



Monroe - Message From the Principal



November 6, 2023

Notes from the Principal, Mrs. Roux ...

In this week's message, I'd like to recognize all veterans for your service and commitment to our country. Thank you for your dedication and sacrifice!

Despite the warmer temperatures of this past weekend, we all know that the cold weather is coming soon. This is a good time to remind all families to please send students to school dressed appropriately every day. A good rule of thumb right now is send your child dressed in layers so that they are comfortable both inside and outside. Outside activities are an expectation for every day as long as it's not pouring rain or below 10 degrees (hopefully we still have a while before it's that cold). Students should start getting in the habit of bringing hats and mittens and soon boots, snow pants, etc. It is very important that all students have the necessary clothing for outside as we do not have adequate coverage to keep students inside if they are not prepared. Please don't hesitate to reach out if you need any support with warmer clothing for cold weather - as fast as kiddos outgrow things, it can be challenging to keep up with having everything they need.

Reminders this week include:

- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!


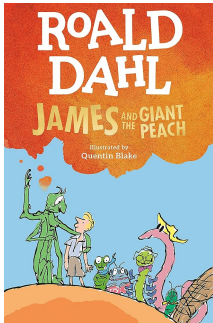
(email: lroux@rsu3.org school phone: 525-3504 home phone: 568-3980 cell: 323-0990)

How can caregivers support attendance?

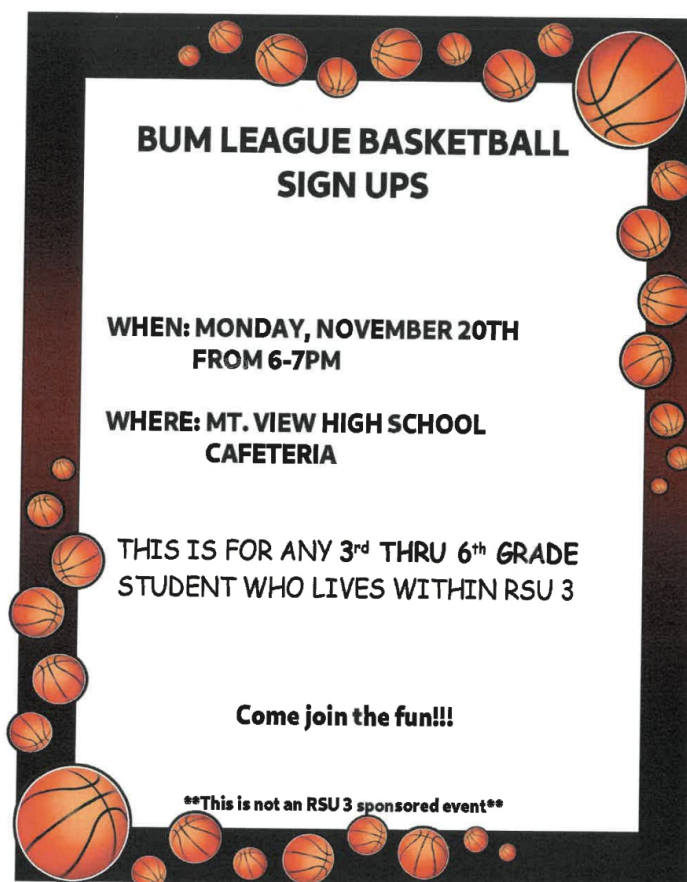
- Encourage your child to attend school, even if they feel a little tired or unmotivated.
- Celebrate a child's attendance achievements and acknowledge their effort.



Check out what's happening at Monroe School ... Week of: 10/30

K	<p>In Kindergarten we got to explore pumpkins this week and on halloween we explored our own little pumpkins. We measure their circumference, height, how many lines they had and if they floated in shallow water or deep water. We learned why they did not float in the shallow water (because the distribution of water compared to the amount of surface of the pumpkin). Then they got to use colored sharpies to decorate their pumpkins.</p>
<p>1/2</p> 	<p>First and second graders had a great time trying out their engineering skills on Halloween. They worked in teams to build marshmallow towers that would hold up a pumpkin. Teamwork and problem solving were on full display as they worked to successfully complete this challenge.</p>
<p>2/3</p> 	<p>I am reading James and the Giant Peach to our class; we are about half way through. This book has a lot of characters with different personalities, which lends itself nicely to discussing character traits. As we read, students are writing and drawing about each character, using evidence from the book to explain the character trait they choose. So far, we have written about the rude and selfish aunts, the dramatic earthworm and the lonely main character, James. We'll circle back to James at the end of the story to see how he changed from the beginning to the end.</p>
4/5	<p>Students enjoyed learning the history of Halloween/Day of the Dead/Candy. It was great to see all the book characters and the students enjoyed my Camp Half Blood t-shirt I made. Which reminds me that we are almost done with Percy Jackson! We finished up Chapter 1 in Go Math and are moving on to Chapter 2! (Grade 4 Multiplication and Grade 5 Division) I'm hoping to have the informational writing finished up this week to ship out to be published.</p>
Library	<p>Grades 4/5 are still enjoying Wildfire by Rodman Philbrick, while grades 2/3 have been enjoying a new chapter book- One Small Hop by Madelyn Rosenberg. This is about a group of friends who find a frog, when frogs are supposedly extinct! It is set in Maine, in a time when the water is dangerous to humans, so we get the opportunity to talk about why that might be, being environmentally friendly, and what we would feel like if this happened during our lifetime.</p> <p>K-2 rounded out the week with some Non-fiction November, where we talked about what makes a book fiction vs non-fiction (based in imagination vs based in facts that can be found in other places too). We enjoyed Fire! Fire! by Gail Gibbons, which let us discuss fire safety and the differences between city, country, forest, and water based fire departments.</p>

Agriculture	Our orchard trees out back are protected and the garlic is in the ground! Teams Norgang and Haslett replaced the fence posts and fencing around our orchard trees to accommodate for their growth over the last year. This winter, the deer will NOT be nibbling their branches! We also added screen mesh to the base of the trunks to protect them from voles and other rodents who may girdle them over the winter. Our K-2 students planted the Russian Red Garlic that we bought from North Branch Farms many years ago. We have been saving some seed each season to grow it the next!
SEL	This week all classes learned about impulse and impulse control. We practiced our impulse control by playing some group games where students had to keep their impulses at bay.
G/T	<p>Here are the steps to refer a student for G/T services:</p> <ol style="list-style-type: none"> 1- Go to RSU 3 district web site 2 - select "departments" 3 - select "curriculum and instruction" 4 - select "gifted and talented" 5 - scroll down to find the form, which can be filled out right on line.



Don't forget...

Everyone is welcome!

at Monroe Elementary School
36 W. Main Street, Monroe

DESSERT AUCTION

NOVEMBER 20TH

(SNOW DATE NOVEMBER 21ST)

DOORS OPEN AT 5:30 PM



AUCTION STARTS AT 6 PM

*Come grab a paddle and bid on
some great desserts.*

*Welcoming back our very own Darlene
Charrier to auctioneer.*

**ALL FUNDS RAISED FOR MONROE PTO.
SNACKS AVAILABLE TO PURCHASE.**

Just for fun, all are encouraged to wear holiday PJs - students, staff and families too!

You are Invited to Join Us for

Festive Holiday BRUNCH



Monroe Elementary School

We are excited to invite into our cafeteria to enjoy a Festive Holiday Brunch with your child. On **December 4th** lunch will be **served at 11am**. Cost for lunch is **\$5.00** for adults and **\$3.00** for non-student children payable by cash or check. Children that are enrolled in school eat for free. Please RSVP to reserve a spot for your family no later than **Wednesday, November 27th**.

CINNAMON GLAZED FRENCH TOAST,
Menu: **SAUSAGE, HASH BROWN, FRESH FRUIT &
VEGGIE BAR, DESSERT**

Please return form no later than **November 27th**!

Reservation Form for Holiday Brunch

Student(s) Name:

Number of Adults	Number of non- student Children

Cash Included

Check Included

Total Amount Included _____



Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Keep your child home if he/she has any of the following symptoms:

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.



Check out these **FREE** Digital Literacy classes



Coming soon to RSU 3 Adult Ed!

Windows 10 PC Basics

Oct. 3rd at 4pm

Understanding WordPress

Oct. 5th at 2pm

Using Gmail Effectively

Oct. 31 at 2:30pm

Understanding WordPress

Nov. 2nd at 6pm

Applying for the Affordable
Connectivity Program

Nov. 14 at 6pm

Learning about Devices

Dec. 5 at 3pm

Internet Safety

Dec. 7 at 3pm

Video Conferencing with
Healthcare Providers,
Family, & Friends

Dec. 11 at 3pm

**Don't see what
you want?
Just ask!**

College Success Series

Presented by RSU #3 Adult & Community Education and
Dori L. Leadbetter of The Maine Educational Opportunity
Center (MEOC)



PAYING FOR COLLEGE **FAFSA WORKSHOP**

Wednesday October 11 3:00 - 5:00 pm



APPLYING FOR COLLEGE **APPLICATION WORKSHOP**

Wednesday November 8 3:00 - 5:00 pm



FREE MONEY FOR COLLEGE **SCHOLARSHIP WORKSHOP**

Wednesday December 6 3:00 - 5:00 pm

How to Register

This is a free service but you must register with both Adult Ed & MEOC.

Adult Education registration: In person or online at rsu3.maineadulted.org

Students that have not already submitted a MEOC application to receive free MEOC services,
please complete the MEOC online application from your cell phone or computer using this
weblink:

https://trio.maine.edu/meoc/meoc_application.php

**DISCLAIMER: For all students under the age of 18: A parent/legal guardian signature is
required on the MEOC application and students must attend the workshop with at least one of
their parents/legal guardians.**





Thursday, November 9th, 2023

IN PERSON OR LIVE ZOOM

5:30-7pm

FREE **VETERANS LAW** CLASS

"Who doesn't know a veteran" or "THE VA" ?

One phrase rings true, the other spurs thoughts of frustration, bureaucratic double-speak; and confusion.

However, some attorneys, like Mailloux and Marden's Tyler Hadyniak (Mount View Class of 2011), are experts in navigating the VA benefits system and helping veterans get disability benefits for medical conditions they think are related to service.

Tyler's legal career began in veterans law, and he is the only veterans disability law attorney in Waldo and Knox Counties.

This course will be a basic, introductory guide to veterans benefits law. There is no charge to attend but registration is required.

Tyler will walk participants through the VA benefits process, and explain what an applicant needs to prove and how to do it. By the end of the class, participants will be able to explain to veterans, their friends, and family, what is required to get compensation through the VA.

