



Monroe - Message From the Principal

October 16, 2023

Notes from the Principal, Mrs. Roux ...

In addition to being the month to observe the beautiful fall colors, October is also National Fire Prevention Month. As you know, we practice fire drills throughout the school year; however, in October we also try to incorporate additional safety reviews and drills, including a visit from the local fire department when possible. Teachers will also be talking to their students about things they can do at home to help make sure their families are safe. Your child may come home asking questions about your family's safety plan in the event of a fire emergency. For example, he/she may wonder about working smoke alarms in your home and where your family meeting place is. For some children, talking about ways to stay safe in the event of a fire can be scary. At school we always approach this topic in an age appropriate way and reinforce the message that the safest thing we can do is practice frequently and plan for emergencies so that if they ever happen, we won't have to be scared because we know what to do.

Over the past week we have been involved in data meetings to look at our fall benchmark data and determine appropriate instructional plans for each student. One piece of data that we explore is attendance, as positive attendance patterns are crucial to a student's academic achievement. In addition to absences, we look closely at how often students are arriving late and/or leaving early. While an occasional incident of being tardy or dismissed early is not a big deal, frequent incidents of this are incredibly impactful and can negatively impact students' progress. Daily routines begin as soon as students arrive and are an important part of the school day. Whenever possible, please consider ensuring that your child is at school on time and for the full day.

Parent/Teacher conferences are coming up next week. Your child's teacher will be sending home specific information and details about how to sign up for these important meetings. These conferences will provide a more formal opportunity for each family to talk about your own specific child(ren), how the start of the school year has gone, and next steps/goals that have been set for you child based on the assessment data we have been collecting for the past several weeks. Please be sure to sign up for a conference, as you are a critical member of your child's educational team.

Reminders this week include:

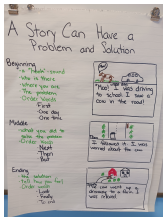
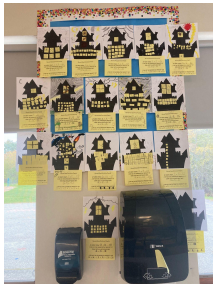
- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.

Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: lrroux@rsu3.org school phone: 525-3504 home phone: 568-3980 cell: 323-0990)



Check out what's happening at Monroe School ... Week Of: 10/9

K	Kindergarten has been working on Social Studies. We have been looking at families. We have read stories about many different kinds of families, we have taken a walk outside to see if we can see evidence of animal families and to build fairy house communities. We talked about our classroom family and we made family portraits from the book "Who's in a family".
1/2	 <p>First and second graders have been working very hard on our writing this week. We are working on writing stories with a setting, a problem and solution, feelings, and transition words. We are writing some amazing stories!</p>
2/3	One thing we focused on in 2/3 this week was the four types of sentences: statements, questions, exclamations and commands. We will practice using different types of sentences in our writing this week. We will be spending some time doing NWEA beginning of the year reading and math assessments this week.
4/5	 <p>In grade 4/5 we investigated rocks and minerals hands on this week and will be finishing up soon. In Math, we showed off how to use distributive property, commutative property, and arrays with a spooky house design. ELA we are preparing for writing with practicing homophones (there, their, and they're), capitalization, commas, and apostrophes. We have a busy week coming up with NWEA and the 5th grade field trip!</p>
Title One	See the flier below about an important literacy opportunity during upcoming parent/teacher conferences...
Music	This week K-2 began playing ukuleles. We started by learning the parts of the ukulele and practicing our down strum. At this point all 3-5 students have started their songwriting projects. Students chose a topic to write about and created a thought diagram of that topic. Students then used this as their word bank for their first couplet.
PE	The behavior, the positive attitudes, the care and kindness are really on display at Monroe - I'm so impressed with the effort and motivation of the children at all levels - very proud of them. Keep it up
Library	Grade 4/5 has had some great conversations around survival skills, Maine history and geography, and fire science while reading Wildfire by Rodman Philbrick. Grade 2/3 have been having conversations around kindness, animal and pet care, and even baby care while enjoying Socks by Beverly Cleary. Grades K-2 have been reading

	funny books, and each class has some very skilled learners who share lots of connections with each story!
Agriculture	This week we met Farmer Betsy of Brigeen Farms in Turner, ME in preparation for meeting our Adopt-a-Cow next week! (The calf will live at the farm, but we will get monthly updates.) We also cleaned out the flower beds and voted on a recipe that our cook, Miss Jen, will make with all of our squash - Maple Squash Bake! Team Haslett also collected maple leaves from the trees we tap in order to identify the specific type of maple trees we have.
SEL	This week we all learned about self-esteem and how to boost it. We made self-esteem pumpkins to remind us of our positive thoughts!



High Frequency Words ("POWER WORDS")

What are they?

High frequency words are ones that show up more frequently in texts than other words. Many of them are not decodable (sound it out) words.

Why learn high frequency words?

The first thirteen words account for more than 25% of the words in print. The first 109 make up half of all words children will encounter when reading. (Adams 1990; Blevins 2017; Richman 1971)

If the child also has some basic phonics skills, the child could read up to 90% of single syllable words they see in a book. (Solity and Vousden 2009)

How can families help?

- 1. Make learning fun. See the games we have provided.***
- 2. Read together.***
- 3. Go on word hunts.***
- 4. Practice writing high frequency words. Have your child think about the parts they do know, for example, the first sound and letter.***

Come to the Title 1 room when you are here during Parent teacher conferences on October 25, or and learn about games you can play to help your child learn these valuable words. I will have games for you to take home with you!



DO YOU HAVE TIME TO HELP OUT
OUR SCHOOLS **AND** EARN
\$120 PER DAY?

SUBSTITUTE TEACHER TRAINING

2 NIGHT SESSIONS
OCTOBER 4TH & 18TH
\$15.00 SUPPLIES FEE
5:30 PM - 8:00 PM

Learn the ins and outs of subbing in just two short sessions!
Taught by trained educators and experienced substitute teachers.
Supported by the RSU #3 staff and community and provided by:



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register online at rsu3.maineadulted.org or call us today 568-3426



Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

Keep your child home if he/she has any of the following symptoms:

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.



Check out these **FREE** Digital Literacy classes



Coming soon to RSU 3 Adult Ed!

Windows 10 PC Basics

Oct. 3rd at 4pm

Understanding WordPress

Oct. 5th at 2pm

Using Gmail Effectively

Oct. 31 at 2:30pm

Understanding WordPress

Nov. 2nd at 6pm

Applying for the Affordable
Connectivity Program

Nov. 14 at 6pm

Learning about Devices

Dec. 5 at 3pm

Internet Safety

Dec. 7 at 3pm

Video Conferencing with
Healthcare Providers,
Family, & Friends

Dec. 11 at 3pm

**Don't see what
you want?
Just ask!**

College Success Series

Presented by RSU #3 Adult & Community Education and
Dori L. Leadbetter of The Maine Educational Opportunity
Center (MEOC)



PAYING FOR COLLEGE **FAFSA WORKSHOP**

Wednesday October 11 3:00 - 5:00 pm



APPLYING FOR COLLEGE **APPLICATION WORKSHOP**

Wednesday November 8 3:00 - 5:00 pm



FREE MONEY FOR COLLEGE **SCHOLARSHIP WORKSHOP**

Wednesday December 6 3:00 - 5:00 pm

How to Register

This is a free service but you must register with both Adult Ed & MEOC.

Adult Education registration: In person or online at rsu3.maineadulted.org

Students that have not already submitted a MEOC application to receive free MEOC services,
please complete the MEOC online application from your cell phone or computer using this
weblink:

https://trio.maine.edu/meoc/meoc_application.php

**DISCLAIMER: For all students under the age of 18: A parent/legal guardian signature is
required on the MEOC application and students must attend the workshop with at least one of
their parents/legal guardians.**





Thursday, November 9th, 2023

IN PERSON OR LIVE ZOOM

5:30-7pm

FREE **VETERANS LAW** CLASS

"Who doesn't know a veteran" or "THE VA" ?

One phrase rings true, the other spurs thoughts of frustration, bureaucratic double-speak; and confusion.


However, some attorneys, like Mailloux and Marden's Tyler Hadyniak (Mount View Class of 2011), are experts in navigating the VA benefits system and helping veterans get disability benefits for medical conditions they think are related to service.

Tyler's legal career began in veterans law, and he is the only veterans disability law attorney in Waldo and Knox Counties.

This course will be a basic, introductory guide to veterans benefits law. There is no charge to attend but registration is required.

Tyler will walk participants through the VA benefits process, and explain what an applicant needs to prove and how to do it. By the end of the class, participants will be able to explain to veterans, their friends, and family, what is required to get compensation through the VA.



A photograph of the Colosseum in Rome at night, illuminated by warm lights against a dark blue sky with some clouds.

8 Days and 9 Nights
June 20-29, 2024

The Best of Italy's Culture, History, Food & Wine
Rome, Florence, Tuscany & Umbria

Register by Oct 31, 2023 for Early Bird Pricing!

Trip Website: <https://www.astravel.world/rsu-3-trip-2023>

Informational Meeting Monday Oct 2 5:30-6:30pm

Live or via Zoom at MVHS - Register online at rsu3.maineadulted.org

