-4104  
Winter Family Fun Day on  
Feb. 24 too!

### March

- 2 & 3 Mount Blue State Park,  
Weld, (207) 585-2261
- 2-10\* Cobscook Bay State Park,  
Edmunds Twp., (207) 726-4412
- 9 & 10 Sebago Lake State Park  
Casco, (207) 693-6231
- 16-31\* Lily Bay State Park,  
Greenville, (207) 695-2700

\* Please call ahead to confirm.

**TAKE IT  
OUTSIDE!**

[www.ParksAndLands.com](http://www.ParksAndLands.com)

2024





TRI-TOWN PTG SPONSORED

# ICE FISHING DERBY

*Saturday February 17*  
Fish anytime between  
7-3:30pm

**\$5/person**  
**\$15/family**

**Door  
Prizes!**




**Cross Pond  
Morrill**

1st, 2nd, 3rd place prizes  
*longest fish &  
heaviest fish*

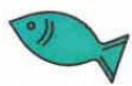
*\*Prizes for kids only, but all  
are welcome to fish!\**

**Contact Kevin Winslow for more information**

**207-322-5934**

 *\*Lunch available for  
purchase!\**  
Hot dogs, chips, hot  
chocolate/water, sweets &  
treats

*\*Bring your own  
skates, sleds,  
snowshoes, etc.*  
Please no open fire pits

 *\*Traps & Bait  
provided for  
those who need it*

This is not an RSU#3 sponsored event





DO YOU HAVE TIME TO SUPPORT OUR  
SCHOOLS **AND** EARN UP TO **\$135** PER DAY?

**JANUARY 24TH & FEBRUARY 7TH**  
**5:30 PM - 8:00 PM**

Our schools and students need you - and not just as a teacher! Substitutes are hired in almost every job category - custodial, food service, educational technicians and bus drivers to name a few. Before you know it, in just two short sessions, taught by experienced RSU 3 substitute teachers and staff, you can be trained and earning \$100 plus a day! Background check and fingerprinting fees are 100% reimbursable for those who substitute!

**This is a hybrid class that can be joined either live online or in person.**

**RSU #3**



**Adult & Community**  
*Education*

**BROOKS FREEDOM JACKSON KNOX LIBERTY MONROE MONTVILLE THORNDIKE TROY UNITY WALDO**

register online at **[rsu3.maineadulted.org](https://rsu3.maineadulted.org)** or call us today 568-3426



## Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

**Keep your child home if he/she has any of the following symptoms:**

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.