



MERRITT MEMORIAL ELEMENTARY SCHOOL KIDS HEART CHALLENGE

Our school's American Heart Association **Kids Heart Challenge** will begin on **3/11**! The focus of this year's program is to encourage students and staff to care for their hearts and minds, help kids with special hearts and learn lifesaving Hands-Only CPR by completing Finn's Mission! Last year, [5-year-old Phil and his mother, Megan](#), saved a life because they watched the Hands-Only CPR video (part of Finn's Mission).



Get started today and be the first at our school to complete Finn's Mission!

- **Register:** <http://www2.heart.org/goto/MerrittMemorialElementarySchoolNJ> or download the free "AHA Schools" app.

- **Complete Finn's Mission:** Watch the 2-minute Hands-Only CPR video featuring cardiac arrest survivor, Damar Hamlin, and watch a music video on the warning signs of a stroke (F.A.S.T.).
- **Share with Family & Friends:** Send messages via social media, text messages and/or email.

This will take place in Mr. Levine's Physical Education Class between March 18-22 . We can create a community of lifesavers!

Thank you,
Ken Levine



Save Lives. Win Big.

Students and staff that complete Finn's Mission will earn an entry for two tickets to **Super Bowl LIX** in 2025 and our school will be entered to receive a **\$10,000 fitness equipment makeover** for every 18 students and staff who complete Finn's Mission.

The National Football League (NFL) is a proud national supporter of the American Heart Association's Nation of Lifesavers.

