



# Monroe - Message From the Principal

October 9, 2023

## Notes from the Principal, Mrs. Roux ...

I hope you all enjoyed the long weekend! Last week was an amazing week. Students had Friday off but staff spent the day involved in incredible professional development with opportunities to talk with colleagues across the district. It was time well spent.

Please help us welcome our new Interim Superintendent, Paul Penna. We are looking forward to the many ways he will support our district in the coming months as we begin the transition to finding our next full time superintendent.

**Parent/Teacher conferences are coming up on October 25 and 26.** Your child's teacher will be sending home specific information and details about how to sign up for these important meetings. These conferences will provide a more formal opportunity for each family to talk about your own specific child(ren), how the start of the school year has gone, and next steps/goals that have been set for you child based on the assessment data we have been collecting for the past several weeks. Please be sure to sign up for a conference, as you are a critical member of your child's educational team.

As a reminder, we are still continually reviewing important safety routines at school, such as fire drills, and ALICE protocols. Please continue to talk with your child about the things they are learning at school to keep themselves and others safe. As always, we are very mindful to approach these topics in an age appropriate way to ensure that students understand the importance of being prepared, without being scared or anxious.

Reminders this week include:



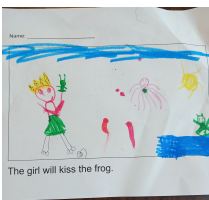
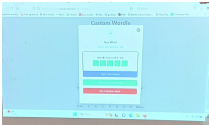

- **Please see an important reminder below from the RSU 3 Nurse**
- At this time, we are still asking that students be dropped off at the main entrance where a staff member will greet them and escort them inside.
- Daily dismissal time will begin with parent pick ups at 3:00, followed by bus dismissals. Parents are asked to pull up to the entrance and your child will be brought out to meet your car.


Please do not hesitate to reach out to me if you have questions, concerns, or need support for your child or your family. Have a great week!

(email: [lroux@rsu3.org](mailto:lroux@rsu3.org) school phone: 525-3504 home phone: 568-3980 cell: 323-0990)



## Check out what's happening at Monroe School ... Week Of: 10/2

<div>PBIS Update</div> <div></div>	<div>We started the week off with a celebration! Our school earned Apple Nacho Bar by meeting our PAWS goal for September. Thanks to Raven, Heather, Savannah, Ms. Toothaker and Miss Jen for helping students load their apple slices with lots of goodies.</div> <div>Congratulations to the September Students of the Month:</div> <table><tr><td>K</td><td>1st</td><td>2nd</td><td>3rd</td><td>4th</td><td>5th</td></tr><tr><td>Julianna</td><td>Maisy</td><td>Gace &amp; Jackson</td><td>Anna</td><td>Jakob</td><td>Griffin</td></tr></table> <div>Our next goal is to earn a “Dress like a book character day” on Tuesday, October 31. Classroom teachers will share more information about this in the coming weeks.</div>	K	1st	2nd	3rd	4th	5th	Julianna	Maisy	Gace & Jackson	Anna	Jakob	Griffin
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Julianna	Maisy	Gace & Jackson	Anna	Jakob	Griffin								
<div>K</div>	<div>This week in kindergarten we are talking about family, we talked about our “classroom family”. We read leaf man and then collected leaves outside to make our own leaf families. We are starting to use our heart words we are learning (I, am, the..for example) and our seasonal words (cat, pumpkin, pie, ghost,for example) to make sentences and then draw a picture to go with it.</div>												
<div>1/2</div> <div></div>	<div>In first and second grade we have been working very hard on our spelling and reading. This week we have been learning about the FLSZ Rule, which is the rule that many words that end with those letters end in ff, ll, ss, or zz. One of the things we do each day to practice is a daily Wordle. This week we got the word “troll” on the first try! We also illustrate a sentence each day, do a word search, and play other games.</div>												
<div>2/3</div> <div><div>rabbit = rab bit</div></div>	<div>Our class is focusing on syllable rules that can help us read longer words and new words. Did you know that the most common syllable types are closed syllables with short vowels? Here are some examples: cat, hen, tin, dog, sun. Many longer words are made up of closed syllables, these are called <b>rabbit words</b>. Here are some examples, see if you can find some in your day to day life, and ask your children to help read them:</div> <table><tr><td>sun set</td><td>Wis con sin</td><td>vel vet</td><td>den tist</td><td>cac tus</td></tr></table>	sun set	Wis con sin	vel vet	den tist	cac tus							
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<div>4/5</div>	<div>Students are loving Percy Jackson and really getting into Greek mythology. In writing, we continued to learn about nonfiction text features and informational writing. We also will have an opportunity to publish a book of our writing! In math, we finished exploring our</div>												

	<p>math workshop guidelines and started our center rotations.</p> <p>I was able to spend a PE and SEL class with the students this week. We played kick ball then the students ran with it for recess all week. I am so proud to see how responsible they are when playing with the younger grades. SEL we talked about kindness and did a little science along with it too!</p>
PE	No PE this week - oh no
Agriculture 	<p>What does 75 pounds of squash look like? Check out the picture! Team Norgang picked our beautiful butternut squash this week. Our cook, Miss Jen, will be making a recipe of our choosing with it soon. Yum! Our youngest students watered the garden, harvested tomatoes, and went on a seed safari. Fourth and fifth graders spruced up our outdoor classroom. What a nice time of year for outdoor learning!</p>



## SUBSTITUTE TEACHER TRAINING

2 NIGHT SESSIONS  
OCTOBER 4TH & 18TH  
\$15.00 SUPPLIES FEE  
5:30 PM - 8:00 PM

Learn the ins and outs of subbing in just two short sessions!  
Taught by trained educators and experienced substitute teachers.  
Supported by the RSU #3 staff and community and provided by:



register online at [rsu3.maineadulted.org](https://rsu3.maineadulted.org) or call us today 568-3426



## Is my child too sick for school?

Each day many parents are faced with a decision: should they keep their sick children at home or send them to school? Often the way a child looks and acts can make the decision an obvious one. In accordance with Maine Department of Health and Human Services guidelines, a child should not attend school if he/she exhibits one or more of the following symptoms or infections:

**Keep your child home if he/she has any of the following symptoms:**

- **Fever** (Greater than 100° F)- the student may return when fever-free for **24 hours WITHOUT the use of fever reducing medication.**
- **Cough:** A child with an uncontrolled cough should stay home until they are coughing with less frequency.
- **Diarrhea/Vomiting:** A child with diarrhea and/or vomiting should stay at home and return to school only after being symptom free for 24 hours.
- **Rash-** Any new onset of rash if accompanied by fever; may return after rash resolves or diagnosis is made and clearance given
- **Skin Lesions (sores)** – A student should not be at school with any sores with drainage that cannot be contained within a bandage
- **Strep Throat/Impetigo and other bacterial infections requiring antibiotics-** A student with strep throat must remain home until they have been on their antibiotics for a full 24 hours.
- **Colds-** A child with thick yellow-greenish mucous accompanied by fever, vomiting, diarrhea, or constant nasal discharge should remain home. Very few younger children can effectively blow their noses and wash their hands afterward. A child with the above symptoms will quickly spread the illness to other children.
- **Other-** Any symptoms or complaints that prevent the student from active participation in usual school activities

If your student tests positive for COVID-19, they must isolate at home for 5 days. After 5 days they may return with symptom improvement, masking days 6 through 10. More information can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation>.

Home is the best place for a child who is ill. Students with these symptoms cannot comfortably participate in school activities and unnecessarily expose others to their illnesses.





## Check out these **FREE** Digital Literacy classes



**Coming soon to RSU 3 Adult Ed!**

Windows 10 PC Basics

Oct. 3rd at 4pm

Understanding WordPress

Oct. 5th at 2pm

Using Gmail Effectively

Oct. 31 at 2:30pm

Understanding WordPress

Nov. 2nd at 6pm

Applying for the Affordable  
Connectivity Program

Nov. 14 at 6pm

Learning about Devices

Dec. 5 at 3pm

Internet Safety

Dec. 7 at 3pm

Video Conferencing with  
Healthcare Providers,  
Family, & Friends

Dec. 11 at 3pm

**Don't see what  
you want?  
Just ask!**

# College Success Series

Presented by RSU #3 Adult & Community Education and  
Dori L. Leadbetter of The Maine Educational Opportunity  
Center (MEOC)



## **PAYING FOR COLLEGE** **FAFSA WORKSHOP**

Wednesday October 11 3:00 - 5:00 pm



## **APPLYING FOR COLLEGE** **APPLICATION WORKSHOP**

Wednesday November 8 3:00 - 5:00 pm



## **FREE MONEY FOR COLLEGE** **SCHOLARSHIP WORKSHOP**

Wednesday December 6 3:00 - 5:00 pm

### How to Register

This is a free service but you must register with both Adult Ed & MEOC.

Adult Education registration: In person or online at [rsu3.maineadulted.org](http://rsu3.maineadulted.org)

Students that have not already submitted a MEOC application to receive free MEOC services,  
please complete the MEOC online application from your cell phone or computer using this  
weblink:

[https://trio.maine.edu/meoc/meoc\\_application.php](https://trio.maine.edu/meoc/meoc_application.php)

**DISCLAIMER: For all students under the age of 18: A parent/legal guardian signature is  
required on the MEOC application and students must attend the workshop with at least one of  
their parents/legal guardians.**







Thursday, November 9th, 2023

**IN PERSON OR LIVE ZOOM**

5:30-7pm

## FREE **VETERANS LAW** CLASS

"Who doesn't know a veteran" or "THE VA" ?

One phrase rings true, the other spurs thoughts of frustration, bureaucratic double-speak; and confusion.

However, some attorneys, like Mailloux and Marden's Tyler Hadyniak (Mount View Class of 2011), are experts in navigating the VA benefits system and helping veterans get disability benefits for medical conditions they think are related to service.


Tyler's legal career began in veterans law, and he is the only veterans disability law attorney in Waldo and Knox Counties.

This course will be a basic, introductory guide to veterans benefits law. There is no charge to attend but registration is required.

Tyler will walk participants through the VA benefits process, and explain what an applicant needs to prove and how to do it. By the end of the class, participants will be able to explain to veterans, their friends, and family, what is required to get compensation through the VA.





A photograph of the Colosseum in Rome at night, illuminated by warm lights against a dark blue sky with some clouds.

***8 Days and 9 Nights***  
**June 20-29, 2024**

**The Best of Italy's Culture, History, Food & Wine**  
**Rome, Florence, Tuscany & Umbria**

**Register by Oct 31, 2023 for Early Bird Pricing!**

**Trip Website: <https://www.astravel.world/rsu-3-trip-2023>**

**Informational Meeting Monday Oct 2 5:30-6:30pm**

**Live or via Zoom at MVHS - Register online at [rsu3.maineadulted.org](https://rsu3.maineadulted.org)**

